Drops of Faith

Jacob had a problem—he was always so sleepy!

By Pollyanna Mattos Vecchio

(Based on a true story)

This story happened in Brazil.

"Jacob, do you know the answer?" Mrs. Lelis asked.
Jacob opened his eyes and lifted his head off
the desk. All his classmates were looking at him. His
teacher was staring at him too. He felt his cheeks get
warm. He had fallen asleep in class again!

"I'm sorry, Mrs. Lelis," he said. "Can you please ask the question again?"

"Sure. But please stop napping in class." He shrunk down in his seat. "Yes, ma'am."

Jacob came to his new school just a few weeks ago. He loved to learn, and his classmates were nice. But there was one problem—he was always so sleepy! His new school was far away, so he had to wake up very early to be there on time.

At first, it was easy to focus in class. But it got harder and harder. Sometimes Jacob was so tired he fell asleep.

The next day, the school principal asked Jacob and his parents to meet with her. She smiled and welcomed them into her office.

"I'm glad you're here," she said. "Jacob is a great student. But his teacher says he's not interested in his classes. Sometimes he doesn't focus, and he seems very tired. Is he OK?"

His mother nodded. "Jacob worked hard to be able to go to school here, but it's far from our house. He needs to wake up early every day. So he gets sleepy in his morning classes."





"Oh, is that all?" the principal said. "You should try coffee drops! Put a few drops of very strong coffee in Jacob's drink each morning. That will keep him awake."

Jacob frowned. "But our family doesn't drink coffee, ma'am."

The principal looked confused. "It will be hard for you to learn if you keep falling asleep. You should at least think about it."

When they left the principal's office, Jacob's thoughts were mixed up. He wanted to do better in school, but he wanted to follow the commandments too.

That night, his family read about the Word of Wisdom in the scriptures.

When it was Jacob's turn, he read, "And all saints who remember to keep and do these sayings . . . shall find wisdom and great treasures of knowledge. . . . And shall run and not be weary, and shall walk and not faint."*

Then he had an idea!

He stood up from his chair. "Instead of coffee drops, I'll use faith drops!"

"What do you mean?" his father asked.

Jacob smiled. "Each morning before breakfast, we can say a prayer and ask Heavenly Father to bless me so I don't feel so sleepy. Our prayers will be like drops of faith!"

Mom and Dad smiled too. "That sounds like a great idea!" Dad said.

The next morning, their family knelt and said a prayer that Jacob would have the energy to stay awake. They did the same thing the next day. And the day after that. Each night, Jacob tried to go to bed early too. And each morning Jacob's family had faith that Heavenly Father would help him.

Over time, their drops of faith worked. Jacob could focus for the whole day! God had answered their prayers. And Jacob knew He was proud of him for following the Word of Wisdom.

"Ready for class, Jacob?" Mrs. Lelis asked one morning as he walked into the classroom.

Jacob nodded with a big grin on his face. He had his drops of faith before school. He was ready for anything!

WHAT IS THE WORD OF WISDOM?

The Word of Wisdom is a commandment God gave to bless His children (see Doctrine and Covenants 89). It tells us what foods are good to eat and some to avoid. When we follow this commandment, we're blessed with health, strength, and wisdom!

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