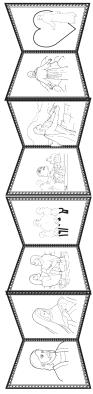
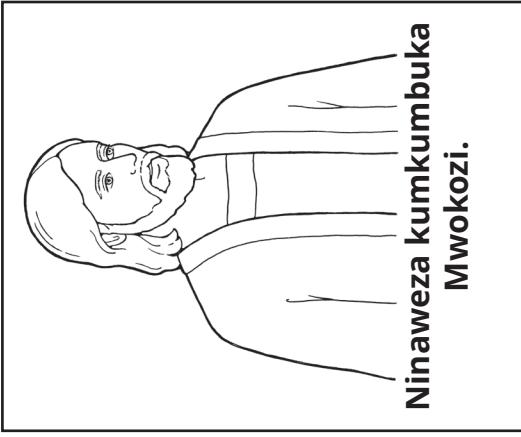
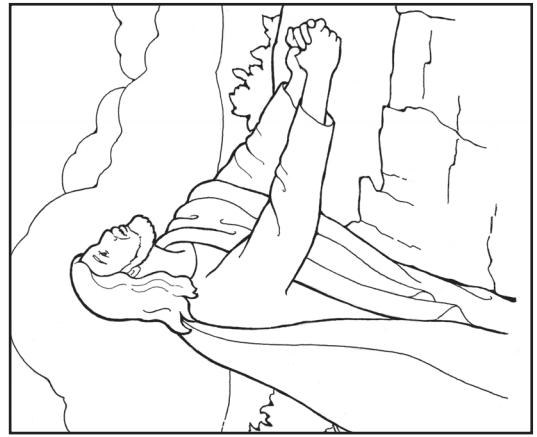
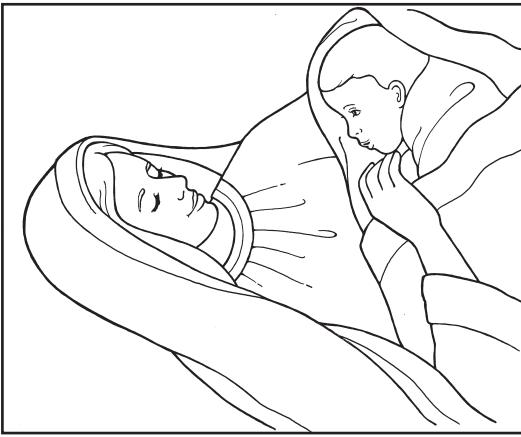
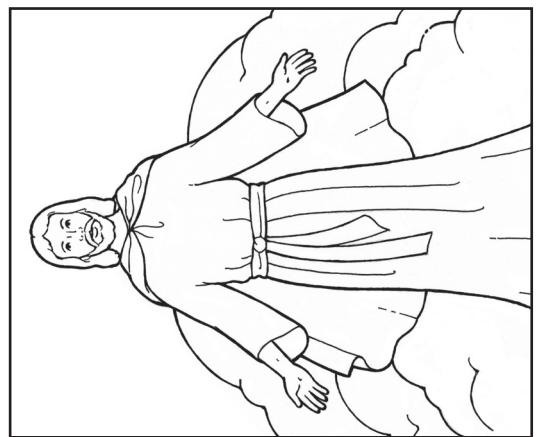
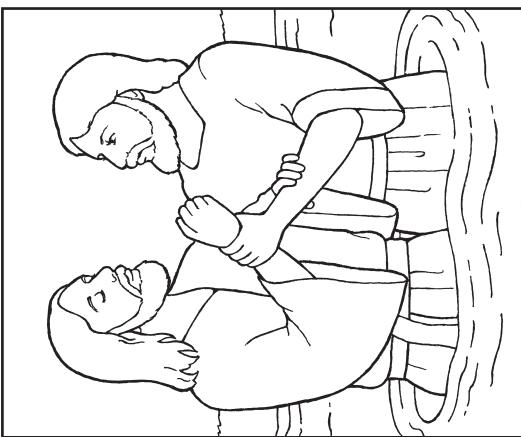
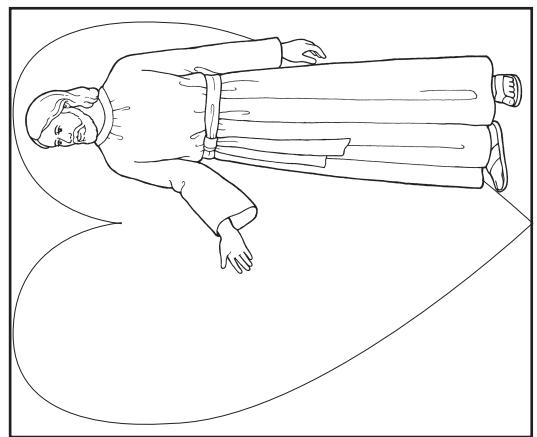
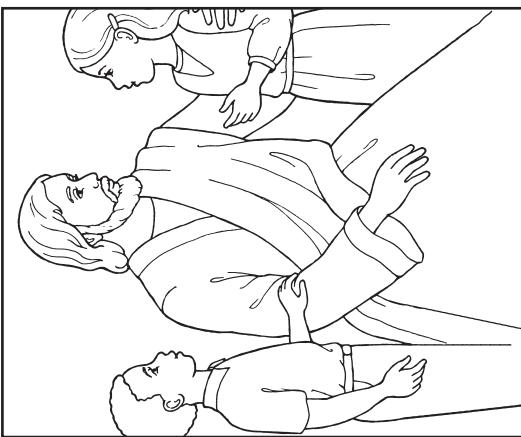


Ninaweza kumfikiria Yesu wakati ninapopokea sakramenti (3 Nefi 18:1-12).

Kata na uondoe mistatili miwili mirefu na ushikanishe ncha pamoja kwa kutumia gundi. Kunja mistatili nyuma na mbele kupitia mistari ya nukta ili kutengeneza kitabu. Tazama picha wakati wa sakramenti ili ikusaidie kumkumbuka mwokozi.



Unganisha kwa gundi hapa



Unganisha kwa gundi hapa