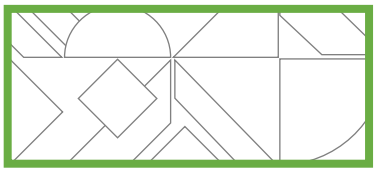
# **JOURNEY THROUGH** THE FSY GUIDE

*Color along the path as you study and get to know the new guide each week.*

**START**

**May 3–9**
Jesus Christ Is the Strength of Youth
*Dieter F. Uchtdorf | October 2022*



**May 10–16**
Best Days and Worst Days
*Emily Belle Freeman | April 2026*

**May 17–23**
Message from the First Presidency and Make Inspired Choices
*For the Strength of Youth guide*

**May 24–30**
1. God's Plan is for you
*For the Strength of Youth* guide

**May 31–June 6**
2. God wants to Communicate with you *For the Strength of Youth* guide

**June 7–13**
3. You can help with God's work
*For the Strength of Youth guide*

**June 14–20**
4. Jesus Christ will help you
*For the Strength of Youth* guide

**June 21–27**
5. Walk in God's light
*For the Strength of Youth* guide

**June 28–July 4**
6. Love God, love your neighbor
*For the Strength of Youth guide*

**July 5–11**
7. Ordinances and covenants give you access to God's blessings
*For the Strength of Youth* guide

**July 12–18**
8. Temple ordinances and covenants give you greater access to God's blessings *For the Strength of Youth* guide

**July 19–25**
9. You are blessed by priesthood keys and authority
*For the Strength of Youth guide*

**July 26–Aug 1**
10. Your body is sacred
*For the Strength of Youth* guide

**Aug 2–8**
11. Truth will make you free
*For the Strength of Youth* guide

**Aug 9–15**
12. Jesus Christ brings joy
*For the Strength of Youth guide*

**Aug 16–22**
Jesus Christ Is Not Our Burden; He is Our Relief
*David J. Wunderli | April 2026*

**Aug 23–29**
May 2026 *For the Strength of Youth* magazine

**FINISH**

THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS

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