



## BOTTLES OF LOVE

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I helped with a project at school to make “bottles of love,” which are plastic bottles filled with single-use plastics. These are items that are used once and thrown away, like plastic bags. Each family made bottles of love and took them to school. The bottles were sent to an organization that made them into plastic bricks. The bricks could

be used to build outdoor benches and houses for people in need. I realized that my family uses a lot of plastic daily, which is a real environmental problem. I wanted to start caring for the environment. But I couldn’t do it alone. So I decided to ask people at church to help too. I spoke with my leaders and the bishop of the ward.

What do you do to help care for the world Heavenly Father and Jesus Christ created for us?

He asked me to talk about the project in a meeting. Many people joined the project. After a few months, we collected more than 100 bottles of love!

The project continues today. When I collect a lot of bottles, I go with my family and Primary friends to the drop-off area. We leave the bottles there to be turned into building materials.

I like this project. It makes me feel that I can really help this world that God created for us. It helps me value and respect nature and animals. Taking care of nature is one way I can follow the Savior. I also like that it’s a way to help others.

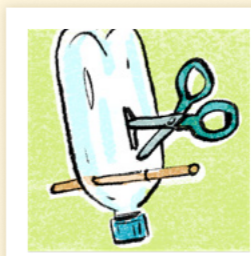
Sometimes it’s not easy to take the time to make the bottles of love. But I feel that we can change and choose to do small, good acts daily. I also learned that to do something “big” we need the help of others. We can impact others and help them join the change. I believe this is an important part of the gospel of Jesus Christ: to change, help others, and do good in the world. ●

ILLUSTRATIONS BY SIMINI BLOCKER



## Bottle Bird Feeder

Use an empty plastic bottle to make a bird feeder!



1. Wash a **plastic bottle** and remove the labels. Then let it dry.
2. Have an adult cut two small holes in the bottom of the bottle. Pull a **string** through the holes and tie it in a loop.
3. Poke two small holes on both sides of the bottle near the lid. Push a **stick** through the holes to make a place for the birds to stand.
4. Cut a thin slit 2 inches (5 cm) above each stick. This is where the birds will get the seeds!
5. Cover the holes with your fingers and have someone pour **birdseed** into the top.
6. Screw the lid on the bottle and carefully turn it over. Use the string to tie the feeder to a branch.