

# OVERCOME THE WORLD and Find Rest

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Because  
**JESUS CHRIST**  
overcame this fallen world,  
and because He atoned for each of us,  
you too can overcome this sin-saturated, self-  
centered, and often exhausting world.



As you truly repent and seek His help, you can rise above this present precarious world and find true rest.

## HOW DO WE OVERCOME THE WORLD?



Seek for and follow the promptings of the Spirit.



Repent daily and keep covenants that endow us with power.



Stay on the covenant path.

## WHAT DOES IT MEAN TO OVERCOME THE WORLD?

It means:

- overcoming the temptation to care more about the things of this world than the things of God.
- trusting the doctrine of Christ more than the philosophies of men.
- delighting in truth, denouncing deception, and becoming “humble followers of Christ.”
- choosing to refrain from anything that drives the Spirit away and being willing to “give away” even our favorite sins.
- growing to love God and His Beloved Son more than you love anyone or anything else.



**THE SAVIOR LIFTS US** above the pull of this fallen world by blessing us with greater charity, humility, generosity, kindness, self-discipline, peace, and rest.  
**BECAUSE JESUS CHRIST OVERCAME THIS WORLD, YOU CAN TOO.**



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