



DOCTRINAL TOPICS 2023

Come, Follow Me— For Aaronic Priesthood Quorums and Young Women Classes

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Using Come, Follow Me—For Aaronic Priesthood Quorums and Young Women Classes

What Are the Purposes of Our Class and Quorum Meetings?

The Lord has given you a sacred trust: He has called you to serve in a Young Women class presidency or an Aaronic Priesthood quorum presidency. Part of your responsibility is to lead and conduct your class or quorum meetings on Sunday. To do this, it helps to understand why we have these meetings.

Young Women class and Aaronic Priesthood quorum meetings are different from Church classes like Sunday School or seminary. In class or quorum meetings, we learn about the work God has given us, and we organize the members of our class or quorum to do that work in our homes, in the Church, and in our communities. In these meetings, we don't just talk about the work—we make plans to fulfill our roles as part of the Lord's youth battalion, including helping to gather Israel.



In class or quorum meetings, we make plans to fulfill our roles as part of the Lord's youth battalion.

This emphasis on the work doesn't mean that we leave doctrinal discussions only for Sunday School. In fact, learning doctrine in Young Women classes and Aaronic Priesthood quorum meetings is essential—it helps us strengthen our relationship with Jesus Christ, understand Heavenly Father's plan, and take part in Their work. As we study the gospel together, the truths we learn can change our hearts and help us know how to act in more Christlike ways. We can receive promptings about ways to increase “in wisdom and stature, and in favour with God and man” (Luke 2:52). As we become more converted to

Jesus Christ and His gospel, we will find joy and feel desires to help others along the covenant path.

Who Leads These Meetings?

God has called you as class and quorum presidencies and given you authority to lead. That is why each meeting of your class or quorum should be conducted by a member of your class or quorum presidency. Adult leaders should offer guidance and support, but they should not take over for you. See the section titled “Counsel Together” at the beginning of each outline in this resource for ideas to help you know how to lead a meeting and accomplish its true purposes. Use presidency meetings to plan how you will conduct these Sunday meetings.

Who Should Teach the Lesson?

Adult leaders, a member of the class or quorum presidency, or any other member of the class or quorum can teach the lessons. As the class or quorum presidency, consult with your adult leaders about who should be assigned to teach the lessons. Remember that your adult leaders have much to offer. Seek to learn from their experience and testimonies. There are also advantages to asking youth to teach—teaching can help deepen their conversion and help them build stronger relationships with other class or quorum members. So give them appropriate opportunities to teach all or part of a lesson, keeping in mind the needs and abilities of the people in your class or quorum. For example, adult leaders may teach more often in classes or quorums with younger youth or with youth who have less experience in teaching the gospel. When youth are invited to teach, a parent or an adult adviser should help them prepare as needed.

Those assigned to teach can use the section titled “Teach the Doctrine” in each outline in this resource to help them prepare. This section contains

suggestions for teaching and discussing the doctrine for that week, but teachers should not feel limited to these suggestions alone. As the Spirit directs, teachers can adapt these ideas or use their own to teach in a way that will best meet the needs of class or quorum members and help them understand and apply the doctrine.

What Doctrinal Topics Will We Discuss in Our Meetings?

The topic of each week’s outline is a doctrinal principle that has been selected to align with the New Testament reading recommended for that week, found in *Come, Follow Me—For Individuals and Families*. In this way, doctrinal discussions in class or quorum meetings will support what youth are learning at home.

Even though outlines are to be taught on specific Sundays, you still have the option to discuss other doctrinal topics based on the needs of your class or quorum.

This resource includes outlines for every week when Young Women classes and Aaronic Priesthood quorum meetings are held. On occasion, you may need to skip a lesson because of stake conferences or other reasons.

What Is the Role of Our Adult Leaders?

Your adult leaders play an important role in Young Women classes and Aaronic Priesthood quorums. They will guide and advise you in your leadership callings. They will support and encourage you as you do the work of your class or quorum. They will teach you doctrine, and they will bless you through their example, experience, and testimony.



Mary bore a powerful testimony of the Savior's mission (see Luke 1:46–55).
According to *My Word*, by Elspeth Young

JANUARY 8

How Can I Bless Others with My Testimony of Jesus Christ?

MATTHEW 1; LUKE 1



Counsel Together

**Led by a member of the class or quorum
presidency; 10–20 minutes**

At the beginning of the meeting, repeat together the Young Women Theme or the Aaronic Priesthood Quorum Theme. Then lead a discussion about the work of salvation and exaltation using one or more of the questions below or questions of your own (see *General Handbook: Serving in The Church of Jesus Christ of Latter-day Saints*, 10.2, 11.2, ChurchofJesusChrist.org). Plan ways to act on what you discuss.

- *Live the gospel.* What did we discuss last time, and what invitations or assignments were made?

What have we done to act on those invitations or assignments?

- *Care for those in need.* What can we do or say to reach out to those who might feel alone or distant from Heavenly Father?
- *Invite all to receive the gospel.* What are some ways we can help others feel the love of Jesus Christ?
- *Unite families for eternity.* What ideas can we share with each other to help strengthen our families?

At the end of the lesson, as appropriate, do the following:

- Testify of the principles taught.
- Remind class or quorum members about the plans and invitations made during the meeting.



Teach the Doctrine

Led by an adult leader or youth; 25–35 minutes

Prepare Yourself Spiritually

Like most faithful Jews of her time, Mary had surely been yearning for the coming of the Messiah. After learning from an angel that the wait was nearly over—and that she would be the mother of the promised Redeemer—Mary bore a beautiful testimony of “God my Saviour.” This testimony is recorded in Luke 1:46–55, and it is beloved by Christians around the world. As you read these verses, think about the people in your class or quorum. They, like Mary, are preparing for the coming of Jesus Christ—this time, for His glorious Second Coming. And also like Mary, their testimonies can have a powerful influence on the faith of those around them.

How do the people you teach feel about Jesus Christ? How could their testimonies of Him bless others? As you prepare to teach, you might also study 2 Nephi 25:23–26 and Elder Neil L. Andersen’s message “We Talk of Christ” (*Ensign* or *Liahona*, Nov. 2020, 88–91).

Learn Together

A great way to help the youth think about their testimonies of Jesus Christ is to examine together Mary’s testimony in Luke 1:46–55. Perhaps they could share with each other phrases that describe what Mary believed and felt about the Savior. Which of these phrases also describe how we feel about Him? For example, what causes our spirits to “[rejoice] in God”? (verse 47). What “great things” has He done for us? (verse 49). How has He showed His strength in our lives? (see verse 51). The activity

ideas below could lead to conversations about how our testimonies of Christ can bless others.

- Elder Neil L. Andersen’s message “We Talk of Christ” helps explain why we should talk more openly of the Savior—and how we can do it. You might read sections of Elder Andersen’s message together. Class or quorum members could discuss reasons he gave for sharing our testimonies of Jesus Christ and his counsel on how to do so. What specific things can we do to speak of Christ more openly?
- As members of The Church of Jesus Christ of Latter-day Saints, we know important truths about Jesus Christ that we can share. How might you help the youth think about these truths? You could ask them to study “The Living Christ: The Testimony of the Apostles” individually or in groups, looking for answers to the question “What truths about the Savior have special meaning to you?” Ask them to share the truths they found and explain why these truths are meaningful to them. They could share scriptures and their own experiences as they do. They might then discuss which truths about the Savior they could share on social media, with a friend struggling with a testimony, or with someone who is not a member of our Church.
- In addition to Luke 1:46–55, the scriptures have many other passages that could inspire us to share what we know about Jesus Christ. Some examples are listed in “Supporting Resources.” Consider reading these scriptures together. What do they teach us about how to share our testimonies of Jesus Christ with others? What else do we learn from these verses? Class or quorum members could also share things they have learned from people they know who freely share their faith in Jesus Christ.



As we learn to know and love the Savior, we find ways to share our testimonies of Him.

Act in Faith

Encourage class or quorum members to ponder and record what they will do to act on the impressions they received today. If they would like, they could share their ideas. Invite them to think about how acting on their impressions will strengthen their relationships with Heavenly Father and Jesus Christ.

Supporting Resources

- Matthew 5:14–16; 1 Peter 3:15; 2 Nephi 25:26; Alma 5:43–50; Doctrine and Covenants 100:5–8
- Russell M. Nelson, “Let Your Faith Show” (*Ensign* or *Liahona*, May 2014, 29–31)
- Cristina B. Franco, “Finding Joy in Sharing the Gospel” (*Ensign* or *Liahona*, Nov. 2019, 83–86)

Teaching in the Savior’s Way

Asking questions that encourage learners to bear testimony can be a powerful way to invite the Spirit. You might ask questions such as “How have you come to know that Jesus Christ atoned for your sins?” or “How have you come to appreciate what the Savior did for us in Gethsemane?”



We Are the Light of the World, by Simon Dewey

JANUARY 22

How Is Jesus Christ a Light in My Life?

JOHN 1



Counsel Together

Led by a member of the class or quorum presidency; 10–20 minutes

At the beginning of the meeting, repeat together the Young Women Theme or the Aaronic Priesthood Quorum Theme. Then lead a discussion about the work of salvation and exaltation using one or more of the questions below or questions of your own (see *General Handbook*, 10.2, 11.2). Plan ways to act on what you discuss.

- *Live the gospel.* What recent experiences have strengthened our testimonies?
- *Care for those in need.* Who needs our help and prayers? What do we feel impressed to do to help them?
- *Invite all to receive the gospel.* How can we be a light to family members or friends who don't share our beliefs?

- *Unite families for eternity.* How can we show more love and support for our families and make a positive difference in our homes?

At the end of the lesson, as appropriate, do the following:

- Testify of the principles taught.
- Remind class or quorum members about the plans and invitations made during the meeting.



Teach the Doctrine

Led by an adult leader or youth; 25–35 minutes

Prepare Yourself Spiritually

The Apostle John opened his Gospel by comparing Jesus Christ to a light that “shineth in darkness” (John 1:5). The members of your class or quorum are growing up in a time of spiritual darkness. But it is also a time when the Savior’s “marvellous light” is

available to help them see clearly and find their way (1 Peter 2:9).

As you read John 1 this week, ponder why light is so essential and how the Savior is a light in your life (see also Joseph Smith Translation, John 1:1–34 [in the Bible appendix]). How could His light bless those you teach? How can you inspire them to walk in His light? To help you ponder these questions, you might study Doctrine and Covenants 88:5–13, 67; 93:2–9 and Sister Sharon Eubank’s message “Christ: The Light That Shines in Darkness” (*Ensign* or *Liahona*, May 2019, 73–76).

Learn Together

It’s often helpful to start your discussion by giving the class or quorum a chance to talk about what they have been learning from their scripture study. For example, this week you could ask them to share a word or phrase from John 1:1–17 that teaches them something about the Savior. Let them talk about why they chose their word or phrase and what it teaches them about Jesus Christ. Share with them how Jesus Christ is a light in your life. The activities below can help you continue your discussion.

- To help those you teach appreciate the Savior’s light, perhaps a class or quorum member could share what it feels like to be in the dark. There’s a story that could help at the beginning of Elder Timothy J. Dyches’s message “Light Cleaveth unto Light” (*Liahona*, May 2021, 112–15). Why are people sometimes afraid of the dark? Why do we need light? Why is Jesus Christ called the Light of the World? You might ask the youth to study Elder Dyches’s message beginning with “May I suggest that perhaps this is the time to ask yourself.” They could look for what we can do to bring the Savior’s light more fully into our lives.
- The scriptures listed under “Supporting Resources” can help your class or quorum better understand the light that Jesus Christ offers. You might read and discuss a few of the first set of

scriptures as a class. Then write *How can we bring the Savior’s light into our lives?* on the board, and invite the youth to list answers they find in the second set of scriptures. You could put the youth into pairs and ask them to share with each other how Jesus Christ has been a light in their lives.

- Sister Sharon Eubank said, “One of the fundamental needs we have in order to grow is to stay connected to our source of light—Jesus Christ” (“Christ: The Light That Shines in Darkness,” 73). You might illustrate this with an object lesson—perhaps by displaying a flashlight or mobile device and discussing why its power source is important. Class or quorum members could then review Sister Eubank’s message, looking for ways Satan tries to “cut off [our] power supply.” How do we keep a strong connection to Jesus Christ? What counsel do we find in Sister Eubank’s message?
- Hymns such as “The Lord Is My Light” and “Lead, Kindly Light” (*Hymns*, nos. 89, 97) testify that Jesus Christ is our light. Consider singing these (or others you know of) together and identifying words or phrases that teach us how Jesus Christ is like a light. How have others brought the Savior’s light into our lives? How can we share His light with others?



A Gift of Light, by Eva Timothy

Act in Faith

Encourage class or quorum members to ponder and record what they will do to act on the impressions

they received today. If they would like, they could share their ideas. Invite them to think about how acting on their impressions will strengthen their relationships with Heavenly Father and Jesus Christ.

Supporting Resources

- Psalm 27:1; Isaiah 60:19–20; John 8:12; 3 Nephi 18:16, 24 (The Savior is a light)
- Proverbs 4:18–19; 1 John 2:8–11; Doctrine and Covenants 50:23–24; 93:26–28; 138:20–24 (How we bring the Savior’s light into our lives)

- “Patterns of Light: The Light of Christ” (video), ChurchofJesusChrist.org

Teaching in the Savior’s Way

As you pay attention to what is happening in your class or quorum members’ lives, you will find excellent teaching opportunities. Comments that learners make or questions they ask can also lead to teaching moments.



At the Well, by Crystal Suzanne

FEBRUARY 12

How Can I Improve My Worship of God?

JOHN 2-4



Counsel Together

Led by a member of the class or quorum presidency; 10–20 minutes

At the beginning of the meeting, repeat together the Young Women Theme or the Aaronic Priesthood Quorum Theme. Then lead a discussion about the work of salvation and exaltation using one or more of the questions below or questions of your own (see *General Handbook*, 10.2, 11.2). Plan ways to act on what you discuss.

- *Live the gospel.* How have we come closer to the Savior? How are we trying to be more like Him?
- *Care for those in need.* Who has been on our minds lately? How can we help these individuals?
- *Invite all to receive the gospel.* How can we answer our friends' questions about the Church in a way that strengthens their faith in the Savior?

- *Unite families for eternity.* What are some ways we can better connect with extended family members, such as grandparents and cousins?

At the end of the lesson, as appropriate, do the following:

- Testify of the principles taught.
- Remind class or quorum members about the plans and invitations made during the meeting.



