

Our Power to Choose

Option A: What does our power to choose teach us about God?

Read 2 Nephi 2:14, 16 looking for what Lehi taught about God and our agency.

- What did you learn?
- Why is it important to understand that God gives us the power to act for ourselves?
- How does it make you feel that Heavenly Father trusts you to make your own choices?

Think of an example of when you used agency in a way that you feel pleased Heavenly Father.

- Why do you feel your choice pleased God?

It may also be useful to contemplate any choices you have made that may not have pleased God and what you have learned from those.

Option B: What has God given us to help us choose wisely?

Read 2 Nephi 2:5, 13 and Moroni 7:16 looking for the following truths. Note “the law” refers to God’s commandments.

We must know good from evil to fully exercise our agency.

We must have the law to have agency.

- What do you learn about Heavenly Father and Jesus Christ from the truth that They give everyone enough knowledge of good and evil to be able to choose to be righteous or wicked?
- What would happen if there were no law or commandments?

Option C: Why do we feel opposition to our good choices?

Read 2 Nephi 2:11, 16, looking for additional truths that Lehi taught about agency.

- What did you find?
- In Heavenly Father’s plan, why do you think opposition is a necessary aspect of agency?
- In what ways are we enticed to make right and wrong choices?

To help you understand this truth, read the following statement by Elder Jeffrey R. Holland of the Quorum of the Twelve Apostles:



God’s premortal children could not become like him . . . unless they obtained . . . experience in an arena where both good and evil were present. . . .

. . . We wanted the chance to . . . confront good and evil and be strong enough to choose the good. (Jeffrey R. Holland, *Christ and the New Covenant: The Messianic Message of the Book of Mormon* [1997], 200, 204)

Think of ways you are learning to choose good, even when tempted by evil. You may want to write your thoughts in your study journal. You may also want to ponder ways you could seek help with any decisions you may want to change.