

EVALUATING GOALS

“And Jesus increased in wisdom and stature, and in favour with God and man” (Luke 2:52).

Consider these questions as you journal:

What has worked? Why?

What else can I try?

Where could I get more ideas?

Can I break my goal up into smaller steps or actions?

How can I learn from setbacks?

What new goals can I set or what old goals can I refocus on using my answers to the above questions?

