READY, SET, GO!

Here are some things you can do to help you get ready for Young Women or Young Men. Can you get four in a row?



Talk to someone who might be worried about leaving Primary.

Hang up a scripture you like at home.

Share your testimony with someone.

Ask your bishop or branch president for a copy of For the Strength of Youth: A Guide for Making Choices.

Decorate a notebook to take to class



Free Space Write a thank-you note to a Primary teacher.



Read the temple recommend interview questions.



Ask someone what Young Men or Young Women is like.

Ask a classmate to walk with you to your new class.

Write what you're looking forward to in Young Women or Young Men.

Meet a leader from Young Women or Young Men.

(You can find them on page 37 of the November 2022 *Friend*.)

Write down three things you want to learn in Young Men or Young Women.

Read articles in For the Strength of Youth magazine.

Ask your new leader about class activities. Write them on your calendar!



ILLUSTRATIONS BY COLLEEN MADDEN

MOVING ON TO YOUNG MEN AND YOUNG WOMEN

Will you be 12 next year? Here are some things to get excited about!

A New Magazine

For the Strength of Youth magazine is like the Friend but for Young Men and Young Women! It's full of stories about youth all over the world who follow Jesus Christ, just like you.

A Guide for Making Choices

For the Strength of Youth: A Guide for Making Choices is a booklet that can help you choose the right. It has questions and answers to help you follow Jesus Christ and prepare to go to the temple.





More Activities

In Young Women and Young Men, you can do fun activities with the other youth in your ward or branch. You can also keep setting goals for the Children and Youth program to learn new things and work on your talents.