

Education for Better Work

(Self-Reliance Group)



Needs

People often need specific education, training, and skills to obtain employment but don't know where to get started.



Description

The Education for Better Work group helps people create a local, market-based educational plan. This plan includes finding a career interest and analyzing the market need for the desired career. It also includes understanding the skills required for the job, exploring the best training options, and determining how to pay for training. The course covers skills for successful learning, 12 spiritual foundation principles, and habits to help people become self-reliant.



Who is this for?

This group helps people find and prepare for a career. It can help young adults looking to start a career, and it can also help older adults who want to improve their career or reenter the workforce. The group is not limited to Church members; anyone is welcome to attend.



How it works

Education for Better Work is often implemented as a 12-week self-reliance group (in person or virtual). Self-reliance groups work like councils and are enhanced by the experiences of each person as well as the influence of the Holy Ghost. The skills formed in the workshop can be practiced alone or in a coaching situation.

For best-practices for virtual meetings, see [ChurchofJesusChrist.org/self-reliance/course-materials/facilitating-groups](https://www.ChurchofJesusChrist.org/self-reliance/course-materials/facilitating-groups).

A printed version of the manual is available at store.ChurchofJesusChrist.org, and a digital version and supporting videos are available on the Gospel Library.



Where to learn more

Visit [ChurchofJesusChrist.org/self-reliance/course-materials/education-for-better-work](https://www.ChurchofJesusChrist.org/self-reliance/course-materials/education-for-better-work).

Contact: