



Go to [ChurchofJesusChrist.org/study/manual/taking-charge-of-technology](https://www.ChurchofJesusChrist.org/study/manual/taking-charge-of-technology).

Or scan this code.

Technology is a great tool, but sometimes we can get so wrapped up in using it that we miss out on other important things. A new guide, *Taking Charge of Technology*, can help you develop a better relationship with your devices.



**DO YOU USE TECHNOLOGY . . . OR  
IS TECHNOLOGY  
USING YOU?**

