

Come, Follow Me Activities

For home evening or scripture study—
or just for fun!

FOR MOSIAH 4-6

Walk in His Footsteps

King Mosiah kept the commandments and “did walk in the ways of the Lord” (Mosiah 6:6). On a piece of paper, trace your foot and cut out the shape. Write on your footprint a way you can follow Jesus. Put your footprint where you can remember to follow Jesus Christ’s example.

For younger children: Go on a walk. Have your child practice stepping where you step. Talk about how we can follow Jesus Christ by doing things He did, like helping others and being baptized.



FOR MOSIAH 7-10

Follow the Prophet

Ammon taught that prophets can see things to come (see Mosiah 8:16-17). Turn to page 2 to read President Nelson’s message from general conference. What did he teach us? Draw a picture about it and send it to us at the *Friend*.

For younger children: Sing “Follow the Prophet” (*Children’s Songbook*, 110-11) with your kids. Every time you sing the word *prophet*, point to a picture of the prophet.



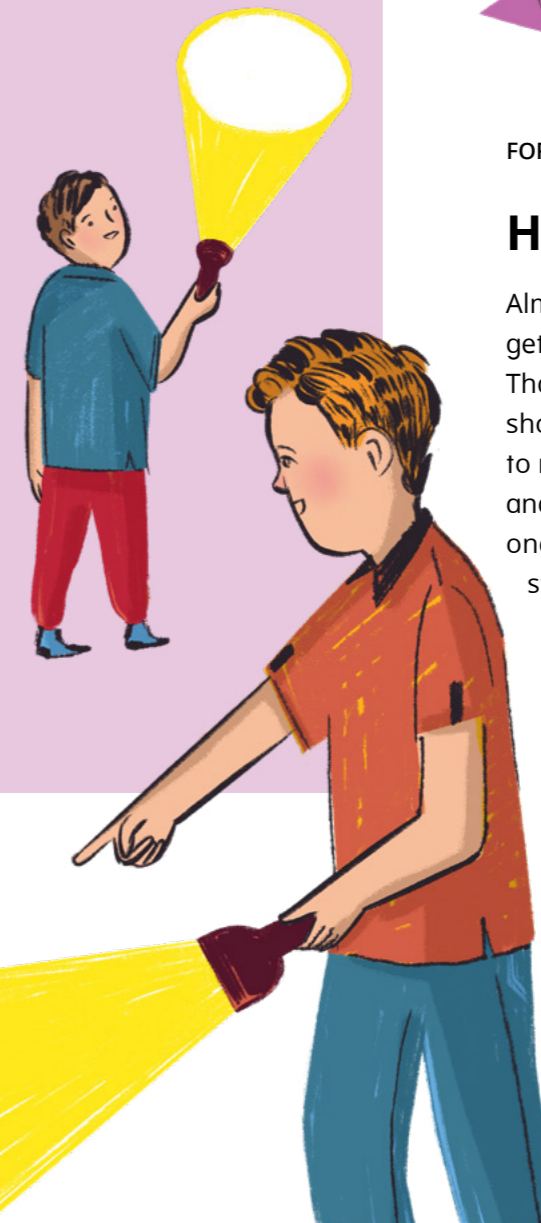
ILLUSTRATIONS BY KATY DOCKRILL

FOR MOSIAH 11-17

A Light in the Dark

Abinadi taught that Jesus Christ is “a light that is endless, that can never be darkened” (Mosiah 16:9). Hide an object in the house. Turn off the lights and have everyone try to find it in the dark. Then hide the object and try to find it with the lights on or with flashlights. Which way was easier? How does Jesus help us like the light helped you?

For younger children: Have your child practice turning on and off a flashlight or lamp. Then talk about how Jesus Christ is a light that can never be hidden or turned off.



FOR MOSIAH 18-24

Hearts Knit in Unity

Alma taught us to have our “hearts knit together in unity and in love” (Mosiah 18:21). That means we should work together and show love to others. Make a string of hearts to remind you! Cut out some paper hearts and write a family member’s name on each one. Poke a hole in each heart and put a string through them so the hearts are connected. Hang up your string of hearts where you will see it often!

For younger children: Ask your child one thing they love about each person in the family. Tell your child something they do that shows love to others!