Teach the Doctrine

Led by an adult leader or youth; 25–35 minutes

Prepare Yourself Spiritually

The woman of Samaria described in John 4 probably went to the well to get water frequently. But this time was different. She met a Jewish man who asked her for a drink. That alone was unusual because Jews generally didn't associate with Samaritans. But

there was something else unusual about this man. Perceiving that He must be a prophet, she asked Him questions about worshipping God. Was it acceptable to worship God there in Samaria? Or must people worship in Jerusalem, as the Jews claimed? (see John 4:19–20). The man explained that where we worship isn't as important as how we worship: "True worshippers shall worship the Father in spirit and in truth: for the Father seeketh such to worship him" (John 4:23). Then the man told her who He was—He was the Christ, the Savior of the world (see John 4:25–26).

Do the youth you teach understand what it means to worship Heavenly Father? In addition to worshipping at church (see Doctrine and Covenants 59:9–10), what other opportunities do they have to worship Him, including those they may not recognize as worship? The following resources can help you prepare to teach them about how to improve their worship of God: Psalm 95:1–7; Matthew 4:8–10; Alma 32:4–11; Doctrine and Covenants 20:17–19; 93:19–20, and Bishop Dean M. Davies's message "The Blessings of Worship" (*Ensign* or *Liahona*, Nov. 2016, 93–95).

Learn Together

To begin a discussion about improving worship, you could invite class or quorum members to individually review John 4:19–26 and write responses to questions like these: Why do I worship God? What does it mean to me to worship God? It might also be helpful to review together the definition under "Worship" in the Guide to the Scriptures (scriptures.ChurchofJesusChrist.org). After they've had time to ponder these questions, invite them to share their thoughts. The following activities can help them receive the Holy Ghost's promptings.

- Members of your class or quorum will have valuable insights about what it means to worship God. You might ask them to share an experience when they felt they were worshipping God. Scripture

passages like the following can add to their understanding and give them ideas about how to make their worship of God more meaningful: Psalm 95:1–7; Matthew 4:8–10; Alma 32:4–11; Doctrine and Covenants 20:17–19; 93:19–20. They might also discuss the statement by Elder Bruce R. McConkie in "Supporting Resources."

- To help the youth improve their worship of God, consider writing these headings on the board: *Who*, *Why*, *Where*, and *How*. Ask them to review the scriptures listed in "Worship" in the Guide to the Scriptures (scriptures.ChurchofJesusChrist.org), looking for verses that help them understand who, why, where, and how we should worship. As they find a related verse, invite them to discuss it with the class or quorum and write the reference under the appropriate heading. Encourage them to share experiences when they have felt closer to God through worship.
- Bishop Dean M. Davies's message "The Blessings of Worship" contains examples of people worshipping God. Perhaps you could read together the section "What Is Worship?" Then each person could review one of the examples of people worshipping found in the next three sections of the message. What does each example teach us about worshipping God? What does the last section of the message teach about the blessings that come from worshipping Him with devotion? What are we inspired to do to improve our worship of God?



Worship includes scripture study and other practices that show devotion and love for God.

Act in Faith

Encourage class or quorum members to ponder and record what they will do to act on the impressions they received today. If they would like, they could share their ideas. Invite them to think about how acting on their impressions will strengthen their relationships with Heavenly Father and Jesus Christ.

Supporting Resources

- “Elements of Worship,” *Teachings of Presidents of the Church: David O. McKay* (2003), 29–37
- Donald L. Hallstrom, “The Conversion of the Children of God” (Seminaries and Institutes of Religion broadcast, June 13, 2017), broadcasts.ChurchofJesusChrist.org
- Elder Bruce R. McConkie taught: “True and perfect worship consists in following in the steps of the Son of God; it consists in keeping

the commandments and obeying the will of the Father to that degree that we advance from grace to grace until we are glorified in Christ as He is in His Father. It is far more than prayer and sermon and song. It is living and doing and obeying. It is emulating the life of the great Exemplar” (“How to Worship,” *Ensign*, Dec. 1971, 130; capitalization modernized).

Teaching in the Savior’s Way

The doctrine found in the scriptures and in the words of latter-day prophets has the power to change hearts and increase faith. As you and those you teach “try the virtue of the word of God,” you will find that it has “a great tendency to lead the people to do that which [is] just” (Alma 31:5).



FEBRUARY 26

How Do the Savior's Teachings Help Me Make Righteous Judgments?

MATTHEW 6-7



Counsel Together

Led by a member of the class or quorum presidency; 10–20 minutes

At the beginning of the meeting, repeat together the Young Women Theme or the Aaronic Priesthood Quorum Theme. Then lead a discussion about the work of salvation and exaltation using one or more of the questions below or questions of your own (see *General Handbook*, 10.2, 11.2). Plan ways to act on what you discuss.

- *Live the gospel.* What topics has the bishopric discussed in our ward youth council meetings? What can we do as a class or quorum based on those discussions?

- *Care for those in need.* How can we reach out to people in Christlike ways when we see a need and don't know what to say?
- *Invite all to receive the gospel.* What have we found in the gospel of Jesus Christ that brings us joy? How can we share that joy with others?
- *Unite families for eternity.* What are we doing to find names of our ancestors who need temple ordinances? What can we do to help others find the names of their ancestors?

At the end of the lesson, as appropriate, do the following:

- Testify of the principles taught.
- Remind class or quorum members about the plans and invitations made during the meeting.



Teach the Doctrine

Led by an adult leader or youth; 25–35 minutes

Prepare Yourself Spiritually

There is a tendency in each of us—as a result of our fallen natures—to judge others, sometimes unfairly or self-righteously. But the Savior taught, “Judge not unrighteously, that ye be not judged; but judge righteous judgment” (Joseph Smith Translation, Matthew 7:1 [in Matthew 7:1, footnote *a*]). Ponder how following this counsel can bless you and those you teach. The Savior showed by example what He meant by “righteous judgment.” For example, consider how He treated the woman who had committed adultery. He did not condemn her, but He also did not condone her sin. He invited her to “go, and sin no more” (John 8:11). What have you learned about judging righteously from the Savior?

As you ponder how you will help the youth understand righteous judgment, you might study Matthew 7:1–2 and Elder Lynn G. Robbins’s message “The Righteous Judge” (*Ensign or Liahona*, Nov. 2016, 96–98).

Learn Together

You could begin a discussion about judging righteously by asking class or quorum members to think of a time when they felt misjudged by others. How did this feel? What do we learn about judging from the Savior’s teachings in Matthew 7:1–5? (see the Joseph Smith Translation in footnote *1a*). What might the phrase “righteous judgment” mean? You could discuss these verses by inviting class or quorum members to restate each verse in their own words. Activities like the following can also help those you teach to judge righteously.

- The Savior’s teachings in Matthew 6–7 can help us “judge righteous judgment.” To help class or quorum members discover these teachings, you could give each of them one of the following passages to ponder: Matthew 6:14–15; 7:3–5; 7:12; 7:15–20. What do the Savior’s words in these verses suggest about what it means to judge righteously? What can we learn from the Savior’s example in John 8:1–11 and Matthew 9:10–13? What differences do we notice between the way the Savior judges us and the way we often judge each other?



As we learn to be more Christlike, we can judge more righteously.

- Because we all have agency, we must constantly make judgments about what we will and will not do. But as followers of the Savior, we strive not to judge or criticize other people. To help the youth understand the difference, share with them the statement by President Dallin H. Oaks in “Supporting Resources.” As a class or quorum, work together to think of examples of judging a situation—such as an activity, an event, or a conversation—instead of judging a person who is involved. Why is it better to judge a situation rather than a person? The youth may have other questions about judging righteously (see examples in “Supporting Resources”). Discuss their questions together using the information under “Supporting Resources” to find answers. Invite the youth to share what they feel inspired to do because of what they are learning.

- In his general conference message “Developing Good Judgment and Not Judging Others” (*Ensign* or *Liahona*, May 2010, 103–5), Elder Gregory A. Schwitzer told two stories—of Jesus’s friend Martha and of a man Elder Schwitzer helped. What do these stories teach about how we should view and treat others? What principles can help us be more Christlike and judge righteously? The videos “Looking through Windows” and “Judging Others? Stop It!” (ChurchofJesusChrist.org) could provide additional insights.

Act in Faith

Encourage class or quorum members to ponder and record what they will do to act on the impressions they received today. If they would like, they could share their ideas. Invite them to think about how acting on their impressions will strengthen their relationships with Heavenly Father and Jesus Christ.

Supporting Resources

- Examples of questions about judging others:
“I’ve been taught to choose my friends carefully. But how can I do that without judging people?”
“When I try to live the gospel, I get accused of

being judgmental. How can I be true to what I believe and show love to those who disagree?”

- 1 Samuel 16:7; Moroni 7:12–19; Doctrine and Covenants 11:12
- Gospel Topics, “Judging Others,” topics.ChurchofJesusChrist.org
- President Dallin H. Oaks taught: “Whenever possible we will refrain from judging people and only judge situations. This is essential whenever we attempt to act upon different standards than others with whom we must associate—at home, at work, or in the community. We can set and act upon high standards for ourselves or our homes without condemning those who do otherwise” (“Judge Not’ and Judging,” *Ensign*, Aug. 1999, 11).

Teaching in the Savior’s Way

Your efforts should support the efforts of parents. Share with parents of youth what you are teaching. Counsel with them to learn about the needs of the young people in your class and the best ways to help meet those needs.



Daughter, Arise, by Simon Dewey

MARCH 12

How Can the Savior Help Me Overcome My Fears?

MATTHEW 9–10; MARK 5; LUKE 9



Counsel Together

Led by a member of the class or quorum presidency; 10–20 minutes

At the beginning of the meeting, repeat together the Young Women Theme or the Aaronic Priesthood Quorum Theme. Then lead a discussion about the work of salvation and exaltation using one or more of the questions below or questions of your own (see *General Handbook*, 10.2, 11.2). Plan ways to act on what you discuss.

- *Live the gospel.* How have we seen the hand of the Lord in our lives?
- *Care for those in need.* How can we support each other in the things we are going through?
- *Invite all to receive the gospel.* How can we better use technology as a tool to share the gospel?
- *Unite families for eternity.* What are we doing to help our families come unto Christ?

At the end of the lesson, as appropriate, do the following:

- Testify of the principles taught.
- Remind class or quorum members about the plans and invitations made during the meeting.



Teach the Doctrine

Led by an adult leader or youth; 25–35 minutes

Prepare Yourself Spiritually

Mark 5 records that three people approached Jesus who all had reasons to fear. A man with an “unclean spirit” faced a life of isolation, living “in the mountains, and in the tombs, crying, and cutting himself with stones” (Mark 5:2, 5). Jairus, a ruler of a synagogue, feared losing his daughter, who was “at the point of death” (Mark 5:23). And a woman with “an issue of blood twelve years” was

not healed after spending “all that she had” on “many physicians” (Mark 5:25–26). Each person you teach is unique and faces his or her own fears. But just as the Savior can cast out unclean spirits, raise the dead, and heal a dreadful disease, He can help us when we are afraid. His counsel to Jairus has great power in our lives today: “Be not afraid, only believe” (Mark 5:36).

To prepare to teach, consider studying Elder Ronald A. Rasband’s message “Be Not Troubled” (*Ensign* or *Liahona*, Nov. 2018, 18–21) and Sister Lisa L. Harkness’s message “Peace, Be Still” (*Ensign* or *Liahona*, Nov. 2020, 80–82).

Learn Together

You might invite a class or quorum member to summarize the story in Mark 5 of Jesus inviting Jairus to “be not afraid” (see verses 22–24, 35–43), or you could review the story as a group. You might do the same for the other stories in this chapter—the man with the unclean spirit and the woman with the blood condition. How are these fearful situations similar to those we might face in our lives? What can we learn from these stories about the Savior and how to seek His help? The following activities can help the youth increase their faith in Jesus Christ and learn to follow His counsel: “Be not afraid, only believe” (Mark 5:36).

- The Lord’s invitations not to fear, repeated throughout the scriptures, will bless the youth when they are afraid. Invite them to read the scriptures in “Supporting Resources” and make a poster they could display at home—or a digital poster they could share online—based on the scriptures they read. As they share what they created with each other, invite them to also share what they learned that can help them when they

are fearful. When has the Savior helped us during a fearful time?

- Consider showing a picture of the Savior calming the storm, such as the one in the digital version of Sister Lisa L. Harkness’s message “Peace, Be Still” (see also *Gospel Art Book* [2009], no. 40). Then you or someone you assign could share the account of the Savior calming the storm from Mark 4:35–41 or from Sister Harkness’s message. How are we sometimes like those in the ship? What do we learn from this story about how the Savior can help us when we are fearful? Invite the youth to review Sister Harkness’s message, looking for phrases or sentences that help them have greater faith in Jesus Christ. They could write these on the board. How can our faith in the Savior help us when it is not His will to calm the storms in our lives?
- Several hymns praise the Savior for His comfort and strength in times of challenge and uncertainty, such as “I Need Thee Every Hour” or “Abide with Me!” (*Hymns*, nos. 98, 166). Perhaps you could sing or read a few of these together, looking for how the Savior can help us.
- Fear and anxiety are normal as we deal with life’s challenges. For some, these feelings can be disabling. Your class or quorum might benefit from a discussion about how the Savior can help those who struggle with varying levels of anxiety. Class or quorum members might review together Elder Ronald A. Rasband’s message “Be Not Troubled” or Elder Erich W. Kopischke’s message “Addressing Mental Health” (*Liahona*, Nov. 2021, 36–38), looking for truths that are meaningful to them and sharing what they find. Encourage the youth to talk with a trusted parent or leader or visit MentalHealth.ChurchofJesusChrist.org if they need help.



The Savior has promised to help us when we turn to Him in times of fear and uncertainty.

Act in Faith

Encourage class or quorum members to ponder and record what they will do to act on the impressions they received today. If they would like, they could

share their ideas. Invite them to think about how acting on their impressions will strengthen their relationships with Heavenly Father and Jesus Christ.

Supporting Resources

- Joshua 1:9; Psalm 56:3–4; Isaiah 41:10; John 14:27; 2 Timothy 1:7; Doctrine and Covenants 50:41–44; 68:6

Teaching in the Savior's Way

As you teach, rather than simply imparting information, help the youth discover gospel truths for themselves in the scriptures and the words of the prophets.



MARCH 26

How Can Young Women and Young Men Work Together to Help Build God's Kingdom?

MATTHEW 13; LUKE 8; 13



Counsel Together

Led by a member of the class or quorum presidency; 10–20 minutes

At the beginning of the meeting, repeat together the Young Women Theme or the Aaronic Priesthood Quorum Theme. Then lead a discussion about the work of salvation and exaltation using one or more of the questions below or questions of your own (see *General Handbook*, 10.2, 11.2). Plan ways to act on what you discuss.

- *Live the gospel.* How are we finding joy in following Jesus Christ?
- *Care for those in need.* Who in our ward or community needs our help? How can we help them?
- *Invite all to receive the gospel.* How can we help each other prepare for missionary service?

- *Unite families for eternity.* How can we contribute to our ward's efforts to do family history and temple work?

At the end of the lesson, as appropriate, do the following:

- Testify of the principles taught.
- Remind class or quorum members about the plans and invitations made during the meeting.



Teach the Doctrine

Led by an adult leader or youth; 25–35 minutes

Prepare Yourself Spiritually

With a series of parables found in Matthew 13, the Savior taught important truths about God's kingdom and its remarkable growth in our day. In two of these

parables, something small and simple resulted in something great. And it was the actions of a son or daughter of God that helped the miracle happen. A tiny mustard seed grew into a tree large enough for birds to “lodge in the branches” when “a man took, and sowed [it] in his field” (Matthew 13:31–32). And a small amount of leaven caused a large amount of dough to rise when “a woman took, and hid [it] in three measures of meal” (Matthew 13:33). God’s kingdom in our day grows and spreads because His Saints—including young women and young men—work together with Him to build it.

In addition to reading Matthew 13 and Luke 8; 13 this week, consider reading President M. Russell Ballard’s message “Men and Women in the Work of the Lord” (*New Era*, Apr. 2014, 2–5) and President Jean B. Bingham’s message “United in Accomplishing God’s Work” (*Ensign or Liahona*, May 2020, 60–63).

Learn Together

To help the youth you teach visualize the parables in Matthew 13, consider displaying pictures of a mustard seed, leaven (such as yeast), a pearl, and a fishing net. The youth could review Matthew 13:31–33, 45–48 and share what each of these parables teaches them about the kingdom of heaven. How can we apply the messages of these parables in our own lives? What are we doing to help the Lord build His kingdom? Here are a few activities that can help in the discussion.

- Before the meeting, invite class or quorum members to learn about women and men who are or were exemplary in helping to build God’s kingdom. These people could be from the scriptures (see “Supporting Resources”), from Church history, or from their own lives. Invite the youth to share what they learned. In what ways have these people helped the Lord build His kingdom? How can we follow their examples?

- If you teach young men, invite them to review President Bonnie L. Oscarson’s message “Young Women in the Work” (*Ensign or Liahona*, May 2018, 36–38) and search for and share ways that young women contribute to God’s work of salvation and exaltation. Young women could do a similar search in Brother Douglas D. Holmes’s message “What Every Aaronic Priesthood Holder Needs to Understand” (*Ensign or Liahona*, May 2018, 50–53). How are the responsibilities of young women and young men similar? How can we better work together as we do God’s work?



God needs women and men to work together in building His kingdom.

- To help the youth understand how women and men work together to build God’s kingdom, you could write questions on the board like these: *Why does God need women and men to work together to help build His kingdom? How can class and quorum presidencies better work together?* The youth could review portions of President M. Russell Ballard’s message “Men and Women in the Work of the Lord” or President Jean B. Bingham’s message “United in Accomplishing God’s Work,” especially the portion beginning with “So what does that mean for you and me?” The youth could share answers they find to the questions.
- To help the youth understand how they can help build God’s kingdom, consider showing one or more of the videos “We Are Strong Together,” “A Promise for the Lord’s Battalion,” and “Youth Responsibility in the Work of Salvation” (ChurchofJesusChrist.org). What are we doing in our homes, our ward, and our community to help

with God's work? Consider asking the class or quorum president to provide issues discussed in the ward youth council meetings that are appropriate to share. Invite class or quorum members to share insights about how they could help with the issues.

Act in Faith

Encourage class or quorum members to ponder and record what they will do to act on the impressions they received today. If they would like, they could share their ideas. Invite them to think about how acting on their impressions will strengthen their relationships with Heavenly Father and Jesus Christ.

Supporting Resources

- Luke 2:21–38 (Simeon and Anna); Acts 9:36–41 (Tabitha, or Dorcas); Mosiah 18:1–17 (Alma); Mosiah 28:1–3 (sons of Mosiah); Alma 8:18–27 (Amulek); Alma 19:15–17 (Abish); Doctrine and Covenants 25:5–8 (Emma Smith); Moses 5:10–12 (Adam and Eve)

Teaching in the Savior's Way

When you extend an invitation to live a certain principle, help learners discover the blessings that God has promised to those who live that principle.



APRIL 9

How Can I Strengthen My Testimony of the Resurrection of Jesus Christ?

EASTER



Counsel Together

Led by a member of the class or quorum presidency; 10–20 minutes

At the beginning of the meeting, repeat together the Young Women Theme or the Aaronic Priesthood Quorum Theme. Then, in addition to counseling about specific class or quorum business, you may want to discuss impressions and themes from general conference. The following questions may help.

- What themes or messages stood out to us? What strengthened our faith in Jesus Christ?
- What strengthened our testimonies of living prophets? What did we feel prompted to do because of what we learned or felt?
- What do we need to do as a class or quorum to remember and act on counsel we heard in general conference?

At the end of the lesson, as appropriate, do the following:

- Testify of the principles taught.
- Remind class or quorum members about the plans and invitations made during the meeting.



Teach the Doctrine

Led by an adult leader or youth; 25–35 minutes

Prepare Yourself Spiritually

Apostles both ancient and modern testify that Jesus Christ lives! He suffered and died on the cross, He was buried in a tomb, and on the third day He rose again. Because of His triumph over death, we will all be resurrected. The Savior's Resurrection brought the promise of immortality and the hope of eternal life. This promise is at the heart of Easter.

As members of The Church of Jesus Christ of Latter-day Saints, we have special reason to believe that Jesus Christ was resurrected. In addition to the witnesses of people from New Testament times, we have the testimonies of people who lived in Book of Mormon times, the Prophet Joseph Smith, and our living prophets and apostles. We can also receive a personal witness of the Resurrection through the Holy Ghost. How can you help the youth strengthen their testimonies that Jesus Christ was resurrected? As you prepare, consider studying Sister Reyna I. Aburto’s message “The Grave Has No Victory” (*Liahona*, May 2021, 85–86) and Elder S. Mark Palmer’s message “Our Sorrow Shall Be Turned into Joy” (*Liahona*, May 2021, 88–89).

Learn Together

You might begin a discussion about the Resurrection of Jesus Christ by inviting the youth to share what they have done this week to celebrate Easter. You could ask them what they have studied or done individually or with their families to strengthen their testimonies of the Savior’s Resurrection. Below are activities to help the members of your class or quorum strengthen their testimonies.

- Discuss together why witnesses are important in everyday life. Then make a list of as many witnesses of Jesus’s Resurrection as your class or quorum can think of. Each person could then select a scripture from those listed in “Supporting Resources” to learn about some of these witnesses. Invite class or quorum members to share what they learned. Encourage them to also share how these witnesses strengthen their testimonies of the Resurrection of Jesus Christ.
- What are some situations when we might be able to share our testimonies of the Savior’s Resurrection? If anyone in the class or quorum has had an experience talking with someone about the Savior’s Resurrection,

consider inviting him or her to share that experience. Encourage class or quorum members to think about how they would help someone understand the Resurrection of Jesus Christ and gain a testimony that because of Him we can all be resurrected. What are important truths about the Resurrection of all people that would be important to teach others? Class or quorum members could find answers in the scriptures in “Supporting Resources.”

- When the Apostles told Thomas they had seen the resurrected Savior, Thomas said he would not believe unless he saw for himself. Later Jesus told Thomas, “Blessed are they that have not seen, and yet have believed.” Review together Thomas’s experience found in John 20:24–29. How have we been blessed for believing in the Savior without seeing Him? How can we strengthen our belief in Jesus Christ? Invite class or quorum members to search one or more of the messages from Church leaders in “Supporting Resources” and share why they are grateful for the Savior’s Resurrection. How does our knowledge that we will be resurrected affect the way we think about our bodies and the decisions we make?



That Ye May Know, by Gary L. Kapp

Act in Faith

Encourage class or quorum members to ponder and record what they will do to act on the impressions they received today. If they would like, they could share their ideas. Invite them to think about how

acting on their impressions will strengthen their relationships with Heavenly Father and Jesus Christ.

Supporting Resources

- Matthew 28:1–10; Luke 24:13–35; Luke 24:36–48; John 20:11–29; 1 Corinthians 15:3–8; 3 Nephi 11:1–15; Ether 12:38–39; Doctrine and Covenants 76:19–24 (Witnesses of the Resurrection)
- 2 Nephi 9:10–15; Mosiah 16:8–11; Alma 11:42–45; Alma 40:23–25; Doctrine and Covenants 93:33–34 (Scriptures that teach about the Resurrection of all people)
- D. Todd Christofferson, “The Resurrection of Jesus Christ,” *Ensign* or *Liahona*, May 2014, 111–14
- Gerrit W. Gong, “Hosanna and Hallelujah—The Living Jesus Christ: The Heart of Restoration and Easter,” *Ensign* or *Liahona*, May 2020, 52–55
- Reyna I. Aburto, “The Grave Has No Victory,” *Liahona*, May 2021, 85–86
- S. Mark Palmer, “Our Sorrow Shall Be Turned into Joy,” *Liahona*, May 2021, 88–89
- Easter videos can be found at [ChurchofJesusChrist.org/study/video/easter-videos](https://www.ChurchofJesusChrist.org/study/video/easter-videos).

Teaching in the Savior’s Way

A person who knows how to draw meaning out of the scriptures and turns to them daily will be able to access divine guidance to overcome any challenge. As you teach, ask questions that require learners to find answers in the scriptures.



Good Samaritan, by Annie Henrie Nadar

APRIL 23

How Can I Show Greater Love to Those around Me?

MATTHEW 18; LUKE 10



Counsel Together

Led by a member of the class or quorum presidency; 10–20 minutes

At the beginning of the meeting, repeat together the Young Women Theme or the Aaronic Priesthood Quorum Theme. Then lead a discussion about the work of salvation and exaltation using one or more of the questions below or questions of your own (see *General Handbook*, 10.2, 11.2). Plan ways to act on what you discuss.

- *Live the gospel.* What recent experiences have brought us closer to Heavenly Father and Jesus Christ?
- *Care for those in need.* Has someone recently moved into our ward or joined the Church? How can we help them feel welcome?
- *Invite all to receive the gospel.* What activities are coming up that we can invite our friends to attend?

- *Unite families for eternity.* What efforts can we make to record our personal histories?

At the end of the lesson, as appropriate, do the following:

- Testify of the principles taught.
- Remind class or quorum members about the plans and invitations made during the meeting.



Teach the Doctrine

Led by an adult leader or youth; 25–35 minutes

Prepare Yourself Spiritually

After Jesus taught a “certain lawyer” the importance of the two great commandments—loving God and loving our neighbor—the lawyer asked, “Who is my neighbour?” (see Luke 10:25–29; Matthew 22:35–40). In response, the Savior shared a parable about a Samaritan who risked his life to care for a wounded Jewish man, took the man to a shelter to

be cared for, and paid for the cost of his recovery. The Samaritan did not focus on the differences between himself and the man, who was considered an enemy by his people, or judge him or find reasons not to help. He served the man in need, despite personal inconvenience and sacrifice, thereby showing love for the man and for God. As you ponder the Savior's teachings in Luke 10:25–37, think about what it really means to “love . . . thy neighbour as thyself” (verse 27).

How will you help those you teach understand that when they serve those around them, they are showing their love for God? What might inspire them to love and serve others? As you prepare, you might review President Russell M. Nelson's message “The Second Great Commandment” (*Ensign* or *Liahona*, Nov. 2019, 96–100).

Learn Together

To begin a discussion about showing greater love for those around us, you could ask class or quorum members to share what they learned about loving others from the parable of the good Samaritan, found in Luke 10:25–37. What do we learn about the relationship between the first and second great commandments from Luke 10:27 and President Dallin H. Oaks's statement in “Supporting Resources”? The following ideas can help you continue a discussion about showing greater love to those around us.

- Jesus Christ is our great example of showing love for God by serving others, and class or quorum members will be inspired by studying His example. Invite each person to reflect on the mortal life of Jesus Christ and choose an experience from His life that shows His great love for other people. Ask each person to share the experience they chose, along with why it is meaningful to them. Invite those you teach to think of one way they would like to follow the Savior's example of love. They could also share their thoughts about someone they know who follows this example.

- Share and discuss with class or quorum members the statement by President Russell M. Nelson found in “Supporting Resources.” You could invite class or quorum members to review one or more of the general conference messages cited in this outline, looking for teachings that can guide us in our efforts to love others. They might focus on the following: examples of how we can serve from “The Second Great Commandment” by President Nelson; sections I, II, and VI in President Oaks's message “Loving Others and Living with Differences”; and the story about rabbits and the counsel to youth from “Hearts Knit Together” by Elder Gary E. Stevenson. You could also read together Mosiah 2:17 and Moroni 7:45–48. It might be helpful to write the teachings discussed by the youth on the board. Then the class or quorum could counsel together about specific ways they can better apply these teachings to their relationships with family members, with friends, and within their communities, even when people seem difficult to love.
- The efforts of class or quorum members in the work of salvation and exaltation will be more meaningful and joyful when they are inspired by love. To help them see how each aspect of the work of salvation and exaltation (see *General Handbook*, 1.2) is motivated by love, write the four aspects on the board. Then ask the youth to discuss how having a heart full of love for others can change how they participate in each aspect. They may have experiences from their own lives or the lives of others they could share.



President Russell M. Nelson taught, “When we love God with all our hearts, He turns our hearts to the well-being of others.”

Act in Faith

Encourage class or quorum members to ponder and record what they will do to act on the impressions they received today. If they would like, they could share their ideas. Invite them to think about how acting on their impressions will strengthen their relationships with Heavenly Father and Jesus Christ.

Supporting Resources

- Dallin H. Oaks, “Loving Others and Living with Differences,” *Ensign* or *Liahona*, Nov. 2014, 25–28
- Gary E. Stevenson, “Hearts Knit Together,” *Liahona*, May 2021, 19–23
- “A Good Samaritan,” “The Greatest Commandment” (videos), ChurchofJesusChrist.org
- President Dallin H. Oaks taught: “Our zeal to keep [the] second commandment must not cause us to forget the first, to love God with all our heart, soul, and mind. . . . We must try to keep both of the great commandments. To do so, we walk a fine line between law and love—keeping the commandments and walking the covenant path, while loving our neighbors along the way. This walk requires us to seek divine inspiration on what to support and what to oppose and how to love and listen respectfully and teach in the

process. Our walk demands that we not compromise on commandments but show forth a full measure of understanding and love” (“Two Great Commandments,” *Ensign* or *Liahona*, Nov. 2019, 73–75).

- President Russell M. Nelson taught: “Latter-day Saints . . . truly seek to live the first and second great commandments. When we love *God* with all our hearts, He turns our hearts to the well-being of *others* in a beautiful, virtuous cycle. . . . Giving help to others—making a conscientious effort to care about others as much as or *more* than we care about ourselves—is our joy. Especially, I might add, when it is not convenient and when it takes us out of our comfort zone. *Living* that second great commandment is the *key* to becoming a true disciple of Jesus Christ” (“The Second Great Commandment,” *Ensign* or *Liahona*, Nov. 2019, 97, 100).

