



# Changes to the Sunday Class Meeting Schedule

Implementation Guide

## WHAT HAPPENS NEXT?

### March–September

- General announcement to membership on March 30.
- The First Presidency letter will be read in sacrament meetings on a Sunday after general conference.
- The updated *For the Strength of Youth* guide will be released digitally on March 30. Physical copies will be delivered to wards in March and May.
- From March through August, area and stake leaders will help wards prepare for the schedule changes.
- Beginning with the September issue, the *For the Strength of Youth* magazine will provide support for youth curriculum. All youth are encouraged to have access to the magazine, digitally or in print.

### Fifth Sunday in August

- Ward leaders hold a combined meeting with parents, leaders, and youth to discuss section 3 of this implementation guide. This meeting includes all children who are in their final year of Primary.

### First Sunday in September

- The new schedule begins.
- In Sunday School, members discuss sections 1, 2, and 4 of this implementation guide.
- In Relief Society and elders quorum, members discuss section 5 of this implementation guide.
- Young women and young men start using the updated *For the Strength of Youth* guide.



Media resources for each meeting are available at [Sunday.ChurchofJesusChrist.org](https://www.Sunday.ChurchofJesusChrist.org).

# 1. SUNDAY SCHEDULE BEGINNING SEPTEMBER 2026

This is more than a schedule change; it is an invitation to joyful, Christ-centered worship—renewing our home-centered, Church-supported pattern and strengthening covenant belonging.

## CHANGES TO THE SUNDAY CLASS MEETING SCHEDULE



1 hour

### Sacrament Meeting



5 minutes—proceed to next class



25 minutes

### Youth Sunday School



### Adult Sunday School



### Primary



5 minutes—proceed to next class



25 minutes

### Aaronic Priesthood Quorums



### Young Women



### Relief Society



### Elders Quorum



55 minutes

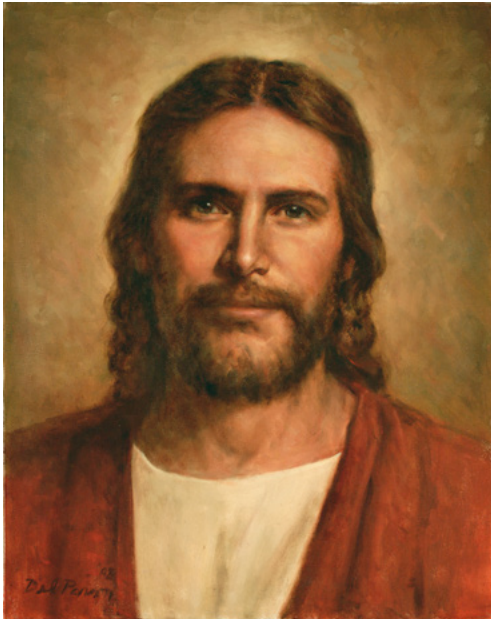
## 2. SACRAMENT MEETING

Below are some simple ideas to help you talk about how you can meaningfully worship together in sacrament meeting:

- Christ is the center of singing, teaching, and worship.
- Members make covenants to take upon themselves the Savior's name, to always remember Him, and to keep His commandments.
- Members are reminded that they are part of God's family.
- Joyful worship together builds loving relationships.
- All are welcome.

### ***Discussion Questions:***

- What do you learn from Moroni 6:4-6, 9 that can improve sacrament meeting?
- What makes sacrament meeting a sacred experience?
- What does a Christ-centered meeting look and feel like?
- How can you help all feel welcome and needed?

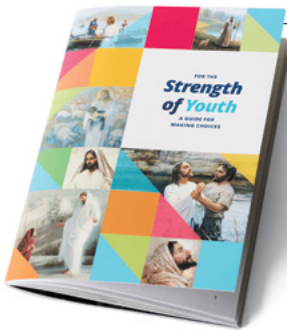


### 3. FOR YOUTH AND THEIR LEADERS (bishops, Young Women presidencies, and advisers)

- In quorum meetings and Young Women classes, youth study one chapter per month from the updated *For the Strength of Youth: A Guide for Making Choices* (FSY guide). This guide can help them become lifelong disciples of Jesus Christ.
- Curriculum support is found in the *For the Strength of Youth* magazine and in Gospel Library. Each month, the magazine will provide guidance for discussing the FSY guide in Sunday meetings.
- Activity support is found in the *For the Strength of Youth* magazine and in Gospel Library. Each month, the magazine will suggest activities that align with the monthly topic from the FSY guide.

#### **Discussion Questions:**

- How will you be blessed by these new resources?
- How can you help youth in your ward strengthen their faith in Jesus Christ and experience greater peace and joy?
- How will this new weekly schedule give you more opportunities to build strong relationships?



- An updated *For the Strength of Youth: A Guide for Making Choices*, now available in Gospel Library, features 12 chapters that align with monthly study. Physical copies are being shipped to units and do not need to be ordered by local leadership.
- Each household may receive a free subscription to the *For the Strength of Youth* magazine at [MagazineSubscriptions.ChurchofJesusChrist.org](http://MagazineSubscriptions.ChurchofJesusChrist.org). Members may purchase additional copies of the magazine where available. If members need help, they may contact their ward clerk.

## SUNDAY SCHOOL, RELIEF SOCIETY, AND ELDERS QUORUM

### 4. Sunday School

- Quickly begin discussing the scriptures using *Come, Follow Me—For Home and Church*.
- Focus on Jesus Christ and on understanding and living His restored gospel.
- Engage each other in meaningful discussion about the scriptures and seek to inspire and encourage gospel learning in the home.



### 5. Relief Society and Elders Quorum

- Quickly begin discussing general conference messages.
- Discussions include personal application and counseling about local challenges and opportunities.
- Invite all to share their insights and experiences with the principles and truths that are discussed.

#### ***Discussion Questions:***

- How will you best use your time each week?
- How can your time together deepen understanding of the Savior and strengthen gospel learning in the home?
- How will meeting weekly help you strengthen your fellowship with one another?

## DISCUSSION QUESTIONS FOR WARD AND STAKE COUNCILS

- How can ward and stake leaders support successful implementation of the new format—and what actions might unintentionally undermine it?
- How does the new format change expectations for teachers and the qualities of effective teaching?
- How can ward organizations and priesthood quorums use the new format to strengthen relationships and better support members in learning and living the gospel?
- In what ways can a shorter Sunday School period enhance home-centered gospel learning?
- What principles have Primary teachers used to teach effectively in shorter lessons, and how can those principles inform other organizations?
- How can stake leaders help ensure successful implementation of the new format across wards?



*“As members worship,  
learn, and serve together,  
they will find joy, gain  
increased strength, and feel  
the Lord’s blessings in their  
lives and homes.”*

*—The First Presidency*

