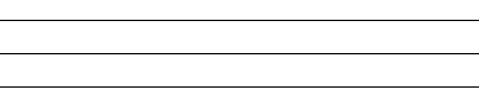


Ideas to Help You Listen to and Learn from General Conference

BEFORE CONFERENCE

• Learn about the prophets and apostles. You can review their names and pictures in this notebook or learn more about their lives (and other Church leaders) on ChurchofJesusChrist.org.

 What we learn from conference can help us improve our lives and find
answers to our personal questions. Write down your personal questions of
what you hope to learn from conference.



• Ask Heavenly Father to help you listen and understand the messages.



DURING CONFERENCE

- Each time a new talk begins, find the speaker's picture in this notebook. If the speaker's picture isn't here, write his or her name and calling on the last page.
- Write down something you learn from the talk, or draw a picture of what the speaker talks about.
- Pay attention to feelings and thoughts you have. The Holy Ghost can teach you and help you know the messages are true.

AFTER CONFERENCE

• Write down your answers to these questions:

1. What are the main things you learned from conference?				

2. What are you going to do because of what you learned?

- Share what you learned with your family and friends. For example, you could share the things you wrote or drew in this notebook in home evening.
- Ask your parents to study conference talks with you. These are available in the Gospel Library app, on ChurchofJesusChrist.org, and in the Church magazines.

For other fun activities, go to children.ChurchofJesusChrist.org.



PRESIDENT RUSSELL M. NELSON *President of The Church of Jesus Christ of Latter-day Saints*

Write down your thoughts or draw a picture of what
President Nelson says.



PRESIDENT DALLIN H. OAKS First Counselor in the First Presidency Write down your thoughts or draw a picture of what

President Oaks says.		



PRESIDENT HENRY B. EYRING Second Counselor in the First Presidency Write down your thoughts or draw a picture of what President Eyring says.



PRESIDENT JEFFREY R. HOLLAND Acting President of the Quorum of the Twelve Apostles Write down your thoughts or draw a picture of what

Elder Holland says.				



ELDER DIETER F. UCHTDORF *Of the Quorum of the Twelve Apostles*Write down your thoughts or draw a picture of what Elder Uchtdorf says.



ELDER DAVID A. BEDNAR *Of the Quorum of the Twelve Apostles*Write down your thoughts or draw a picture of what Elder Bednar says.

ler Bednar says.	
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ELDER QUENTIN L. COOK *Of the Quorum of the Twelve Apostles*Write down your thoughts or draw a picture of what Elder Cook says.



ELDER D. TODD CHRISTOFFERSON Of the Quorum of the Twelve Apostles Write down your thoughts or draw a picture of what Elder Christofferson says

Elder Christofferson says.	



ELDER NEIL L. ANDERSENOf the Quorum of the Twelve Apostles Write down your thoughts or draw a picture of what Elder Andersen says.



ELDER RONALD A. RASBAND Of the Quorum of the Twelve Apostles Write down your thoughts or draw a picture of what Elder Rasband says

Elder Rasband says.			
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ELDER GARY E. STEVENSONOf the Quorum of the Twelve Apostles Write down your thoughts or draw a picture of what Elder Stevenson says.



ELDER DALE G. RENLUND Of the Quorum of the Twelve Apostles Write down your thoughts or draw a picture of what

Elder Renlund says.



ELDER GERRIT W. GONG *Of the Quorum of the Twelve Apostles*Write down your thoughts or draw a picture of what Elder Gong says.



ELDER ULISSES SOARES Of the Quorum of the Twelve Apostles Write down your thoughts or draw a picture of what Elder Soares says

der Soares says.



ELDER PATRICK KEARON *Of the Quorum of the Twelve Apostles*Write down your thoughts or draw a picture of what Elder Kearon says.

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JESUS CHRIST OF LATTER-DAY SAINTS