

Teaching Truths from Doctrine and Covenants 130

Lesson preparation:

Step 1: Choose one of the study topics below and study the resources provided. Pay attention to thoughts, ideas, and impressions from the Holy Ghost about what you are reading. You could also find other resources to deepen your understanding of your chosen topic.

Step 2: Create a five- to seven-minute lesson outline for your chosen topic. Consider using some of the following questions to help you prepare:

- How can or should these truths impact our relationship with Heavenly Father and Jesus Christ?
- How can I use the scriptures and words of the prophets to help others better understand this topic?
- What can I do to help others engage in the lesson and be active participants?
- What experiences can I share or what can I testify of?
- What can I do to help others apply this topic to their lives?

Study topics and resources:

OPTION 1: KNOWLEDGE AND INTELLIGENCE RISE WITH US IN THE RESURRECTION.

Resources to study:

Doctrine and Covenants 130:18–19; see also Doctrine and Covenants 88:118; 93:36

Elder Neal A. Maxwell (1926–2004) of the Quorum of the Twelve Apostles taught:



If we ponder just what it is that will rise with us in the resurrection, it seems clear that our intelligence will rise with us, meaning not simply our IQ, but also our capacity to receive and apply truth. Our talents, attributes, and skills will rise with us; certainly also our capacity to learn, our degree of self-discipline, and our capacity to work" (Neal A. Maxwell, *We Will Prove Them Herewith* [1982], 12)

OPTION 2: WE OBTAIN BLESSINGS FROM GOD BY OBEYING HIS LAWS.

Resources to study:

Doctrine and Covenants 130:20–21; see also John 7:17; Doctrine and Covenants 82:10

President Russell M. Nelson taught:



If you really want a certain blessing, you'd better find out what the laws are that govern that blessing and then work on becoming obedient to those laws. (Russell M. Nelson, "The Mission and Ministry of the Savior: A Discussion with Elder Russell M. Nelson," *Ensign*, June 2005, 19)

OPTION 3: HEAVENLY FATHER AND JESUS CHRIST HAVE BODIES OF FLESH AND BONES. THE HOLY GHOST IS A PERSONAGE OF SPIRIT.

Resources to study:

Doctrine and Covenants 130:22–23; see also Matthew 3:13–17; Acts 7:55–56

Elder Jeffrey R. Holland of the Quorum of the Twelve Apostles taught:



We believe these three divine persons constituting a single Godhead are united in purpose, in manner, in testimony, in mission. We believe Them to be filled with the same godly sense of mercy and love, justice and grace, patience, forgiveness, and redemption. I think it is accurate to say we believe They are one in every significant and eternal aspect imaginable *except* believing Them to be three persons combined in one substance. . . . We declare it is self-evident from the scriptures that the Father, the Son, and the Holy Ghost are separate persons, three divine beings. (Jeffrey R. Holland, “The Only True God and Jesus Christ Whom He Hath Sent,” *Ensign* or *Liahona*, Nov. 2007, 40–41)