Teaching in the Savior’s Way

Your personal experience with living the gospel will enable you to bear powerful witness of the principles you teach. Because you are living them, the Holy Ghost can witness that what you are teaching is true.



MAY 14

How Does the Lord Help Men and Women to Work Unitedly in Marriage?

MATTHEW 19–20; MARK 10; LUKE 18



Counsel Together

Led by a member of the class or quorum presidency; 10–20 minutes

At the beginning of the meeting, repeat together the Young Women Theme or the Aaronic Priesthood Quorum Theme. Then lead a discussion about the work of salvation and exaltation using one or more of the questions below or questions of your own (see *General Handbook*, 10.2, 11.2). Plan ways to act on what you discuss.

- *Live the gospel.* How can turning to the Lord help us deal with challenges and trials?

- *Care for those in need.* Who do we know who needs our prayers and our friendship?
- *Invite all to receive the gospel.* What plans to share the gospel have been discussed in ward youth council meetings? How can our class or quorum get involved?
- *Unite families for eternity.* How can doing family history work strengthen our relationships with Heavenly Father and Jesus Christ?

At the end of the lesson, as appropriate, do the following:

- Testify of the principles taught.
- Remind class or quorum members about the plans and invitations made during the meeting.



Teach the Doctrine

Led by an adult leader or youth; 25–35 minutes

Prepare Yourself Spiritually

Beginning with Adam and Eve, Heavenly Father and Jesus Christ have sought to strengthen and unify wives and husbands in marriage. The Savior taught, “For this cause shall a man leave father and mother, and shall cleave to his wife: and they twain shall be one flesh” (Matthew 19:5). At the same time, Satan does all he can to break marriages apart and destroy families. Members of your class or quorum are likely aware of the many challenges that face marriages today. Perhaps they have also seen wives and husbands working together and seeking heaven’s help to achieve unity. Ponder how these experiences might be teaching them about what it takes to achieve unity in a marriage. What can you do to teach them the importance of preparing now for future marriage relationships?

Last week, class or quorum members had the opportunity to read the Savior’s teachings on marriage in Matthew 19:4–6. To prepare to teach, study these verses, along with President Dieter F. Uchtdorf’s message “In Praise of Those Who Save” (*Ensign* or *Liahona*, May 2016, 77–80) or other messages suggested in this outline.

Learn Together

Marriage may not be on the minds of many youth. However, something so important deserves careful preparation. Perhaps you could invite the youth to imagine that they are kneeling at an altar in the temple to be sealed and the sealer has counseled them to study Matthew 19:4–6. What truths do we find in these verses that would help a newly married couple? How do a husband and wife become “one”? How does the Savior help? Activities like these

can help your class or quorum understand how to achieve unity in marriage.

- Adam and Eve provide a great example of a husband and wife working together in unity. You could display a picture of them (see *Gospel Art Book* [2009], no. 5) and ask your class or quorum to read Moses 5:1–12, looking for ways in which Adam and Eve worked together in unity. What did they do so that God could bless their relationship? To help the youth learn more about unity in marriage, they could study the scriptures in “Supporting Resources.”
- President Dieter F. Uchtdorf taught that in many societies today, “everything seems to be disposable.” But this attitude must not apply to our marriages and families; rather, we should “dedicate our best efforts to saving and enriching [them]” (“In Praise of Those Who Save,” 77). To help illustrate this point, you could invite the youth to think of something they recently replaced that was broken, worn out, or outdated. Why are marriages different from replaceable items like these? The class or quorum could then read the section of President Uchtdorf’s message titled “Saving Our Marriages” and share ways husbands and wives can work together and with the Savior to strengthen their marriages. What can we do now to prepare for strong, unified marriages?
- Consider writing *Unity in Marriage* on the board and inviting the youth to list things that wives and husbands can do to be unified. Then ask the youth to search “The Family: A Proclamation to the World” (ChurchofJesusChrist.org) for ideas they can add to their list. What qualities do your class or quorum members see in each other or in married couples they know that are important for unity in marriage? Why is it important to develop and apply these principles in our relationships now? The videos in “Supporting Resources” give some examples of these qualities in action.

- If members of your class or quorum have questions or concerns about divorce, consider reviewing together portions of President Dallin H. Oaks’s message “Divorce” (*Ensign* or *Liahona*, May 2007, 70–73).



Beginning with Adam and Eve, Heavenly Father and Jesus Christ have sought to strengthen and unify wives and husbands in marriage.

Act in Faith

Encourage class or quorum members to ponder and record what they will do to act on the impressions they received today. If they would like, they could share their ideas. Invite them to think about how

acting on their impressions will strengthen their relationships with Heavenly Father and Jesus Christ.

Supporting Resources

- 1 Corinthians 11:11; Doctrine and Covenants 42:22; 49:15–17; Moses 3:18, 21–24 (The importance of unity in marriage)
- “Renaissance of Marriage,” “Let Us Be Men,” “Expressions of Love” (videos), ChurchofJesusChrist.org

Teaching in the Savior’s Way

Sincere expressions of Christlike love have great power to soften the hearts of class members who are struggling. To help class members feel needed and loved, you could ask them to participate in an upcoming lesson by sharing an experience or their feelings about a scripture.



He Comes Again to Rule and Reign, by Mary R. Sauer

MAY 28

What Can I Do Now to Prepare for the Savior's Second Coming?

JOSEPH SMITH—MATTHEW 1; MATTHEW 24–25; MARK 12–13; LUKE 21



Counsel Together

Led by a member of the class or quorum presidency; 10–20 minutes

At the beginning of the meeting, repeat together the Young Women Theme or the Aaronic Priesthood Quorum Theme. Then lead a discussion about the work of salvation and exaltation using one or more of the questions below or questions of your own (see *General Handbook*, 10.2, 11.2). Plan ways to act on what you discuss.

- *Live the gospel.* What did we discuss last time, and what invitations or assignments were made? What have we done to act on those invitations or assignments?
- *Care for those in need.* What can we do or say to reach out to those who might feel alone or distant from Heavenly Father?

- *Invite all to receive the gospel.* What are some ways we can help others feel the love of Jesus Christ?
- *Unite families for eternity.* What ideas can we share with each other to help strengthen our families?

At the end of the lesson, as appropriate, do the following:

- Testify of the principles taught.
- Remind class or quorum members about the plans and invitations made during the meeting.



Teach the Doctrine

Led by an adult leader or youth; 25–35 minutes

Prepare Yourself Spiritually

How do the youth you teach feel about living in the last days before the Second Coming of Jesus Christ? It's true that these are perilous times, marked by

adversity, wickedness, and destruction. But when the Savior described our day to His disciples near the end of His mortal life, He gave us hope. While acknowledging the coming darkness, He promised that His light would “[cover] the whole earth” at His return (see Joseph Smith—Matthew 1:22–26; see also Doctrine and Covenants 45:34–38).

How can you help the youth better understand the blessings and opportunities of living in the latter days? What can you do to inspire them to prepare themselves and the world for the Savior’s Second Coming? In addition to studying this week’s scripture passages, consider reviewing a few resources listed in “Second Coming of Jesus Christ” in Gospel Topics (topics.ChurchofJesusChrist.org).

Learn Together

To help the youth review what they’ve read in the scriptures this week, you could write these headings on the board: *Somber Prophecies* and *Glorious Pronouncements* (see Russell M. Nelson, “Embrace the Future with Faith,” *Ensign* or *Liahona*, Nov. 2020, 73–76). Then each person could review Joseph Smith—Matthew 1:22–37 and list “somber” and “glorious” things that will happen before the Savior returns. Why is it important for us to be aware of these events? To help the youth learn more about how to prepare for the Savior’s coming, consider the following activities or one of your own.

- The scriptures in “Supporting Resources” can help the youth understand how Heavenly Father is preparing the way for the Second Coming of His Son. Consider writing the events described in the scriptures on the board and asking each person to read one of the scripture passages. Each person could match their passage to an event on the board and discuss the passage with the class. What do these events suggest about our role in preparing for the Savior’s Second Coming? What are we inspired to do as a class or quorum?

- President Russell M. Nelson counseled: “How *are* we to deal with both the somber prophecies and the glorious pronouncements about our day? The Lord told us how with simple, but stunning, reassurance: ‘If ye are prepared ye shall not fear’ [Doctrine and Covenants 38:30]” (“Embrace the Future with Faith,” 74). To help the youth be more prepared for the Savior’s return, consider asking each of them to read one of the three principles of preparation President Nelson shared in his message. Invite them to share what they learn. What are we inspired to do to act on President Nelson’s counsel?
- At the beginning of his message titled “Preparing for the Lord’s Return,” Elder D. Todd Christofferson described what the world will be like after the Second Coming of Jesus Christ (*Ensign* or *Liahona*, May 2019, 81–84). Invite the youth to review his description and contrast it with what the world is like now. They could discuss what we can do now to be ready to live in the kind of world that Elder Christofferson described. (The four paragraphs of his message beginning with “First, and crucial for the Lord’s return” might be helpful.) How does the Savior’s Church help prepare us for His Second Coming? Elder Christofferson listed three ways in which the Church is “uniquely empowered and commissioned to accomplish the necessary preparations for the Lord’s Second Coming.” Class members could identify and discuss these things.



If we are prepared, we do not need to fear the events leading up to the Savior’s Second Coming.

Act in Faith

Encourage class or quorum members to ponder and record what they will do to act on the impressions they received today. If they would like, they could share their ideas. Invite them to think about how acting on their impressions will strengthen their relationships with Heavenly Father and Jesus Christ.

Supporting Resources

- Doctrine and Covenants 65:1–2 (Restoration of the gospel)
- Doctrine and Covenants 20:8–12 (Coming forth of the Book of Mormon)
- Malachi 4:5–6; Doctrine and Covenants 110:13–16 (Restoration of priesthood keys)
- 3 Nephi 21:1, 8 (Gathering of Israel)
- Joseph Smith—Matthew 1:28–30 (War, turmoil, and iniquity)
- Joseph Smith—Matthew 1:31 (Gospel preached to the world)
- Gary E. Stevenson, “A Good Foundation against the Time to Come,” *Ensign or Liahona*, May 2020, 48–52

Teaching in the Savior’s Way

Teach learners that sometimes the Spirit will teach them things during a class discussion that are never spoken aloud.



JUNE 11

How Can I Grow Closer to Heavenly Father and Jesus Christ?

JOHN 14–17



Counsel Together

Led by a member of the class or quorum presidency; 10–20 minutes

At the beginning of the meeting, repeat together the Young Women Theme or the Aaronic Priesthood Quorum Theme. Then lead a discussion about the work of salvation and exaltation using one or more of the questions below or questions of your own (see *General Handbook*, 10.2, 11.2). Plan ways to act on what you discuss.

- *Live the gospel.* What recent experiences have strengthened our testimonies?

- *Care for those in need.* Who needs our help and prayers? What do we feel impressed to do to help?
- *Invite all to receive the gospel.* How can we be a light to family members or friends who don't share our beliefs?
- *Unite families for eternity.* How can we show more love and support for our families and make a positive difference in our homes?

At the end of the lesson, as appropriate, do the following:

- Testify of the principles taught.
- Remind class or quorum members about the plans and invitations made during the meeting.



Teach the Doctrine

Led by an adult leader or youth; 25–35 minutes

Prepare Yourself Spiritually

Fruit cannot grow on a branch that is separated from its tree. In the same way, we cannot grow spiritually if we are separated from God (see John 15:4–6). Yet there are so many forces that seek to separate us from Him—sometimes our own pride or poor choices but often just the conditions of mortal life. When Jesus met with His disciples for the last time in mortality, He knew that He would soon be separated from them. So He taught them about the importance of keeping a close connection with Him and His Father—of being as united to them as a branch is to a tree. He called this “abiding” in Him. And He taught His disciples how to do this. Most important of all, through His atoning sacrifice, He made that connection possible.

Ponder your connection with Heavenly Father and Jesus Christ as you study John 14–17. Think also about the people you teach and their desires to be closer to God. What will you do to help them? You might ponder Doctrine and Covenants 88:62–68 as you prepare to teach.

Learn Together

Consider how you might inspire the youth to discuss the Savior’s teachings about vines and branches in John 15:1–12. Maybe you could use a drawing, a picture, or an actual branch to help them visualize what Jesus taught. You could ask them to talk about times when they have felt close to Heavenly Father and Jesus Christ—or times when they have felt distant from Them. What do these verses teach about how we can stay close to Them? Activities like the following can help further this conversation.

- It might be valuable to spend some time exploring the question “What distances us from Heavenly Father and Jesus Christ?” You could write the question on the board and ask for answers. Perhaps you could then talk about what we do to build a relationship with a friend or family member. How is this similar to—and different from—the way we build a relationship with Heavenly Father and Jesus Christ? How does Jesus Christ help us draw close to Him and His Father? Encourage class or quorum members to read the scriptures in “Supporting Resources” to help them answer this question. The youth might benefit from studying these verses in pairs and sharing what they learn.
- No one is closer to God the Father than His Beloved Son, Jesus Christ. What do we learn from the Savior about drawing closer to God? Class and quorum members could ponder this question as they read Luke 22:41–43; John 6:38; 17:3, 20–23; 3 Nephi 11:11; Doctrine and Covenants 50:43. How can we become one with Heavenly Father and Jesus Christ?
- In his message “Our Personal Savior,” Elder Michael John U. Teh recalled a time when he realized, “What I know about the Savior greatly outweighed how much I really know Him” (*Liahona*, May 2021, 99). You might ask your class or quorum to discuss the differences between knowing about Jesus Christ and actually knowing Him. They could talk about what they are doing to know about Him and what they are doing to truly know Him. They could then search portions of Elder Teh’s message to find counsel he gave about coming to truly know the Savior. How have our lives been blessed by seeking to know Him?
- In the video “He Knows Me,” two youth from Ghana described their efforts to draw closer to God. Maybe class or quorum members could watch the video and, as they do, make a list of ideas it gives them about how to improve their relationship with their Father in Heaven. Invite

them to share something from their lists. If possible, they might enjoy making their own short videos describing how they draw closer to God.



As we come to know the Savior and keep His commandments, we will abide in His love (see John 15:10).

Act in Faith

Encourage class or quorum members to ponder and record what they will do to act on the impressions

they received today. If they would like, they could share their ideas. Invite them to think about how acting on their impressions will strengthen their relationships with Heavenly Father and Jesus Christ.

