

# 5 Ways to Be a Peacemaker

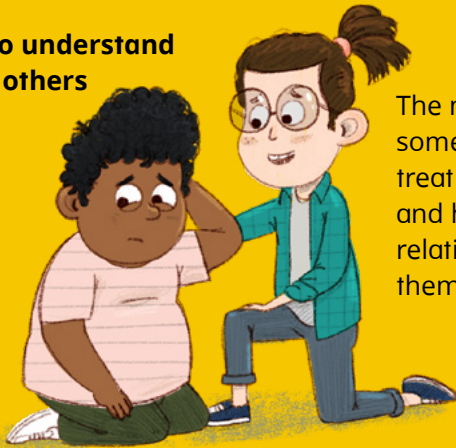
By Charlotte Larcabal Speakman

When you think of a peacemaker, what do you see? Do you picture yourself? You should! Jesus Christ asked us to be peacemakers (see Matthew 5:9). You don't need to fight armies or be a world leader to do that. Here are five ways you can be a peacemaker right here, right now.

- 1. Listen even when you don't agree.** When you're arguing with someone, stop and listen. When someone has a different idea, stop and listen.



- 2. Try to understand how others feel.**



The more you understand someone, the easier it is to treat them with kindness and have a peaceful relationship with them.



- 3. Practice problem-solving.** Lots of people point out problems. Peacemakers also point to solutions. The more you practice thinking of solutions, the better you will be at problem-solving.

- 4. Choose patience.** Think about the last time you felt impatient. Was it a peaceful feeling? Probably not. When you feel those impatient feelings, take a deep breath. When you're patient with yourself and others, you can feel more peace.



- 5. Remember Jesus Christ.** "Pray to have the courage and wisdom to say or do what He would," taught President Nelson. "As we follow the Prince of Peace, we will become His peacemakers."\*



\*"Peacemakers Needed," *Liahona*, May 2023, 101.