

The Spirit World

Read Alma 40:6–7, 11–14 to see what Alma taught Corianton. Then use the following resources to help you further prepare what you would teach.

Doctrine and Covenants 138:11–13, 18–22, 57

Guide to the Scriptures, “Paradise,” scriptures.ChurchofJesusChrist.org

President Dallin H. Oaks of the First Presidency taught:



We know from the scriptures that after our bodies die we continue to live as spirits in the spirit world. The scriptures also teach that this spirit world is divided between those who have been “righteous” or “just” during life and those who have been wicked. They also describe how some faithful spirits teach the gospel to those who have been wicked or rebellious (see 1 Peter 3:19; Doctrine and Covenants 138:19–20, 29, 32, 37). (Dallin H. Oaks, “Trust in the Lord,” *Ensign* or *Liahona*, Nov. 2019, 26)

Prepare how you would explain answers to the following questions:

- What happens to our spirits when we die?
- What is it like in paradise? What is it like in the area that Alma calls “outer darkness,” but is also called spirit prison (1 Peter 3:19) or hell (2 Nephi 9:12)?
- How can learning about paradise and prison increase our gratitude for the Savior?
- How can our knowledge of the spirit world bless us during our mortal lives?

When teaching, be sure to make it clear that between death and resurrection, the spirits of the righteous dwell in paradise and the spirits of the wicked dwell in spirit prison. Share how your understanding of this truth influences the choices you make in this life.