

Teachings about Baptism and the Sacrament in Doctrine and Covenants 20

Segment 1: Qualifications for baptism

Read Doctrine and Covenants 20:37, looking for what a person must do to qualify for baptism.

If needed, look up definitions for words that you don't understand. Then list the baptism qualifications in the space below. You could rephrase some of them in your own words.

- What do these requirements teach you about the Lord and His desires for us?
- How could it be beneficial to remember these requirements even after we have been baptized?

Choose two or three of the requirements listed in verse 37. Discuss how consistently striving to meet them could help you become more like Heavenly Father and Jesus Christ.

Segment 2: Requirements after baptism

Read Doctrine and Covenants 20:68–69, looking for the Lord's expectations for us after we have been baptized.

- From verse 69, what do you learn about how we show the Lord our worthiness after we are baptized?

Consider marking the phrase “a godly walk and conversation” in verse 69. A person can demonstrate “a godly walk and conversation” through actions, attitudes, and words that are in harmony with God.

- What do you think are some of the reasons the Lord wants members of His Church to demonstrate “a godly walk and conversation” after they are baptized?

Discuss at least three specific examples of ways we can demonstrate “a godly walk and conversation” in our lives. You could also discuss examples of ways you have tried to demonstrate these in your own life.

Segment 3: Partaking of the sacrament

Read Doctrine and Covenants 20:75, looking for the Lord's instructions about the ordinance of the sacrament.

- Why do you think the Lord wants us to meet together each week to partake of the sacrament?

Verses 77 and 79 contain the prayers the Lord has instructed priesthood holders to give when administering the sacrament. Through the ordinance of the sacrament, we renew the covenants we made when we were baptized and confirmed. As we strive to keep our covenants and repent daily, we can experience the same cleansing and blessings we experienced through baptism.

Read Doctrine and Covenants 20:77 and 79, looking for what we promise and what the Lord promises when we partake of the sacrament. Consider marking these promises in your scriptures.

- How can we show our willingness to take upon ourselves the name of Jesus Christ?
- What are some ways we can show the Savior we remember Him?

How does the ordinance of the sacrament demonstrate the Savior's love and mercy for us?