

Activity 1: Obedience to God's laws

- What are some of the laws in your community?
- What would be the result of consistently following or not following those laws?
- How is this comparison similar to or different from God's laws?

Nephi and his followers obeyed the commandments of the Lord (see 2 Nephi 5:10). Read the doctrinal mastery passage Mosiah 2:41 and look for what King Benjamin wanted his people to understand about keeping God's commandments. You may consider cross-referencing this verse to 2 Nephi 5:10.

- How do you think obedience to God's laws helps us to be happy?
- How did Jesus Christ exemplify obedience?
- What are some of God's commandments that have brought you greater happiness?

Activity 2: Work and self-reliance

On a sheet of paper or in your study journal, take a moment to make a list of the benefits you would say come from hard work.

Read 2 Nephi 5:11, 15, 17 and identify the different ways the Nephites worked and the results of their labors.

Read Doctrine and Covenants 42:42 and the following statement from Elder D. Todd Christofferson of the Quorum of the Twelve Apostles, and see what you learn about the principle of work.



God has designed this mortal existence to require nearly constant exertion. . . . By work we sustain and enrich life. . . . Work builds and refines character, creates beauty, and is the instrument of our service to one another and to God. A consecrated life is filled with work, sometimes repetitive, . . . sometimes unappreciated but always work that improves, . . . lifts, [and] aspires. (D.Todd Christofferson, "Reflections on a Consecrated Life," *Ensign* or *Liahona*, Nov. 2010, 17)

- What additional benefits of work did you find? (Consider adding these to your list.)
- Which of these benefits have you experienced?
- How might work help a person become more like Jesus Christ?