



# DEAR PARENTS,

Has your child ever said that life is hard or isn't fair? Many difficult things happen in life, but so do many wonderful things! Read the stories on pages 24 and 26 with your children to talk about how Heavenly Father and Jesus Christ can help us through hard times. Then you can make a gratitude tree (page 18) to help your family notice all the ways They show Their love!

With love,  
The *Friend*



### READING TIP

Find a scripture reference in the magazine (like on pages 10–11). Help your child look up the verse in the scriptures.



**PLEASE SEND YOUR SUBMISSION TO:**

*Friend* Magazine  
50 E. North Temple St., Rm. 2393  
Salt Lake City, UT, USA 84150-0024  
Or email: [friend@ChurchofJesusChrist.org](mailto:friend@ChurchofJesusChrist.org)

### The following information and permission must be included:

First and last name		
Age	Boy / Girl	State / Province / Region, Country

I give my permission to The Church of Jesus Christ of Latter-day Saints to use my child's submission and photo on the Church websites and social media platforms as well as for Church reports, print products, video, publications, and training materials.

Signature of parent or legal guardian	Date
Email of parent or legal guardian	

May the *Friend* contact you with a survey?

YES

NO



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