

Mosiah 21–24: Strength and Deliverance

	People of Limhi Mosiah 21:13–16, 36; 22:1–13; 29:18–20	People of Alma Mosiah 23:25–29; 24:8–25
What actions did the people take to receive the Lord’s help?		
How was the Lord involved in their deliverance?		
What are some favorite phrases to remember from these verses?		