

Overcoming the World through Jesus Christ

1. Study Moses 8:13, 23–24.
2. Then study at least two of the following scriptures and one of the following statements:
 - Proverbs 3:5–6
 - 1 Nephi 15:23–24
 - Helaman 5:12
 - Doctrine and Covenants 10:5; 87:8

President Russell M. Nelson shared:



Each time you seek for and follow the promptings of the Spirit, each time you do anything good ... you are overcoming the world. (“Overcome the World and Find Rest,” *Liahona*, Nov. 2022, 97)

Elder Neil L. Andersen of the Quorum of the Twelve Apostles taught:



Overcoming the world is keeping our promises to God—our baptismal and temple covenants. ...

Overcoming the world means turning ourselves outward, remembering the second commandment [see Mark 12:31]: “He that is greatest among you shall be your servant” [Matthew 23:11]. ...

Overcoming the world is being less concerned with our online connections and more concerned with our heavenly connection to God. ...

Overcoming the world is remembering, even when we are discouraged, the times we have felt the love and light of the Savior. (“Overcoming the World,” *Ensign* or *Liahona*, May 2017, 59, 60)

Sister Jean B. Bingham, then Relief Society General President, explained:



As we persevere and attend the temple ... , we’ll have the Savior’s help to overcome the world in which we live. (“The Temple Gives Us Higher Vision,” *Liahona*, Jan. 2018, 14)