

A Pattern for Growth

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| <p>Discover your needs, gifts, and talents. Try asking questions like:</p> <ul style="list-style-type: none">• What do I feel I should learn or change in my life?• What talents or skills do I want to gain?• What spiritual habits do I need to develop or improve?• How can I keep the covenants I made when I was baptized?• Who can I serve? <p>“Study it out in your mind; then . . . ask me if it be right” (Doctrine and Covenants 9:8).</p> | <p>Plan to improve. Try asking questions like:</p> <ul style="list-style-type: none">• Why is this important to me?• How will this help me become more like Jesus Christ?• What actions can I take to do this?• Can I break these actions into smaller steps?• What plans can I make now to overcome challenges I may face? <p>“The words of Christ will tell you all things what ye should do” (2 Nephi 32:3).</p> |
| <p>Reflect on what you learned. Try asking questions like:</p> <ul style="list-style-type: none">• How have I grown?• How can I use what I've learned to serve others?• How have my actions helped me become closer to the Savior?• How can I continue growing in this area? <p>“Ponder the path of thy feet” (Proverbs 4:26).</p> | <p>Act to grow in faith. If you get stuck, try asking questions like:</p> <ul style="list-style-type: none">• What has worked? Why?• What has not worked? Why not?• What else can I try?• Where could I get more ideas?• Can I break my goal into smaller steps or actions?• How can I learn from setbacks? <p>“Verily I say, [you] should be anxiously engaged in a good cause, and do many things of [your] own free will” (Doctrine and Covenants 58:27).</p> |