Come, Follow Me Activities

For home evening or scripture study or just for fun!

July 29-August 4

Small Things, Big Difference FOR ALMA 36-38

With Heavenly Father's help, small things can make a big difference (see Alma 37:6-7). Help make your favorite recipe. What would happen to the recipe if you took out one of the ingredients? Talk about how small things can make a difference and how you can make a difference too.

For younger children: Look for small things that are helpful, like a small seed that turns into a plant or a light switch that turns on light. Talk about how small things can make a big difference, just like you!

August 5-11

Resurrection Activity FOR ALMA 39-42

Alma taught about resurrection (see Alma 40:23). Make a puppet that looks like you! You can use a paper bag, piece of paper, or sock to make a puppet. Use markers, paint, yarn, or other things to decorate it. Your hand is like your spirit, and your puppet is like your body. Because of Jesus Christ, our body and spirit will be together again forever after we are resurrected.

For younger children: Do something to move your body, like dancing or playing! Then talk about how resurrection means we will have our bodies again after we die.

August 12-18

Fort of Safety FOR ALMA 43-52

When Captain Moroni was preparing for war, he built things around the city to keep the people safe (see Alma 50:1-6). Build a fort with your family! Every time you add something new to your fort, name something you can do to keep your family safe spiritually, like reading the scriptures or praying.

For younger children: Build a fort to sit in. Talk about how people build forts to be safe. Then talk about how we can make our homes spiritually safe by reading the scriptures.





August 19-25

Letters of Love

FOR ALMA 53-63



Helaman and other leaders wrote epistles, or letters, to tell each other about the good and bad things happening in the battles (see Alma 56). You can write letters too! Write a letter to a family member or friend. Write down the good things happening in your life and the things that are hard for you. Then send your letter!

For younger children: Practice writing "I love you" or drawing a heart to give to someone you love. Talk about how prophets in the scriptures also wrote letters.