Supporting Resources

- John 14:6; 1 Timothy 2:5–6; Jacob 4:11; Mosiah 3:19; Doctrine and Covenants 88:63; Moses 6:52

Teaching in the Savior's Way

The Savior prepared for His earthly ministry by praying and fasting so that He could be close to His Father (see Matthew 4:1–2; Luke 4:1–2). As you prepare to teach, take time to seek Heavenly Father's guidance, for you are teaching His children!



The Savior's Atonement: Foundation of True Christianity, by Kirk Richards

JUNE 25

What Does Jesus Christ's Atonement Mean to Me?

MATTHEW 27; MARK 15; LUKE 23; JOHN 19



Counsel Together

Led by a member of the class or quorum presidency; 10–20 minutes

At the beginning of the meeting, repeat together the Young Women Theme or the Aaronic Priesthood Quorum Theme. Then lead a discussion about the work of salvation and exaltation using one or more of the questions below or questions of your own (see *General Handbook*, 10.2, 11.2). Plan ways to act on what you discuss.

- *Live the gospel.* How have we come closer to the Savior? How are we trying to be more like Him?
- *Care for those in need.* Who has been on our minds lately? How can we help these individuals?
- *Invite all to receive the gospel.* How can we answer our friends' questions about the Church in a way that strengthens their faith in the Savior?

- *Unite families for eternity.* What are some ways we can better connect with extended family members, such as grandparents and cousins?

At the end of the lesson, as appropriate, do the following:

- Testify of the principles taught.
- Remind class or quorum members about the plans and invitations made during the meeting.



Teach the Doctrine

Led by an adult leader or youth; 25–35 minutes

Prepare Yourself Spiritually

Elder David A. Bednar has observed that some Latter-day Saints “seem to have faith in the Savior, but they do not believe His promised blessings are available to them” (“If Ye Had Known Me,” *Ensign* or *Liahona*, Nov. 2016, 104). In other words, even though we believe that Jesus Christ suffered and

died for the sins of the world, we might wonder if He suffered and died specifically for our sins. Have you ever felt that way? How would the people in your class or quorum benefit from understanding that the Savior's Atonement applies to them personally? How can you help them?

Ponder these questions as you read about the Savior's Crucifixion this week. As you prepare to teach about the personal nature of Christ's Atonement, you might study President Dallin H. Oaks's message "What Has Our Savior Done for Us?" (*Liahona*, May 2021, 75–77).

Learn Together

Invite class or quorum members to share something they learned about the Savior's Crucifixion this past week in the New Testament and their feelings about the Savior. To help prompt them, you could ask a question like "What do we learn about Jesus Christ from the things He said and did during His final hours?" For example, you could explore instances when the Savior, while suffering for all, still viewed those around Him with compassion (see, for example, Luke 23:34, 39–43; John 19:25–27). This could lead to a discussion about how Jesus Christ's Atonement is both universal and personal. Activities like the following can help you further discuss the Savior's Atonement:

- In the first paragraph of his message "What Has Our Savior Done for Us?," President Dallin H. Oaks described a conversation with a woman who wasn't convinced that Jesus Christ had done anything for her. Perhaps class or quorum members could read that paragraph, putting themselves in President Oaks's place. What might we say to this woman? You could give each class or quorum member one of the numbered sections of President Oaks's message. Using what they learn, along with their own experiences, they could then share their own answers to the question "What has Jesus Christ done for me?"

- To inspire a discussion about how the Savior's Atonement affects us personally, you could write on the board a phrase like *Because Jesus Christ suffered and died for all people . . .* Class or quorum members could suggest ways to complete the sentence. Then you could change the phrase to read *Because Jesus Christ suffered and died for me . . .* and invite any additional suggestions. As class or quorum members discuss these statements, encourage them to read the scriptures in "Supporting Resources." What do these scriptures teach us about the influence of the Savior's Atonement in our individual lives?
- Another way to study the scriptures in "Supporting Resources" could be to invite the youth to replace words in the verses so that the verses are addressed directly to them. How does doing this affect our feelings about the truths in the verses? How can we show our gratitude for the Savior's sacrifice for us?
- Sacred music can testify powerfully of Jesus Christ. Consider inviting class or quorum members to come prepared to share hymns that help them feel the power of the Savior's Atonement in their own lives. (They could look at sacrament hymns or the entry "Jesus Christ—Savior" in the topics index of *Hymns*.) Ask class or quorum members to identify phrases in the hymns that help them feel the Savior's love for them personally. You might also talk about how the Savior's sacrifice affects our daily lives. For example, how does it affect the choices we make?



Christ in Gethsemane, by Dan Burr

Act in Faith

Encourage class or quorum members to ponder and record what they will do to act on the impressions they received today. If they would like, they could share their ideas. Invite them to think about how acting on their impressions will strengthen their relationships with Heavenly Father and Jesus Christ.

Supporting Resources

- 1 Corinthians 15:20–22; 2 Corinthians 12:7–9; Alma 7:11–12; 3 Nephi 11:10–11

- Tad R. Callister, “The Atonement of Jesus Christ,” *Ensign or Liahona*, May 2019, 85–87

Teaching in the Savior’s Way

Sincere expressions of Christlike love have great power to soften the hearts of class members who are struggling with the gospel. Often these individuals simply need to know that they are needed and loved.



After His Resurrection, the Savior led His Church through His Apostles, including Peter.

JULY 9

How Does Jesus Christ Lead His Church?

ACTS 1-5



Counsel Together

Led by a member of the class or quorum presidency; 10–20 minutes

At the beginning of the meeting, repeat together the Young Women Theme or the Aaronic Priesthood Quorum Theme. Then lead a discussion about the work of salvation and exaltation using one or more of the questions below or questions of your own (see *General Handbook*, 10.2, 11.2). Plan ways to act on what you discuss.

- *Live the gospel.* What topics has the bishopric discussed in our ward youth council meetings? What can we do as a class or quorum based on those discussions?

- *Care for those in need.* How can we reach out to people in Christlike ways when we see a need and don't know what to say?
- *Invite all to receive the gospel.* What have we found in the gospel of Jesus Christ that brings us joy? How can we share that joy with others?
- *Unite families for eternity.* What are we doing to find names of our ancestors who need temple ordinances? What can we do to help others find the names of their ancestors?

At the end of the lesson, as appropriate, do the following:

- Testify of the principles taught.
- Remind class or quorum members about the plans and invitations made during the meeting.



Teach the Doctrine

Led by an adult leader or youth; 25–35 minutes

Prepare Yourself Spiritually

It's one thing to know that the Church is good, that the Church teaches true principles, or that the Church can help you become a better person. It's another thing to know that the Church today is literally the Church of Jesus Christ, established by Him and led personally and continually by Him through a living prophet. The book of Acts gives abundant evidence that the Savior is intimately involved in leading His Church. As you study chapters 1–5, look for that evidence, and ponder how you know that He continues to lead His Church today. How has this knowledge blessed you?

Do the youth you teach have a testimony that the Church they belong to is led by the Savior Himself? How would such a testimony bless them? How can you help them gain or strengthen this testimony? In addition to studying Acts 1–5, you might also read Elder Quentin L. Cook's message "The Blessing of Continuing Revelation to Prophets and Personal Revelation to Guide Our Lives" (*Ensign* or *Liahona*, May 2020, 96–100).

Learn Together

To begin your discussion, you could write on the board *Jesus Christ led His Church through revelation to His Apostles*. Class or quorum members could share something they found in their study of Acts 1–5 that supports this statement. (If necessary, you could direct them to Acts 1:1–8; 2:36–39; 4:1–13, 31–33.) What evidence do we see that Jesus Christ leads His Church in the same way today? Activities like the following can help those you teach strengthen their faith in this important truth.

- You could prepare several questions like these: *How does Jesus Christ lead His Church? How can we increase our faith that Jesus Christ is leading His Church? Why do you trust the Lord's prophets and apostles?* Give each class or quorum member one of the questions, and invite them to ponder the question and think of scriptures that could help them answer it (if needed, see "Supporting Resources" for some ideas). Then give time for everyone to share and discuss what they learned.
- To help the class or quorum see how the Lord leads His Church, you might invite them to review the first section of Elder Quentin L. Cook's message "The Blessing of Continuing Revelation to Prophets and Personal Revelation to Guide Our Lives." Perhaps each class or quorum member could share something from the message that helps them know that Jesus Christ is actively and personally leading His Church. What other insights do we find in the scriptures under "Supporting Resources"?
- It could also be helpful for the youth to learn more about how the Lord is leading your ward. You might ask the youth to share examples of how the Lord is guiding individual ward leaders, including the class or quorum president. During the week before class, you might ask some ward leaders to share—in person or electronically—experiences that show how the Lord guides them. Class or quorum members could find additional examples in President Henry B. Eyring's message "The Lord Leads His Church" (*Ensign* or *Liahona*, Nov. 2017, 81–84). Why is it important to have faith that the Lord is inspiring our ward leaders?
- Some people feel that if we are good people and do good things, we do not need a church. You might ask the youth how they would respond to this. In his message "The Need for a Church" (*Liahona*, Nov. 2021, 24–26), President Dallin H. Oaks gave several reasons why churches, including the Lord's restored Church, are important. The youth could search this message in pairs, in

small groups, or as a class or quorum and share what they find.



The Lord guides His Church through revelation, including to class and quorum presidencies.

Act in Faith

Encourage class or quorum members to ponder and record what they will do to act on the impressions

they received today. If they would like, they could share their ideas. Invite them to think about how acting on their impressions will strengthen their relationships with Heavenly Father and Jesus Christ.

Supporting Resources

- Ephesians 2:19–20; 4:11–15; Doctrine and Covenants 1:38; 21:1–6; Articles of Faith 1:5–6

Teaching in the Savior's Way

To invite the Spirit into your teaching, encourage others to share their personal witness of the truth you are discussing.



Jesus and His Disciples, by Balage Balogh/Art Resource, NY

JULY 23

What Does It Mean to Be a Disciple of Jesus Christ?

ACTS 10–15



Counsel Together

Led by a member of the class or quorum presidency; 10–20 minutes

At the beginning of the meeting, repeat together the Young Women Theme or the Aaronic Priesthood Quorum Theme. Then lead a discussion about the work of salvation and exaltation using one or more of the questions below or questions of your own (see *General Handbook*, 10.2, 11.2). Plan ways to act on what you discuss.

- *Live the gospel.* How have we seen the hand of the Lord in our lives?
- *Care for those in need.* How can we support each other in the things we are going through?
- *Invite all to receive the gospel.* How can we better use technology as a tool to share the gospel?

- *Unite families for eternity.* What are we doing to help our families come unto Christ?

At the end of the lesson, as appropriate, do the following:

- Testify of the principles taught.
- Remind class or quorum members about the plans and invitations made during the meeting.



Teach the Doctrine

Led by an adult leader or youth; 25–35 minutes

Prepare Yourself Spiritually

Chapter 11 of Acts notes that for the first time “the disciples were called Christians” (verse 26). It is a sacred privilege and responsibility to be known as one of Christ’s disciples and to be called by His name. As President M. Russell Ballard said: “Do we realize how blessed we are to take upon us the

name of God’s Beloved and Only Begotten Son? Do we understand how significant that is? The Savior’s name is the only name under heaven by which man can be saved” (“The Importance of a Name,” *Ensign* or *Liahona*, Nov. 2011, 79).

What does it mean to you to be a Christian—a disciple of Jesus Christ? What does it mean to the members of your class or quorum? How does taking His name upon yourself influence you? You might also think of times when you were inspired by the example of someone who acted as a true disciple of Christ.

As you prepare to teach, in addition to reading Acts 10–15, consider reading one or more of the general conference messages found in “Supporting Resources.”

Learn Together

To help members of your class or quorum understand what it means to be a disciple of Jesus Christ, you could invite them to finish the following statement: “A disciple of Jesus Christ is someone who . . .” They could review Acts 11:19–26, looking for insights in verses 21, 23–24, 26 about how these Church members showed that they were disciples. How does being followers of Jesus Christ influence our thoughts and behaviors? Activities like these can add to this discussion.

- It could be helpful to discuss what a disciple of Jesus Christ is (see the statement by Elder Robert D. Hales in “Supporting Resources”). You might ask the youth to share some teachings of Jesus Christ that inspire them and some things they have learned from His example. They could search some of the scriptures in “Supporting Resources,” or others they know of, for ideas. They could list on the board what they learned about the Savior from the passages. They could then talk about ways they can sincerely follow the teachings and examples listed on the board.

- Ask class or quorum members to think about what it means to be a Christian. They could make a list of qualities they would expect to find in the life of someone who follows Jesus Christ (see, for example, John 13:34–35). You could split the youth into two groups and ask each group to read one of the following messages looking for additional qualities they would add to their list: Elder Terence M. Vinson, “True Disciples of the Savior” (*Ensign* or *Liahona*, Nov. 2019, 9–11) and Elder Massimo De Feo, “Pure Love: The True Sign of Every True Disciple of Jesus Christ” (*Ensign* or *Liahona*, May 2018, 81–83). Invite the youth to ponder something on the list they want to improve on.
- You might ask class or quorum members what it means to them to be called by the name of Jesus Christ. Perhaps they could share experiences they’ve had when someone learned they are members of The Church of Jesus Christ of Latter-day Saints. How do we feel about being known as followers of Jesus Christ and members of His Church? The youth could also explore several scriptures or one of the messages in “Supporting Resources,” looking for insights that inspire them to live up to the name of Jesus Christ, which they have taken upon themselves. How does being called by the name of Jesus Christ affect the choices we make?



As members of Christ’s Church, we are His disciples and are called by His name.

Act in Faith

Encourage class or quorum members to ponder and record what they will do to act on the impressions they received today. If they would like, they could share their ideas. Invite them to think about how acting on their impressions will strengthen their relationships with Heavenly Father and Jesus Christ.

Supporting Resources

- Matthew 5:38–47; 6:19–21; 7:1–5; 25:31–40; Luke 10:25–37; John 13:34–35; 14:15 (Jesus Christ’s teachings)
- Matthew 4:1–11; Mark 6:35–44; Luke 4:16–19; 22:39–42; 23:33–34; Acts 10:38 (Jesus Christ’s example)
- Jeremiah 15:16; Mosiah 5:7–15; Alma 46:12–15; 3 Nephi 27:3–8 (Taking the Savior’s name upon ourselves)
- Lisa L. Harkness, “Honoring His Name,” *Ensign* or *Liahona*, Nov. 2019, 60–62
- Paul B. Pieper, “All Must Take upon Them the Name Given of the Father,” *Ensign* or *Liahona*, Nov. 2018, 43–45

- Elder Robert D. Hales taught: “What does it mean to be a disciple of our Lord Jesus Christ? A disciple is one who has been baptized and is willing to take upon him or her the name of the Savior and follow Him. A disciple strives to become as He is by keeping His commandments in mortality, much the same as an apprentice seeks to become like his or her master.

