FROM THE FIRST PRESIDENCY





a message to you from



By President **Russell M. Nelson**

The Miracle of Prayer

The Savior taught us how to pray. We pray to our Heavenly Father, in the name of Jesus Christ. We close our prayers by saying, "in the name of Jesus Christ, amen." When we hear another person's prayer, we also say "amen." This means, "That is my prayer too."

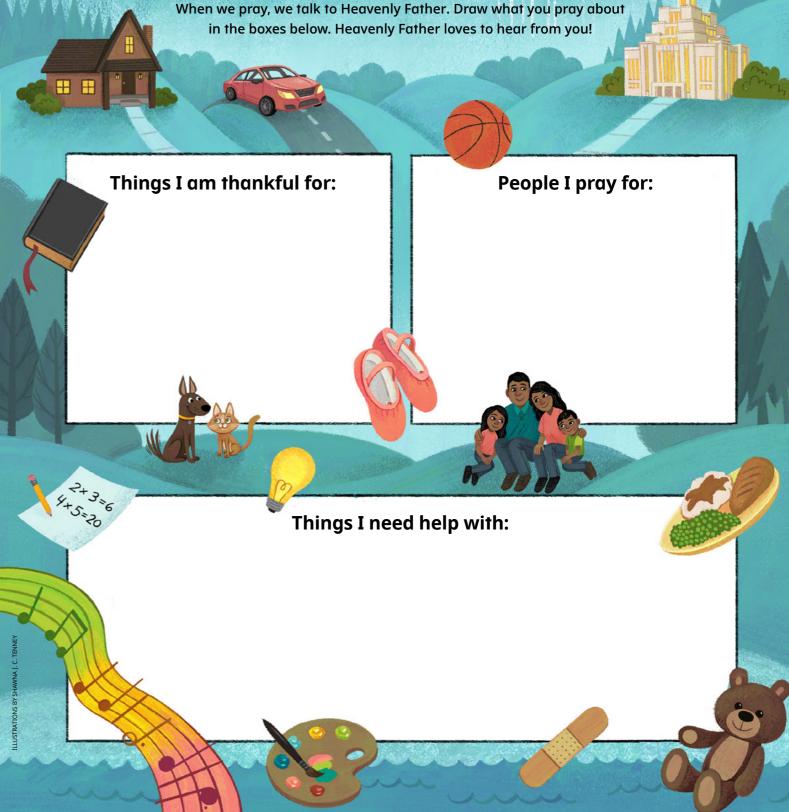
The Prophet Joseph Smith set an example for us to follow in asking questions. He took his questions directly to Heavenly Father. And his prayers were answered.

Think about this miracle! We can all pray to our Heavenly Father and get answers.

Find a quiet place where you can go. Pour out your heart to your Heavenly Father. Turn to Him for answers and for comfort. Pray about your worries, your fears, and the longings of your heart. And then listen! Write the thoughts that come to your mind.

As you repeat this process, you will grow and learn to receive revelation.

Adapted from "Sweet Power of Prayer," Liahona, May 2003, 7-9; and "Revelation for the Church, Revelation for Our Lives," Liahona, May 2018, 93-96.



What I Pray About