

Hello from INDONESIA!

Learn about Heavenly Father's children all over the world.



Indonesia is a country in Southeast Asia. It has more than 17,000 islands! Almost 280 million people live there.



A GROWING CHURCH

President Russell M. Nelson visited members in the capital city, Jakarta, in 2019. And in the April 2023 general conference, he announced that a temple will be built there!

PLACES OF WORSHIP



Indonesia has the largest Islamic mosque in Southeast Asia. It also has the largest Buddhist temple in the world.

A BLUE VOLCANO!

Indonesia has more active volcanoes than any other country. The Kawah Ijen volcano has blue flames that can be seen at night.



DO YOU SPEAK MY LANGUAGE?

Selamat pagi!

Halo!

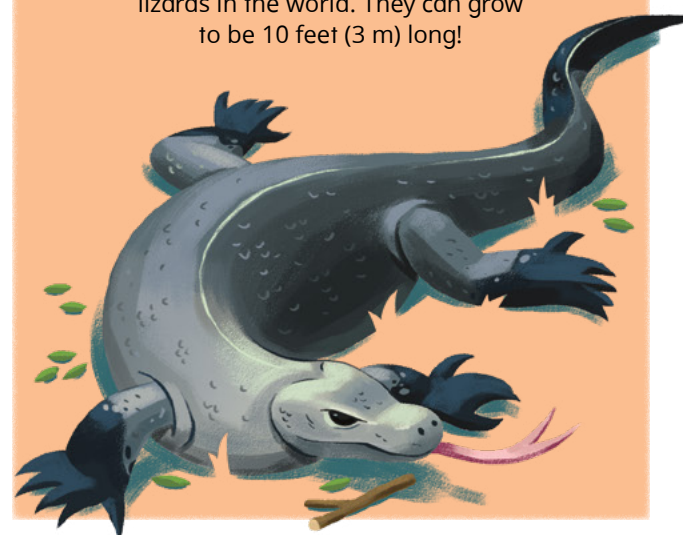
Rahajeng semeng!



Indonesian is the official language. But more than 700 languages are spoken in Indonesia! Their country motto means "Many, yet one" to show they are united.

HOME OF DRAGONS

Komodo dragons are the largest lizards in the world. They can grow to be 10 feet (3 m) long!



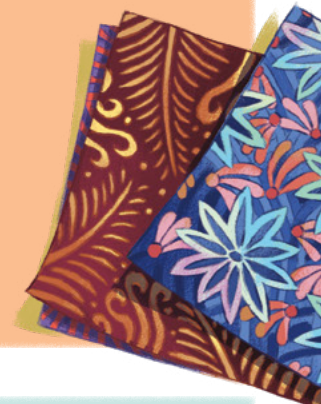
ILLUSTRATIONS BY CONNER GILLETTE

ACTIVITY

BATIK PAINTING

Batik is a type of art that adds color to fabric. You can do something like that too!

Make a design on paper with liquid glue. When it's dry, paint between the glue lines.



NASI UDUK

1. Rinse **2 cups white rice**. Soak rice in water for an hour, then strain.
2. In a separate pot, pour **2 cups coconut cream**. Then add **2 whole cloves, 1 cinnamon stick, and 1 teaspoon salt**. Mix and bring to a boil.
3. Add rice to sauce. Cover and cook on low for 15–20 minutes until rice is cooked.
4. Remove from heat and keep covered for 10 minutes. Serve with hard-boiled eggs, fried onions, or other toppings.

RECIPE

Be sure to get an adult's help!



GOOD NIGHT'S SLEEP

We need sleep to have energy to run, play, and work. Try to go to bed at the same time every night. Do something to help you relax before you go to sleep.

HEALTHY TIP