“Many people hear the word *disciple* and think it means only ‘follower.’ But genuine discipleship is a state of being. This suggests more than studying and applying a list of individual attributes. Disciples live so that the characteristics of Christ are woven into the fiber of their beings, as into a spiritual tapestry” (“Becoming a Disciple of Our Lord Jesus Christ,” *Ensign* or *Liahona*, May 2017, 46).

Teaching in the Savior’s Way

As a teacher, you can encourage uplifting discussions enriched by learners’ experiences and testimonies.



AUGUST 13

How Can Jesus Christ Help Me Change?

ROMANS 1–6



Counsel Together

Led by a member of the class or quorum presidency; 10–20 minutes

At the beginning of the meeting, repeat together the Young Women Theme or the Aaronic Priesthood Quorum Theme. Then lead a discussion about the work of salvation and exaltation using one or more of the questions below or questions of your own (see *General Handbook*, 10.2, 11.2). Plan ways to act on what you discuss.

- *Live the gospel.* How are we finding joy in following Jesus Christ?
- *Care for those in need.* Who in our ward or community needs our help? How can we help them?
- *Invite all to receive the gospel.* How can we help each other prepare for missionary service?

- *Unite families for eternity.* How can we contribute to our ward’s efforts to do family history and temple work?

At the end of the lesson, as appropriate, do the following:

- Testify of the principles taught.
- Remind class or quorum members about the plans and invitations made during the meeting.



Teach the Doctrine

Led by an adult leader or youth; 25–35 minutes

Prepare Yourself Spiritually

“The gospel of Jesus Christ *is* a gospel of change!” President Russell M. Nelson has said (“Decisions for Eternity,” *Ensign* or *Liahona*, Nov. 2013, 108). Similarly, the Apostle Paul explained that when we are baptized, we “walk in newness of life” (Romans

6:4). Because of Jesus Christ, every day—not just the day we are baptized—can bring “newness of life” or a chance to walk farther from sin and closer to God. To live the gospel of Jesus Christ means to repent and grow closer to God—constantly, sometimes gradually—knowing that our efforts will lead us to a fulness of joy.

Ponder how the Savior is changing you and the people you teach. How can you more completely receive the Savior’s power to change you? Think about this as you read Romans 1–6 and as you prepare to teach. You might also review President Russell M. Nelson’s message “We Can Do Better and Be Better” (*Ensign* or *Liahona*, May 2019, 67–69) or Sister Becky Craven’s message “Keep the Change” (*Ensign* or *Liahona*, Nov. 2020, 58–60).

Learn Together

For some of us, the “newness of life” that Christ offers (Romans 6:4) is hard to discern because it happens gradually, while for others, this change happens more quickly. You might invite class or quorum members to share what “walk in newness of life” means to them. What are some words and phrases from Romans 6 that describe our lives with and without the Savior’s influence? (If the youth need help, they could look in verses 6, 11, 22–23.) What other words and phrases can we think of? How does the Savior offer to help us change? Activities like the following can lead to a deeper discussion on this topic.

- To help the class or quorum think about changes the Savior could help them make, invite them to read the definition under “Repent, Repentance” in Guide to the Scriptures (scriptures.ChurchofJesusChrist.org). They could

also discuss President Russell M. Nelson’s definition of repentance in the first seven paragraphs of his message “We Can Do Better and Be Better.” What important truths do we learn about repentance from these definitions? You might also give the class or quorum time to ponder President Nelson’s list of things Jesus asks us to change (in the fifth paragraph of his message). Encourage them to write down something specific they feel prompted to change. Bear your testimony about the Savior’s power to help us repent and change.

- Sister Becky Craven said that friends from her past sometimes say, “You haven’t changed at all!” You might share Sister Craven’s comments about this (see “Keep the Change,” 59–60). Ask class or quorum members to imagine that in five or ten years, they run into a friend from their past. What changes might be obvious to our friends? In what ways do we hope we will have changed? How can faith in Jesus Christ help us to change? (see Mosiah 5:2–5, 7; Alma 5:11–13; Ether 12:27, or the “continuous pattern for change” Sister Craven described in the four paragraphs of her message beginning with “When I was younger”). You might ask the youth to share any experiences when Jesus Christ helped them change.
- Sometimes we may think that we are expected to make changes or improvements in our lives all on our own. How is this different from true repentance? To help your class or quorum discuss this question, you could review together the statements in “Supporting Resources.” What can we do now to seek the Savior’s help and power so that our changes will be permanent and joyful? This could be a good opportunity for the youth to consider their personal development goals. How can we include the Savior in our goals?



Faith in Jesus Christ helps us to repent and become more like Him each day.

Act in Faith

Encourage class or quorum members to ponder and record what they will do to act on the impressions they received today. If they would like, they could share their ideas. Invite them to think about how acting on their impressions will strengthen their relationships with Heavenly Father and Jesus Christ.

Supporting Resources

- President Russell M. Nelson explained: “We can change our behavior. Our very desires can change. How? There is only one way. True change—permanent change—can come only through the healing, cleansing, and enabling power of the Atonement of Jesus Christ. He loves you—each of you! He allows you to access His power as you keep His commandments,

eagerly, earnestly, and exactly” (“Decisions for Eternity,” 108).

- Elder Dale G. Renlund taught: “The power that makes repentance possible [is] the atoning sacrifice of our Savior. Real repentance must involve faith in the Lord Jesus Christ, faith that He can change us, faith that He can forgive us, and faith that He will help us avoid more mistakes. This kind of faith makes His Atonement effective in our lives. When we . . . ‘turn around’ [repent] with the Savior’s help, we can feel hope in His promises and the joy of forgiveness. Without the Redeemer, the inherent hope and joy evaporate, and repentance becomes simply miserable behavior modification. But by exercising faith in Him, we become converted to His ability and willingness to forgive sin” (Dale G. Renlund, “Repentance: A Joyful Choice,” *Ensign* or *Liahona*, Nov. 2016, 122).

Teaching in the Savior’s Way

The activities in this outline suggest possible ways to help your class or quorum learn together about the Savior and His power to help us change. There may be other approaches that will work better for those you teach. Prayerfully seek the guidance of the Spirit as you plan ways to build faith in Jesus Christ.



Indianapolis Indiana Temple

AUGUST 27

How Can I Show That I Know My Body Is a Sacred Gift from God?

1 CORINTHIANS 1-7



Counsel Together

Led by a member of the class or quorum presidency; 10–20 minutes

At the beginning of the meeting, repeat together the Young Women Theme or the Aaronic Priesthood Quorum Theme. Then lead a discussion about the work of salvation and exaltation using one or more of the questions below or questions of your own (see *General Handbook*, 10.2, 11.2). Plan ways to act on what you discuss.

- *Live the gospel.* What recent experiences have brought us closer to Heavenly Father and Jesus Christ?

- *Care for those in need.* Has someone recently moved into our ward or joined the Church? How can we help them feel welcome?
- *Invite all to receive the gospel.* What activities are coming up that we can invite our friends to attend?
- *Unite families for eternity.* What efforts can we make to record our personal histories?

At the end of the lesson, as appropriate, do the following:

- Testify of the principles taught.
- Remind class or quorum members about the plans and invitations made during the meeting.



Teach the Doctrine

Led by an adult leader or youth; 25–35 minutes

Prepare Yourself Spiritually

For better or for worse, Latter-day Saints seem to be well known for what we *don't* do. Many of those “don'ts” have to do with the way we treat our physical bodies. Behind each of those choices about what to *do* are some eternal truths—what we *know*. When eternal truths guide our choices, those choices become easier to make, more joyful, and more enduring. Eternal truths also help us explain our choices to our friends. Perhaps in addition to being known for what we don't do, we could be better known for what we know.

Think about the eternal truths you know about our physical bodies—why we have them, how God feels about them, and how He wants us to feel about them. How has knowing these truths blessed you and influenced your choices? How can this knowledge bless the members of your class or quorum? As you ponder this, read Genesis 1:27; 1 Corinthians 6:19–20; and President Russell M. Nelson's article “Your Body: A Magnificent Gift to Cherish” (*Liahona*, Aug. 2019, 50–55).

Learn Together

As the members of your class or quorum studied the scriptures this week, they may have had thoughts on Paul's teachings about our bodies in 1 Corinthians 6. One way to invite them to share those thoughts is to give each of them a piece of paper and ask them to write at least three possible answers to the question “How are our bodies like temples?” Encourage them to read 1 Corinthians 6:19–20 as they ponder this question. They could then share their answers with each other. How do the Savior's teachings about our bodies influence

the choices we make? Here are some additional activity ideas on this topic; choose from these, or plan one of your own.

- If you would like to have further discussion about Paul's comparison between the body and the temple, consider showing pictures of several different temples. You can find some at temples.ChurchofJesusChrist.org. Class or quorum members could discuss differences they see in these temples, along with things they have in common. They could also talk about how they feel when they are in the temple. What is it that makes the temple such a spiritual, sacred place? You could then encourage the class or quorum to relate the things they have discussed about temples to our bodies. How could the teachings about temples in Doctrine and Covenants 97:15–16; 109:8, 12 relate to our physical bodies?
- Members of your class or quorum likely have had—or will have—opportunities to explain why they follow the Savior's teachings about caring for their bodies. You might ask some of them what they might say if, for example, someone asked them why they don't drink alcohol, tea, or coffee or why they don't wear certain kinds of clothes. What are some truths from the gospel of Jesus Christ that affect how we treat our bodies? Class or quorum members could look for some of these truths under “Supporting Resources.”
- To help those you teach deepen their reverence for our miraculous bodies, you could show the video “God's Greatest Creation” (see also Russell M. Nelson, “Your Body: A Magnificent Gift to Cherish,” 50–55). How do Heavenly Father and Jesus Christ want us to feel about our bodies? You might also discuss ways Satan tries to persuade us to undervalue or even hate our bodies. What can we do to overcome his lies and temptations? What truths will help us? Some of the resources under “Supporting Resources” may be helpful.



Our bodies are gifts from God, and the truths of the gospel help us care for them.

Act in Faith

Encourage class or quorum members to ponder and record what they will do to act on the impressions they received today. If they would like, they could share their ideas. Invite them to think about how acting on their impressions will strengthen their relationships with Heavenly Father and Jesus Christ.

Supporting Resources

- Genesis 1:27; 1 Corinthians 6:19–20; Alma 11:42–44; 40:23; Doctrine and Covenants 89; 130:22
- “The Family: A Proclamation to the World,” especially the first three paragraphs
- “The Lord Gave Me a Temple,” *Children’s Songbook*, 153
- Articles about our physical bodies in the August 2019 *New Era* or *Liahona*
- President Russell M. Nelson taught: “In giving us the gift of a body, God has allowed us to take a vital step toward becoming more like Him. Satan understands this. . . . Thus many, if not most, of the temptations he puts in our path cause us to

abuse our bodies or the bodies of others. . . . Your body is your personal temple, created to house your eternal spirit [see 1 Corinthians 3:16–17; 6:18–20]. Your care of that temple is important. Now, I ask you, . . . are you more interested in dressing and grooming your body to appeal to the world than to please God? Your answer to this question sends a direct message to Him about your feelings regarding His transcendent gift to you” (“We Can Do Better and Be Better,” *Ensign* or *Liahona*, May 2019, 68).

- Elder D. Todd Christofferson taught: “Those who believe that our bodies are nothing more than the result of evolutionary chance will feel no accountability to God or anyone else for what they do with or to their body. We who have a witness of the broader reality of pre-mortal, mortal, and postmortal eternity, however, must acknowledge that we have a duty to God with respect to this crowning achievement of His physical creation. . . . As our body is the instrument of our spirit, it is vital that we care for it as best we can. We should consecrate its powers to serve and further the work of Christ” (“Reflections on a Consecrated Life,” *Ensign* or *Liahona*, Nov. 2010, 17).

Teaching in the Savior’s Way

Be sensitive to those in your class or quorum who have disabilities or other physical challenges. Help them understand that everyone’s body is precious and worthy of respect. The Christlike love you show to all can have a powerful influence on the way class or quorum members see each other and themselves.



SEPTEMBER 10

How Can I Find Comfort in Jesus Christ When a Loved One Dies?

1 CORINTHIANS 14–16



Counsel Together

Led by a member of the class or quorum presidency; 10–20 minutes

At the beginning of the meeting, repeat together the Young Women Theme or the Aaronic Priesthood Quorum Theme. Then lead a discussion about the work of salvation and exaltation using one or more of the questions below or questions of your own (see *General Handbook*, 10.2, 11.2). Plan ways to act on what you discuss.

- *Live the gospel.* How can turning to the Lord help us deal with challenges and trials?

- *Care for those in need.* Who do we know who needs our prayers and our friendship?
- *Invite all to receive the gospel.* What plans to share the gospel have been discussed in ward youth council meetings? How can our class or quorum get involved?
- *Unite families for eternity.* How can doing family history work strengthen our relationships with Heavenly Father and Jesus?

At the end of the lesson, as appropriate, do the following:

- Testify of the principles taught.
- Remind class or quorum members about the plans and invitations made during the meeting.



Teach the Doctrine

Led by an adult leader or youth; 25–35 minutes

Prepare Yourself Spiritually

When someone we care about dies, it can be devastating. Separation from our loved one brings feelings of profound grief and sadness. But Paul taught that ultimately “death is swallowed up in victory” (1 Corinthians 15:54) because of the Resurrection of Jesus Christ. In other words, the “sting of death”—the pain and hopelessness we feel in mortality—“is swallowed up in Christ” (Mosiah 16:7–8; see also 1 Corinthians 15:54–57).

At some point, everyone will experience the death of a loved one. How will you help those you teach find comfort during those difficult times through their faith in Jesus Christ? Think about this question as you prepare to teach by reading 1 Corinthians 15, Mosiah 16:7–9, and Doctrine and Covenants 42:44–46.

Learn Together

You might invite class or quorum members to share when they have felt something that stings. You could then ask them why they think Paul used the word “sting” to describe death (see 1 Corinthians 15:54–56). Give them a few minutes to review 1 Corinthians 15 and share truths they find about how the sting of death is overcome. Then consider activities like those below to help the youth better understand how the Savior can comfort us when someone we care about dies.

- You might divide class or quorum members into pairs and ask each pair to review together some of the scripture passages in “Supporting Resources.” They could write answers to a question like “What important truths do I hope to

remember when I lose a loved one?” Ask them to include information from the scripture passages in their answer. Then invite them to share with the class the truths that are most meaningful to them and why.

