



He *Forgives*

When Anger Leads
to Contention,
*Look unto
Christ*

"Through our covenants with the Lord, we can each
receive the strengthening power, guidance, and the
help we need to both forgive and to be forgiven."

Kristin M. Yee, Oct. 2022 general conference
(*Liahona*, Nov. 2022, 37).

