

Activity 2: Seeking to Do the Lord's Will with Unwearyingness

Reflect on a time when you were asked to do something that seemed very difficult. The Lord gave the prophet Nephi difficult commandments when He asked him to call the wicked Nephites to repentance. Even though it was hard, Nephi worked diligently to follow the Lord's will.

Read Helaman 10:4–5 and look for what the Lord said to Nephi as a result of his faithfulness.

One truth we can learn from these verses is that when we seek to do the Lord's will and serve Him with unwearyingness, the Lord will bless us in many ways.

- What can make it difficult to want to do the Lord's will?
- What could you remember about the Lord that would make it easier to follow His will rather than your own?

The word unwearyingness used in these verses means tirelessness or diligence.

- What are some of the ways Jesus Christ served Heavenly Father with unwearyingness?
- How might you serve Heavenly Father and Jesus Christ with unwearyingness in our day?

Think of a goal you could make to seek Heavenly Father's will and serve Him with unwearyingness. Consider recording your goal in your study journal.

Activity 3: The Sealing Power

Imagine the Lord granting you power to do whatever you asked of Him. To the prophet Nephi, God said He would grant anything Nephi desired because he would “not ask that which is contrary to [God's] will” (Helaman 10:5).

Read Helaman 10:7, looking for one of the things the Lord granted Nephi the power to do.

The power described in verse 7 is called the sealing power. From this verse, we learn that the sealing power binds and looses on earth and in heaven. It may be helpful to know that to bind means to connect or link and to loose means to disconnect or dissolve.

The sealing power mentioned in verse 7 is the same sealing power held by Elijah (see 1 Kings 17:1), Peter and the apostles (see Matthew 16:15–19; 18:18), and Joseph Smith (see Doctrine and Covenants 132:46). The keys of this same power are held today by the President of The Church of Jesus Christ of Latter-day Saints and those to whom he may delegate them. With this power, families can be sealed together forever through temple ordinances.

- Why do you think Heavenly Father wants us to make covenants that apply to this life and the next?
- In what ways have you been blessed by the knowledge that families can be sealed eternally?
- How does the knowledge that families can be united eternally impact your thinking or choices now?