- Consider reviewing together an account from a general conference message showing how a person found hope in Jesus Christ when someone they cared about died. Examples include Sister Reyna I. Aburto’s message “The Grave Has No Victory” (*Liahona*, May 2021, 85–86) or Elder S. Mark Palmer’s message “Our Sorrow Shall Be Turned into Joy” (*Liahona*, May 2021, 88–89). You may be impressed to share your own experience or to invite the youth to share how they found comfort and hope in Jesus Christ after a loved one died.
- After considering the needs of members of your class or quorum, show one or more of the videos in “Supporting Resources.” Invite the youth to share their impressions. How does knowing that Jesus Christ was resurrected affect how we view death? Invite members of your class or quorum to share their testimonies about the Savior and His Resurrection and how this knowledge brings them hope.
- John 11 describes the Savior’s experience with the death of a loved one—His friend Lazarus. Perhaps the class or quorum could read verses 1–45 together, and as they read, they could share things they learn from the Savior’s example. What can we learn from this account that can give us comfort when someone we care about dies? How can we follow the Savior’s example of “mourn[ing] with those that mourn . . . and comfort[ing] those that stand in need of comfort”? (Mosiah 18:9). What do we learn from Doctrine and Covenants 42:45–46 that can help us do this? You may want to show the video “One-on-One (Ministering with Love)” (ChurchofJesusChrist.org).



Our testimonies of Jesus Christ's Resurrection give us hope when a loved one dies.

Act in Faith

Encourage class or quorum members to ponder and record what they will do to act on the impressions they received today. If they would like, they could share their ideas. Invite them to think about how acting on their impressions will strengthen their relationships with Heavenly Father and Jesus Christ.

Supporting Resources

- Isaiah 25:8; 1 Corinthians 15:20–22; Mosiah 16:7–9; Alma 7:11–12; 11:42–44; 22:14; 28:12–14; 40:11–12
- Dallin H. Oaks, “What Has Our Savior Done for Us?,” *Liahona*, May 2021, 75–77
- Moisés Villanueva, “Favored of the Lord in All My Days,” *Liahona*, Nov. 2021, 44–46
- Videos: “Dealing with Death: Sunday Will Come,” “Finding Hope through the Resurrection of Christ,” “He Will Give You Help,” “Until We Meet Again” ([ChurchofJesusChrist.org](https://www.ChurchofJesusChrist.org))

Teaching in the Savior's Way

Teaching involves ministering with love and helping others receive the blessings of the gospel, and this help is often exactly what a less-active class member needs. We all need to work together to reach out to those who struggle, and as a teacher you may be in a unique position to help.



SEPTEMBER 24

How Can I Follow the Savior's Example in Helping Those in Need?

2 CORINTHIANS 8-13



Counsel Together

Led by a member of the class or quorum presidency; 10–20 minutes

At the beginning of the meeting, repeat together the Young Women Theme or the Aaronic Priesthood Quorum Theme. Then lead a discussion about the work of salvation and exaltation using one or more of the questions below or questions of your own (see *General Handbook*, 10.2, 11.2). Plan ways to act on what you discuss.

- *Live the gospel.* What did we discuss last time, and what invitations or assignments were made? What have we done to act on those invitations or assignments?
- *Care for those in need.* What can we do or say to reach out to those who might feel alone or distant from Heavenly Father?

- *Invite all to receive the gospel.* What are some ways we can help others feel the love of Jesus Christ?
- *Unite families for eternity.* What ideas can we share with each other to help strengthen our families?

At the end of the lesson, as appropriate, do the following:

- Testify of the principles taught.
- Remind class or quorum members about the plans and invitations made during the meeting.



Teach the Doctrine

Led by an adult leader or youth; 25–35 minutes

Prepare Yourself Spiritually

What opportunities do you and members of your class or quorum have to serve those in need around

you? At a time when the Saints in Jerusalem were suffering and needed help, Paul wrote to the Corinthians to encourage them to give generously, “not grudgingly, or of necessity: for God loveth a cheerful giver.” He promised that as they did this, God would “make all grace abound toward [them]” so that they might “abound to every good work” (2 Corinthians 9:7–8).

Paul also pointed to the example of Jesus Christ, who “though he was rich, yet for your sakes he became poor, that ye through his poverty might be rich” (2 Corinthians 8:9). The Savior willingly sacrificed the riches of heaven so that He could serve us and make us eternally rich. Think of examples from His life when He reached out to serve those around Him. In addition to reading 2 Corinthians 8–9 as you prepare to teach, consider reading Sister Michelle D. Craig’s message “Eyes to See” (*Ensign* or *Liahona*, Nov. 2020, 15–17).

Learn Together

To begin your discussion, ask the class or quorum to make a list of some of the reasons why someone may not serve others in need. What do we learn from Paul’s teachings in 2 Corinthians 8:9; 9:7–8 that inspires us to do more to serve those in need? The following activities can help those you teach better understand how to help care for those around them.

- Several times in the scriptures, the Lord taught how He feels about caring for the poor and needy. Some examples are listed in “Supporting Resources.” One way to review these teachings is to divide your class or quorum into pairs and ask each pair to study some of the scriptures. Ask them to discuss what the passages teach about caring for the poor and needy. Why is caring for the poor and needy so important to Heavenly Father and Jesus Christ? Invite the youth to plan ways they can individually help those in need.
- Sometimes we get so busy with our own concerns that we fail to recognize the needs of

those around us. In her message “Eyes to See,” Sister Michelle D. Craig reviewed the account of God opening the eyes of a young man (see 2 Kings 6:15–17). What do we learn from this account? What can we learn from the other accounts she shared about recognizing others’ needs and reaching out to them? (see also the video “Pray for Eyes to See as He Sees” on ChurchofJesusChrist.org). Class or quorum members could also share experiences when someone recognized their needs and ministered to them. When have we recognized the needs of others and ministered to them? How do we feel when receiving or giving such ministering?

- Do the members of your class or quorum understand how to fulfill their duty to help care for those in need? Consider discussing together Mosiah 4:16–21 and 18:8–10, as well as the relevant sections of the *General Handbook* (10.2.2 for Aaronic Priesthood quorums or 11.2.2 for young women). What are we inspired to do as a result of studying these resources? Consider planning ways you can work together to reach out to those in need in your class or quorum, ward, or community. The videos in “Supporting Resources” provide some ideas. For service opportunities in your area, see JustServe.org.



Our Christlike service can bless the lives of those around us.

Act in Faith

Encourage class or quorum members to ponder and record what they will do to act on the impressions

they received today. If they would like, they could share their ideas. Invite them to think about how acting on their impressions will strengthen their relationships with Heavenly Father and Jesus Christ.

- “Michelle’s Story,” “Caring for the Poor and Needy,” “I Was a Stranger: Love One Another,” “Fast Offerings: Are We Not All Beggars” (videos), ChurchofJesusChrist.org

Supporting Resources

- Matthew 25:31–45; James 1:27; Mosiah 2:17; Alma 34:27–28; Mormon 8:35–39; Doctrine and Covenants 104:14–18 (The importance of caring for the poor and needy)
- Jeffrey R. Holland, “Are We Not All Beggars?,” *Ensign* or *Liahona*, Nov. 2014, 40–42

Teaching in the Savior’s Way

The scriptures and words of latter-day prophets and apostles are the source of the truths we teach. At every opportunity, inspire those you teach to turn to the word of God for guidance, answers to questions, and support.



OCTOBER 8

How Can the Gospel of Jesus Christ Help Me Strengthen My Family?

EPHESIANS



Counsel Together

Led by a member of the class or quorum presidency; 10–20 minutes

At the beginning of the meeting, repeat together the Young Women Theme or the Aaronic Priesthood Quorum Theme. Then, in addition to counseling about specific class or quorum business, you may want to discuss impressions and themes from general conference. The following questions may help.

- What themes or messages stood out to us? What strengthened our faith in Jesus Christ?
- What strengthened our testimonies of living prophets? What did we feel prompted to do because of what we learned or felt?

- What do we need to do as a class or quorum to remember and act on counsel we heard in general conference?

At the end of the lesson, as appropriate, do the following:

- Testify of the principles taught.
- Remind class or quorum members about the plans and invitations made during the meeting.



Teach the Doctrine

Led by an adult leader or youth; 25–35 minutes

Prepare Yourself Spiritually

Some people in your class or quorum may have strong, loving families that nurture faith and spirituality. Others may be alone in their efforts to live the

gospel, and some may face contention and heartache at home. But no one in your class or quorum has a perfect family, free from challenges. And everyone has access to the power of Jesus Christ, which can heal and strengthen families.

The Savior wants to bless families. Sometimes the way He does this is through the love and example of a young person who is striving to follow Him and live His gospel. As you prepare to teach the youth about the power available to them and their families through Jesus Christ, ponder principles in Ephesians that can help us strengthen family relationships. You might also study “The Family: A Proclamation to the World” (ChurchofJesusChrist.org).

Learn Together

After giving class or quorum members a chance to share what the Spirit taught them this week as they studied Ephesians, look for ways to introduce the topic of how Jesus Christ can help us strengthen our families. For instance, you might invite the youth to find and share passages in Ephesians that contain principles we can use to strengthen family relationships. Some examples might include Ephesians 2:19–22; 3:14–19; 4:1–3, 25–26, 29–32; 5:1–2; 6:1–4. How could the counsel in these verses bless a family? How have the Savior and His gospel been a blessing in our homes? Here are some additional activity ideas related to this topic:

- If you would like to discuss the commandment to “honour thy father and mother” (Ephesians 6:2), you might start by asking class or quorum members what the word *honor* means to them. Perhaps someone could share the definition from a dictionary or the Guide to the Scriptures (scriptures.ChurchofJesusChrist.org). Invite the youth to talk about how they might apply this commandment in their own lives. It could also

be inspiring to explore how Jesus Christ honored His Father in Heaven and His mother, Mary (see, for example, Luke 2:41–52; Joseph Smith Translation, John 2:4 [in John 2:4, footnote *a*]; John 8:29; 19:25–27). What can we learn from Jesus’s example that can strengthen our relationships with our parents?

- It might be helpful to talk about what materials are needed to build a sturdy house. What are some of the things needed to build a strong family? As part of this discussion, you might share this statement by Elder L. Whitney Clayton: “What matters is the interior design of the souls of the inhabitants, not the structure itself” (“The Finest Homes,” *Ensign* or *Liahona*, May 2020, 107–9). You could also discuss the four suggestions Elder Clayton gave in his message for how to build “the finest homes.”
- “The Family: A Proclamation to the World” includes this promise: “Happiness in family life is most likely to be achieved when founded upon the teachings of the Lord Jesus Christ.” How do the Savior’s teachings create the foundation for a happy family? The family proclamation and the scriptures under “Supporting Resources” provide examples. How can family members help each other live these teachings?
- Perhaps class members could watch the video “Through Small Things,” in which three siblings talk about accepting their bishop’s invitation to think of ways to make their home a holier place. How was the family in the video blessed because of the actions of these youth? What can make a home a holy place? Consider inviting the youth to accept the same invitation that the bishop extended. To help them consider what they might do, you could discuss the question asked in the video: “What are you willing to do to have the Spirit in your home?”



The teachings of Jesus Christ are the foundation for happiness in family life.

Act in Faith

Encourage class or quorum members to ponder and record what they will do to act on the impressions they received today. If they would like, they could share their ideas. Invite them to think about how acting on their impressions will strengthen their relationships with Heavenly Father and Jesus Christ.

Supporting Resources

- Matthew 5:21–24, 38–42; 6:14; 7:1–5; 22:36–39; 3 Nephi 18:21; Moroni 7:33; Doctrine and Covenants 18:10–13
- Henry B. Eyring, “A Home Where the Spirit of the Lord Dwells,” *Ensign* or *Liahona*, May 2019, 22–25
- “Love at Home,” “Home Can Be a Heaven on Earth,” *Hymns*, nos. 294, 298

Teaching in the Savior’s Way

If the youth sense that you trust them, their confidence in their divine potential will grow, and they will surprise you with what they can accomplish. Help them see a vision of what Heavenly Father knows they can become.



OCTOBER 22

How Can I Stay Strong in My Commitment to Jesus Christ?

1 AND 2 THESSALONIANS



Counsel Together

Led by a member of the class or quorum presidency; 10–20 minutes

At the beginning of the meeting, repeat together the Young Women Theme or the Aaronic Priesthood Quorum Theme. Then lead a discussion about the work of salvation and exaltation using one or more of the questions below or questions of your own (see *General Handbook*, 10.2, 11.2). Plan ways to act on what you discuss.

- *Live the gospel.* What recent experiences have strengthened our testimonies?

- *Care for those in need.* Who needs our help and prayers? What do we feel impressed to do to help them?
- *Invite all to receive the gospel.* How can we be a light to family members or friends who don't share our beliefs?
- *Unite families for eternity.* How can we show more love and support for our families and make a positive difference in our homes?

At the end of the lesson, as appropriate, do the following:

- Testify of the principles taught.
- Remind class or quorum members about the plans and invitations made during the meeting.



Teach the Doctrine

Led by an adult leader or youth; 25–35 minutes

Prepare Yourself Spiritually

Most of us know someone who at one time seemed fully committed to Jesus Christ but has since fallen away from their faith. It's natural to wonder, "Could that ever happen to me?" Paul praised the Thessalonian Saints for their faithfulness but felt inspired to warn them about false teachings and other influences that could weaken their faith. No matter how strong our commitment to the Savior is right now, there is always much we can do to "perfect that which is lacking in [our] faith" (1 Thessalonians 3:10).

As you pray about the people in your class or quorum, listen for the promptings the Lord sends you. What do you feel would help them stay faithful to the Savior regardless of the opposition they will face? What has helped you? As you prepare to teach, you might review Elder Dale G. Renlund's message "Unwavering Commitment to Jesus Christ" (*Ensign* or *Liahona*, Nov. 2019, 22–25) in addition to 1 and 2 Thessalonians.

Learn Together

To help the youth review what they have read in 1 and 2 Thessalonians and introduce the topic of staying strong in our commitment to the Savior, you could read together 2 Thessalonians 2:1–3. Discuss what the term "falling away" could mean. In particular, what does it mean for an individual to fall away from Jesus Christ? You could contrast this term with other phrases Paul used, like "stand fast in the Lord" (1 Thessalonians 3:8) and "be not weary in well doing" (2 Thessalonians 3:13). You could then review 1 Thessalonians 5:15–23. How can following Paul's counsel in these verses help keep

us from falling away from our faith in Jesus Christ—even when we face opposition? Use activities like the following to help class or quorum members stay strong in their commitment to the Savior.

