

The Light of Christ is in everyone

Imagine you are asked to share a brief thought in Sunday School about how to view and treat all people better, particularly those who are different than you. You can use the following resources and any others you find helpful.

D&C 88:11

D&C 93:2

President Boyd K. Packer (1924–2015) of the Quorum of the Twelve Apostles taught:



The more we know about the Light of Christ, the more we will understand about life and the more we will have a deep love for all mankind. We will be better teachers and missionaries and parents, and better men and women and children. We will have deeper regard for our brothers and sisters in the Church and for those who do not believe.

The Light of Christ is as universal as sunlight itself. Wherever there is human life, there is the Spirit of Christ. Every living soul is possessed of it.

If we understand the reality of the Light of Christ in everyone we see . . . and within ourselves . . . we will have courage and inspiration beyond that which we have known heretofore. And it must be so! And it will be so! All of this is a dimension of gospel truth that too few understand. (Boyd K. Packer, "The Light of Christ," April 2005, 8, 13–14)

Write a 2–3 sentence thought about how understanding the Light of Christ can influence how you see others.

The Light of Christ in the universe

Have you ever been touched by the beauty or majesty of this earth and the universe? What feelings do these things bring out in you?

Read Doctrine and Covenants 88:7–10, 45–47 and look for what you learn about the Light of Christ, the earth, and the universe.

- What can we learn about the Lord from his creations?
- How might seeing God's influence in the universe help us recognize His influence in our lives?