

# Hello from NICARAGUA!

Nicaragua is a country in Central America.  
Almost 7 million people live there!

## SPREADING THE GOSPEL



The first missionaries went to Nicaragua in 1953. Now there are more than 100,000 Church members there! There is even a temple under construction.

## LAKE NICARAGUA SHARKS



Bull sharks can live in seawater and freshwater. This means they can live in oceans, rivers, and lakes! They swim from the Atlantic Ocean through a long river to live in Lake Nicaragua.

¿Nahki sma?

That means "How are you?" in Miskito!



## PALO DE MAYO

People in Nicaragua hold a big festival called Palo de Mayo when the rainy season comes. They decorate a tree or pole with colorful ribbons to dance around and have fun all month long.



## LANGUAGE

The official language is Spanish. Some people also speak native languages like Miskito, Sumo, and Rama.

ILLUSTRATIONS BY DAVE KLUG



ACTIVITY

## Chuwis

Chuwis is a game children play in Nicaragua. To play this game, you need green beans (or sticks) and a hole in the ground (or a cup). Give five green beans to each player. The first player throws green beans into the hole, one by one. If they miss one, they stop, and the next player goes. The first player to get all five green beans in the hole wins!



RECIPE

## Gallopinto

In Nicaragua, many people eat this meal of rice and beans every day. Here's a version you can try!

1. In a pot, heat **2 tablespoons oil** and **½ chopped yellow onion**. Stir for 5 minutes.
2. Stir in **1 ½ cups white rice** for 2 to 3 minutes.
3. Add **salt** and **3 cups water**. Take the seeds out of **half a green bell pepper** and set it on top.
4. Cover and cook for 15 minutes until the water is almost gone.
5. Discard the cooked pepper and stir in **2 cups cooked red or black beans** and **½ teaspoon garlic powder**. Cook for 10 minutes.

Be sure to get an adult's help!