

# Summary of Efforts Caring for Those in Need

2023

## Basic Principles

- As disciples of Jesus Christ, members of The Church of Jesus Christ of Latter-day Saints strive to follow the Savior’s admonition to feed the hungry, give drink to the thirsty, take in the stranger, clothe the naked, and visit the sick and those in prison (see Matthew 25:35–36).
- The Church seeks to extend care to an ever-increasing number of God’s children in need. This care comes in the form of welfare and self-reliance efforts, humanitarian aid, and volunteer service.
- Welfare and self-reliance efforts primarily benefit Church members and include fast-offering support, food orders, educational programs, employment services, emotional health support, and more.
- The greatest growth in the Church’s work to care for those in need is taking place through humanitarian outreach. Through funding and commodities, the Church supports thousands of humanitarian projects. These projects benefit millions of God’s children across the world, without regard to race, nationality, or religious affiliation.
- The compassionate service of Church members and friends is a vital component of welfare, self-reliance, and humanitarian efforts. Volunteer service also helps those in our own communities who may be in need. Members of the Church are willing to “bear one another’s burdens; . . . mourn with those that mourn[,] and comfort those that stand in need of comfort” (Mosiah 18:8–9). This is an essential part of helping us become more like Jesus Christ.
- Once a month, members of the Church go without food and drink for two consecutive meals and contribute a fast offering at least equal to the value of the two meals. Fast offerings are then used to care for those in need.

## 2023 Statistics

Church assistance was provided in 191 countries through efforts such as the following:

 **HUMANITARIAN PROJECTS** **4,119**

INITIATIVE	# OF PROJECTS
Clean water, hygiene, and sanitation	206
Emergency relief	415
Health care	601
Mobility	64
Food security	530

 **HOURS VOLUNTEERED** **6.2 MILLION**

### VOLUNTEERS:

- Welfare and self-reliance missionaries **11,368**

 **JUSTSERVE**

- New users registered **119,461**
- New projects created **17,502**

 **BUILDING SELF-RELIANCE**

PROGRAM/SERVICE	# OF PROJECTS
Education projects	530
Deseret Industries associates served	10,112
Addiction recovery meetings per week	2,926
Self-reliance group participants	110,019

 **WOMEN AND CHILDREN**

921 humanitarian projects in 114 countries were focused on women and children, including care through child nutrition, maternal and newborn care, and education.



More information is available at [caring.ChurchofJesusChrist.org](https://caring.ChurchofJesusChrist.org)

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