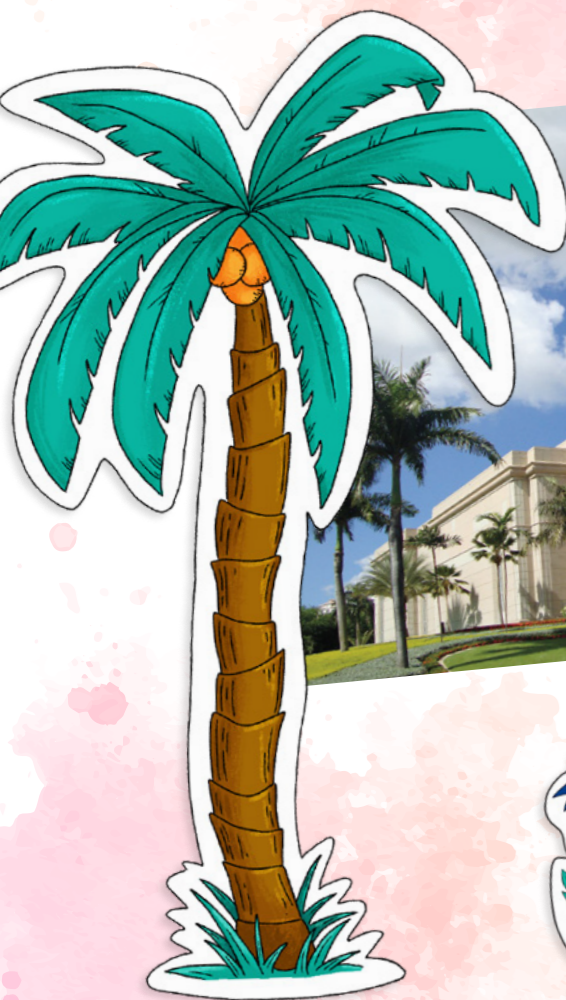


# Hello from the DOMINICAN REPUBLIC!

The Dominican Republic is an island country in the Caribbean. Over 11 million people live there.



## FIRST CARIBBEAN TEMPLE

A temple was completed in the capital city, Santo Domingo, in the year 2000. It was the first to be built in the Caribbean area!



## A UNIQUE FLAG

The Dominican Republic's flag is the only country flag that has a Bible on it. The Bible is in the center of the flag.



¡Buenos días!

That means "good morning" in Spanish!



## HUMPBAC WHALES

Thousands of humpback whales swim to the coast of the Dominican Republic each year. The warm waters are a perfect place for them to have their babies.



## LANGUAGE

The Dominican Republic's official language is Spanish.

ILLUSTRATIONS BY STEPHANIE MACKAY

## ACTIVITY



## Baseball Fun

Baseball is the Dominican Republic's most popular sport! Here's a simple way to play. Set up three markers in a big triangle shape. Stand at the first one while a friend throws a small ball toward you. Use a stick or bat to try to hit the ball and then run to the next marker. Can you run around the whole triangle before your friend tags you?



## RECIPE



## Ensalada Verde (Green Salad)

This is a common salad in the Dominican Republic. Here's a version you can try!

1. Rinse **4 cups (946 ml) of lettuce**, **1 cup (237 ml) of cabbage**, **1 tomato**, **1 cucumber**, and **2 carrots**.
2. Peel the carrots and cucumbers along with **2 avocados**. Then chop up all the ingredients and put them in a bowl.
3. In a separate container, put **6 tablespoons (88 ml) of olive oil**, **3 tablespoons (44 ml) of vinegar**, and **1 teaspoon (5 ml) of salt**. Shake well and pour on salad. Add **pepper** to taste.

Be sure to get an adult's help!