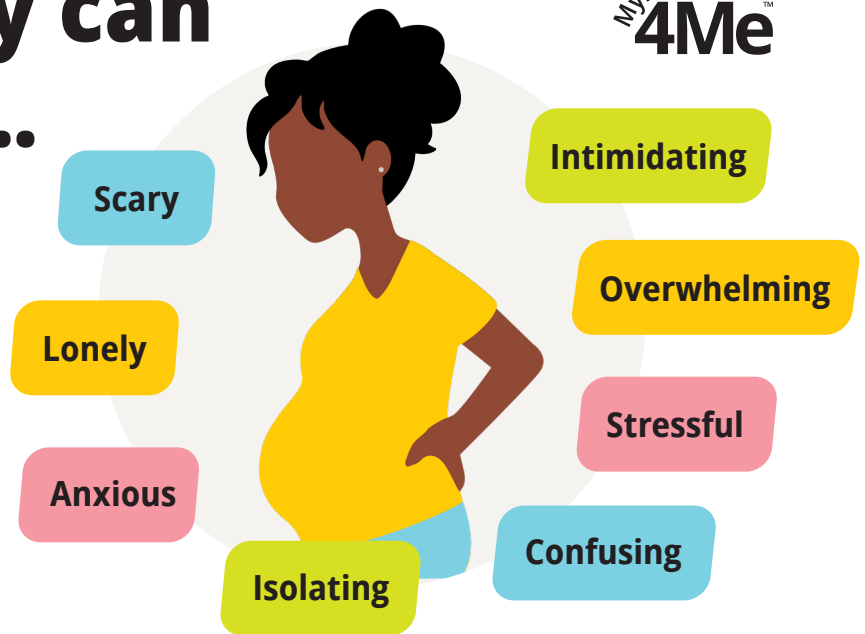


Having a baby can feel like this...

MyBaby
4Me™

MyBaby4Me is an initiative from the North America Southeast Area of *The Church of Jesus Christ of Latter-Day Saints*. Working together with *A Chance to Learn* and community organizations in your neighborhood, MyBaby4Me is devoted to helping pregnant women, new mothers, and their babies.



It is your time to:

BELONG

to a global community of mothers.

BELIEVE

you and your baby can have a happy and healthy life.

BE AWARE

of behaviors that could harm you or your baby.

BECOME

your best self and the best mother you can be.

Through MyBaby4Me, you can get help with:

ort

GED Completion & Job Search

Healthcare Transportation

Social Support Resources

Community

ing Assistance

Resources for Baby Supplies

Housing & Food Support

Early & Prenatal Education



With the support and resources from MyBaby4Me, you can learn how to care for yourself and your baby during pregnancy and the first year of life. We're here to help you find joy in motherhood.



Connect with us and sign up here:
[MyBaby4Me.org](https://www.mylbaby4me.org)

THE CHURCH OF
JESUS CHRIST
OF LATTER-DAY SAINTS

A CHANCE TO LEARN

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