

Raetem wan Parabol

Tingbaot wan samting insaed long gospel we yu wantem blong tijim long ol narafala man. ?Wanem samting o eksampol yu save yusum blong tijim? Droem o raetem wan samting abaot hem long ples ia.



Eksampol:
Fet i olsem wan sid
from hem i save gro
smosmol evritaem.

Mekem Bred blong Yuwan

1 kap wom wota
2 1/4 ti spun drae is
2 ti spun waet vinika
3 kap flaa
1 ti spun sol
1/4 kap vejetebol oel

1. Miksim wota, is, mo suka long wan bol-glas. Wet blong 5 minit blong is i mekem ol smosmol balong.
2. Miksim flaa, sol mo oel.
3. Presprestem flaa ia blong 10 minit. Putum long wan pan we yu grisim long oel finis. Kavremap mo letem i solap blong wan aoa.
4. Prestem flaa i go daon mo letem i solap blong 10 moa minit. Kukum long 350°F (175°C) blong 30-40 minit.



Yu save yusum resepi ia blong mekem aktiviti long pej 11.