

# Becoming Perfected in Jesus Christ

Read the following scripture references. Look for phrases that increase your confidence that the Savior can help us overcome our imperfections and become more like Him. You could make a list of what you find and record it in your study journal or on the back of the handout.

Doctrine and Covenants 76:40–42

Ether 12:27

Moroni 10:32–33

Read the following statements. Look for what we can do to overcome perfectionist thinking and focus on becoming better through Jesus Christ. You could highlight phrases that stand out to you.

Elder Dieter F. Uchtdorf of the Quorum of the Twelve Apostles taught what the Lord does and does not expect of us:



God does not need people who are flawless. He seeks those who will offer their “heart and a willing mind” [Doctrine and Covenants 64:34], and He will make them “perfect in Christ” [Moroni 10:32–33]. (Dieter F. Uchtdorf, “Five Messages That All of God’s Children Need to Hear” [Brigham Young University Education Week devotional, Aug. 17, 2021], 3, speeches.byu.edu)

President Russell M. Nelson explained what we can do when we see our imperfections:



Let us do the best we can and try to improve each day. When our imperfections appear, we can keep trying to correct them. We can be more forgiving of flaws in ourselves and among those we love. (Russell M. Nelson, “Perfection Pending,” *Ensign*, Nov. 1995, 88)