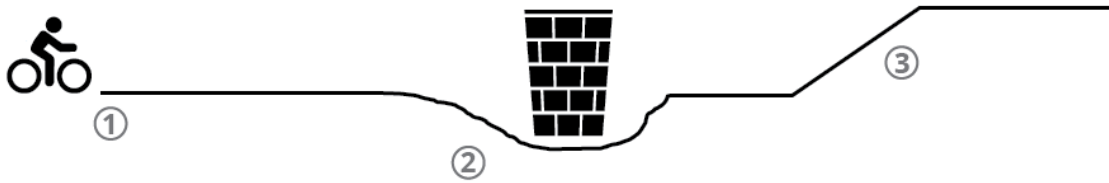


Gaining Spiritual Momentum through Doctrinal Mastery



Imagine that you are the bicyclist, and the pathway represents your life. You might notice how the first part of your path is straight, but then you encounter obstacles and inclines that require greater effort to overcome. Think about the spiritual momentum you need to successfully move through life and the obstacles and challenges that you may experience.

Study the doctrinal mastery key scripture phrases you have been learning, looking for passages that relate to your personal journey. Next to the corresponding numbers on your drawing, write the reference to a doctrinal mastery passage that has or could help you:

1. Maintain spiritual momentum and progress on a daily basis.
2. Avoid or overcome an obstacle as you believe and act on the truth the passage teaches.
3. Draw upon the Savior's power and rise to achieve your spiritual goals.

For each doctrinal mastery passage you selected and included on your drawing, record your thoughts about at least one of the following ideas:

- An experience when you felt the truth and importance of the doctrinal mastery passage.
- How you could better apply the doctrine or principle of the passage in your life.
- Why you feel this passage will bless you with the Savior's power and increase your spiritual momentum.
- How the doctrine has increased your love for Heavenly Father and Jesus Christ.