

# I Am a Child of God

Search divinely appointed sources to help you better understand your identity and potential as a child of God. As you study, reflect on why these truths matter. Consider making notes in your scriptures or in your study journal as you learn. The following ideas or resources can help.

1. Search phrases such as “child of God,” “divine identity,” “potential,” or other key words of questions you might have in the Gospel Library.
2. Find scriptures under the topics “Man, a Spirit Child of Heavenly Father” or “Man, Potential to Become Like Heavenly Father” in Guide to the Scriptures (see “Man, Men” entry) or the Topical Guide.
3. Read the following statements.

Elder Dieter F. Uchtdorf of the Quorum of the Twelve Apostles shared:



When we sing the song “I Am a Child of God,” the lyrics penetrate our hearts. Pondering this truth—that we are children of heavenly parents—fills us with a sense of origin, purpose, and destiny.

It is good to remember that you are always a child of God. This knowledge will carry you through the most difficult times in your life and will inspire you to accomplish remarkable things. (“Living the Gospel Joyful,” *Ensign* or *Liahona*, Nov. 2014, 120–121)

Elder Kevin S. Hamilton of the Seventy explained:



[The world teaches] that our circumstances define us. We should “embrace who we really are,” the world says, “and be authentic to our true selves.”

While it is indeed good to be authentic, we should be authentic to our real, true selves as sons and daughters of God with a divine nature and destiny to become like Him. If our goal is to be authentic to this divine nature and

destiny, then we will all need to change. The scriptural word for change is repentance. (“Then Will I Make Weak Things Become Strong,” *Liahona*, May 2022, 50)

Elder Dale G. Renlund of the Quorum of the Twelve Apostles and Sister Ruth L. Renlund taught:



Male and female spirits were created to complement each other. That is why gender is not fluid in the eternities—because it provides the basis for the ultimate gift Heavenly Father can give, His kind of life. (“The Divine Purposes of Sexual Intimacy,” *Ensign*, Aug. 2020, 16)