- It can be inspiring to learn from the examples of others who became immovable in their commitment to Christ. For instance, you could study together the example of the Anti-Nephi-Lehies, who had been "a wild and a hardened and a ferocious people" but "never did fall away" after they were "converted unto the Lord" (Alma 17:14; 23:6–8). What does Alma 24:8–18 suggest about why they remained faithful? What key choices did they make? How did the Savior help them? Additional examples can be found in Elder Dale G. Renlund's message "Unwavering Commitment to Jesus Christ." Perhaps a few youth could read some of these examples and share what they learn about staying true to Christ. How have we stayed committed to the Lord despite our shortcomings?
- In our efforts to strengthen our faith, it's helpful to be aware of forces that seek to weaken it. Lehi's vision of the tree of life describes some of these forces. Perhaps you could show a picture of the vision (see *Gospel Art Book* [2009], no. 69) and review together the details, found in 1 Nephi 8:10–34. In the vision, what kept people from enjoying the fruit of the tree? What helped people reach the tree and stay there? What do these things symbolize in our lives?
- In his message "Power to Overcome the Adversary" (*Ensign* or *Liahona*, Nov. 2019, 110–12), Elder Peter M. Johnson listed three ways Satan tries to weaken us. You could assign each youth to read about one of these and share with the class or quorum examples of how Satan uses this tool against youth today. Then they could each read one of Elder Johnson's four suggestions for overcoming the adversary's tactics and share what they learned.



Be Not Afraid, by Michael Malm

Act in Faith

Encourage class or quorum members to ponder and record what they will do to act on the impressions they received today. If they would like, they could share their ideas. Invite them to think about how acting on their impressions will strengthen their relationships with Heavenly Father and Jesus Christ.

Supporting Resources

- 1 Nephi 2:9–10; Alma 17:1–3; Helaman 5:12
- Jeffrey R. Holland, “Lord, I Believe,” *Ensign or Liahona*, May 2013, 93–95
- Neil L. Andersen, “Never Leave Him,” *Ensign or Liahona*, Nov. 2010, 39–42
- Becky Craven, “Careful versus Casual,” *Ensign or Liahona*, May 2019, 9–11

Teaching in the Savior’s Way

In many cases, it may be appropriate to invite learners to help each other find answers to their questions. When prompted by the Spirit, you may decide to do this even if you feel that you know the answer.



NOVEMBER 12

How Can I Draw Closer to Jesus Christ through Sacred Ordinances and Covenants?

HEBREWS 7–13



Counsel Together

Led by a member of the class or quorum presidency; 10–20 minutes

At the beginning of the meeting, repeat together the Young Women Theme or the Aaronic Priesthood Quorum Theme. Then lead a discussion about the work of salvation and exaltation using one or more of the questions below or questions of your own (see *General Handbook*, 10.2, 11.2). Plan ways to act on what you discuss.

- *Live the gospel.* How have we come closer to the Savior? How are we trying to be more like Him?

- *Care for those in need.* Who has been on our minds lately? How can we help these individuals?
- *Invite all to receive the gospel.* How can we answer our friends' questions about the Church in a way that strengthens their faith in the Savior?
- *Unite families for eternity.* What are some ways we can better connect with extended family members, such as grandparents and cousins?

At the end of the lesson, as appropriate, do the following:

- Testify of the principles taught.
- Remind class or quorum members about the plans and invitations made during the meeting.



Teach the Doctrine

Led by an adult leader or youth; 25–35 minutes

Prepare Yourself Spiritually

For centuries, the children of Israel, sometimes called the Hebrews, had been diligently participating in ordinances connected with the tabernacle and the law of Moses. And yet many of them did not realize that these things were “patterns of things in the heavens”—“a shadow of good things to come” (Hebrews 9:23; 10:1). The ordinances were all intended to teach them about Jesus Christ. This is what Paul explained in his Epistle to the Hebrews. His message is also important to us today because we too have sacred ordinances with the same purpose. So it’s worth asking ourselves these questions: Are these ordinances helping us remember Jesus Christ? Is there more we could do to experience the power of Jesus Christ through gospel ordinances? Or are we, like the ancient Hebrews, missing their deeper significance?

Ponder these questions as you read Hebrews 7–13 and as you prepare to teach about how ordinances and covenants bring us closer to Jesus Christ. You might also study some of the general conference messages cited in this outline.

Learn Together

To help those you teach see how they can draw closer to Jesus Christ through the ordinances and covenants of His gospel, you could invite them to list some gospel ordinances and their related covenants on the board (see Gospel Topics, “Ordinances,” “Covenant,” topics.ChurchofJesusChrist.org). What do these ordinances and covenants teach us about Christ and His Atonement? The statement by Elder David A. Bednar in “Supporting Resources” provides a

definition of ordinances and other important insights. Activities like the following can also help.

- You could invite the youth to read Doctrine and Covenants 84:19–22 and discuss questions like these: What does the “the power of godliness” mean? How have ordinances and covenants helped us experience that power? What difference do ordinances and covenants make in our lives? How do they help us stay connected to the Savior? To help answer these questions, youth could read the first four paragraphs of Elder Kent F. Richards’s message “The Power of Godliness” (*Ensign* or *Liahona*, May 2016, 118) or Elder Bednar’s message “Let This House Be Built unto My Name” (*Ensign* or *Liahona*, May 2020, 84–87), especially the section “From the Inside Out.”
- Consider asking those you teach how they would explain the ordinance of the sacrament to someone who doesn’t know anything about it. The section “Experience and Testimony” in Elder Taniela B. Wakolo’s message “Saving Ordinances Will Bring Us Marvelous Light” (*Ensign* or *Liahona*, May 2018, 39–41) provides an example. The youth may also find important teachings in the video “Always Remember Him” (ChurchofJesusChrist.org). How does the sacrament bring us closer to Jesus Christ? What opportunities do we have to teach others about this?
- Reviewing the five suggestions in Elder Peter F. Meurs’s message “The Sacrament Can Help Us Become Holy” (*Ensign* or *Liahona*, Nov. 2016, 85–87) could help the youth understand how to better prepare for the sacrament. Or, if you have youth preparing to receive their endowment, review together the section titled “About the Temple Endowment” at temples.ChurchofJesusChrist.org. Discuss how these sacred ordinances and their related covenants can help bring us closer to the Savior.

- Consider writing the words *Sacrament*, *Baptism*, and *Temple* on the board. Under each one, invite the youth to list the covenants we make. The references found in “Supporting Resources” can help. Discuss together how these covenants help us come closer to Jesus Christ.
- You could divide your class or quorum into groups and assign each group to review a section of either Elder Ronald A. Rasband’s message “Standing by Our Promises and Covenants” (*Ensign* or *Liahona*, Nov. 2019, 53–56) or Elder D. Todd Christofferson’s message “Why the Covenant Path” (*Liahona*, May 2021, 116–19). Encourage them to share what they learn about how keeping their covenants strengthens their relationship with Jesus Christ.



Sacred gospel ordinances bring “the power of godliness” into our lives (see Doctrine and Covenants 84:19–22).

Act in Faith

Encourage class or quorum members to ponder and record what they will do to act on the impressions they received today. If they would like, they could share their ideas. Invite them to think about how

acting on their impressions will strengthen their relationships with Heavenly Father and Jesus Christ.

Supporting Resources

- Mosiah 18:8–10 (Baptismal covenant)
- Moroni 4–5 (Sacramental covenant)
- Elder David A. Bednar taught: “Holy ordinances are central in the Savior’s gospel and in the process of coming unto Him and seeking spiritual rebirth. Ordinances are sacred acts that have spiritual purpose, eternal significance, and are related to God’s laws and statutes. . . .

“The ordinances of salvation and exaltation administered in the Lord’s restored Church are far more than rituals or symbolic performances. Rather, they constitute authorized channels through which the blessings and powers of heaven can flow into our individual lives. . . .

“Ordinances received and honored with integrity are essential to obtaining the power of godliness and all of the blessings made available through the Savior’s Atonement” (“Always Retain a Remission of Your Sins,” *Ensign* or *Liahona*, May 2016, 59–60).

Teaching in the Savior’s Way

As you invite those you teach to act on true doctrine, you help them extend the learning experience into their homes and daily lives.



NOVEMBER 26

How Can I Help My Ancestors Come Closer to Jesus Christ?

1 AND 2 PETER



Counsel Together

Led by a member of the class or quorum presidency; 10–20 minutes

At the beginning of the meeting, repeat together the Young Women Theme or the Aaronic Priesthood Quorum Theme. Then lead a discussion about the work of salvation and exaltation using one or more of the questions below or questions of your own (see *General Handbook*, 10.2, 11.2). Plan ways to act on what you discuss.

- *Live the gospel.* What topics has the bishopric discussed in our ward youth council meetings? What can we do as a class or quorum based on those discussions?

- *Care for those in need.* How can we reach out to people in Christlike ways when we see a need and don't know what to say?
- *Invite all to receive the gospel.* What have we found in the gospel of Jesus Christ that brings us joy? How can we share that joy with others?
- *Unite families for eternity.* What are we doing to find names of our ancestors who need temple ordinances? What can we do to help others find the names of their ancestors?

At the end of the lesson, as appropriate, do the following:

- Testify of the principles taught.
- Remind class or quorum members about the plans and invitations made during the meeting.



Teach the Doctrine

Led by an adult leader or youth; 25–35 minutes

Prepare Yourself Spiritually

What happens to the billions of people who die without a real opportunity to hear the gospel of Jesus Christ or to receive saving ordinances? We can find hints of an answer in 1 Peter 3:18–20; 4:6, where Peter spoke of the gospel being preached to the dead. Then Doctrine and Covenants 138 uncovers the full truth—our ancestors can come fully unto Christ if they have faith in Him and accept His gospel and we make ordinances available to them in the temple. This blessing requires that we—their descendants who have the gospel—search out their names, go to the temple, and receive saving ordinances in their behalf.

What experiences have you had helping your ancestors come closer to Christ? How can you help those you teach become more excited about family history and temple work and more confident in their ability to do it? As you prepare, you could read Elder Dale G. Renlund’s message “Family History and Temple Work: Sealing and Healing” (*Ensign* or *Liahona*, May 2018, 46–49).

Learn Together

How would the members of your class or quorum respond to someone who wonders how good people who did not have a chance to receive the gospel can be saved? What do they find in 1 Peter 3:18–20; 4:6 to help answer this question? In the video “Will I Do My Part?,” Elder Enrique R. Falabella provides additional insights. You can continue

your discussion with one or more of the following activities.

- The doctrine of redeeming the dead is unique to The Church of Jesus Christ of Latter-day Saints. Invite class or quorum members to study Doctrine and Covenants 138:25–39 as individuals or groups and share what they learn (see “Supporting Resources” for additional scriptures on this topic). What do these verses suggest about the way Heavenly Father feels about all His children? How does baptism for the dead help our ancestors come closer to Christ? How does it help us come closer to Christ and increase our faith in Him?
- What might inspire the youth to be more involved in temple and family history work? Perhaps they could watch one or both of the videos found in “Supporting Resources” and look for ways temple and family history work can bless them. They could also look for promised blessings in the bulleted list in Elder Dale G. Renlund’s message “Family History and Temple Work: Sealing and Healing.” Invite them to share which blessings are meaningful to them and why. You might also discuss some of the obstacles that might keep us from participating in temple and family history work. How can the Savior help us overcome these obstacles?
- If members of your class or quorum have access to digital devices, you might take some time to show them how the Lord has made it easier than ever to find ancestors who need saving ordinances (see “Supporting Resources”). You could invite a ward temple and family history consultant to help the youth understand these resources. You could also encourage the youth to make plans to explore these resources at home and report back in a future meeting.



As we perform sacred ordinances in the temple, we help to make the blessings of the gospel available to those who have died.

Act in Faith

Encourage class or quorum members to ponder and record what they will do to act on the impressions they received today. If they would like, they could share their ideas. Invite them to think about how acting on their impressions will strengthen their relationships with Heavenly Father and Jesus Christ.

Supporting Resources

- Malachi 4:5–6; Matthew 16:18–19; John 5:25; 1 Corinthians 15:29; Doctrine and Covenants

137:7–9 (The doctrine of redemption for the dead)

- “The Promised Blessings of Family History 1” and “The Promised Blessings of Family History 2” (videos), ChurchofJesusChrist.org
- Family Tree app (requires youth to log in using their Church account)
- RootsTech (Youth can explore sessions from virtual conferences.)
- FamilySearch.org (You could visit FamilySearch.org/discovery and explore these activities together.)

Teaching in the Savior’s Way

When you invite youth to teach, take the time to help them prepare appropriately. Explain what you do to prepare to teach. In this way you will be helping the youth not just for one lesson but for a lifetime of teaching the gospel in the Savior’s way.



DECEMBER 10

How Does Jesus Christ Make Heavenly Father's Plan Possible?

REVELATION 1-5



Counsel Together

Led by a member of the class or quorum presidency; 10–20 minutes

At the beginning of the meeting, repeat together the Young Women Theme or the Aaronic Priesthood Quorum Theme. Then lead a discussion about the work of salvation and exaltation using one or more of the questions below or questions of your own (see *General Handbook*, 10.2, 11.2). Plan ways to act on what you discuss.

- *Live the gospel.* How have we seen the hand of the Lord in our lives?
- *Care for those in need.* How can we support each other in the things we are going through?
- *Invite all to receive the gospel.* How can we better use technology as a tool to share the gospel?

- *Unite families for eternity.* What are we doing to help our families come unto Christ?

At the end of the lesson, as appropriate, do the following:

- Testify of the principles taught.
- Remind class or quorum members about the plans and invitations made during the meeting.



Teach the Doctrine

Led by an adult leader or youth; 25–35 minutes

Prepare Yourself Spiritually

In a vision, John the Revelator saw a book that “no man in heaven, nor in earth, neither under the earth” was worthy to open, and this made him weep (see Revelation 5:3–4). The book represented “the

works of God,” including His plan for our immortality and eternal life (see Doctrine and Covenants 77:6; Moses 1:39). But then in John’s vision, a Lamb was found “worthy to take the book, and to open the seals” (Revelation 5:9). This glorious news caused “ten thousand times ten thousand, and thousands of thousands” of angels to sing and shout for joy (Revelation 5:11). Jesus Christ, the Lamb of God, “redeemed us to God by [His] blood” (Revelation 5:9) and made possible the blessings of our Heavenly Father’s plan.

Ponder what Jesus Christ has done for you. Have you ever felt like those in John’s vision who “fell down and worshipped him”? (Revelation 5:14). Consider how you can help members of your class or quorum to better understand Jesus Christ’s central role in Heavenly Father’s plan. In addition to Revelation 1–5, you could also read 2 Nephi 9; “The Living Christ: The Testimony of the Apostles” (ChurchofJesusChrist.org); and Elder Ulisses Soares’s message “Jesus Christ: The Caregiver of Our Soul” (*Liahona*, May 2021, 82–84).

Learn Together

Members of your class or quorum might enjoy pretending to be film producers who are asked to make a movie of John’s vision in Revelation 5. Give them a few minutes to review the chapter and determine which scenes they would like to film. What do they feel would be the most powerful moments? How would this film help build faith in the Savior? To continue helping your class or quorum learn about Jesus Christ’s role in Heavenly Father’s plan of salvation, here are a few suggestions:

- You could write the following headings on the board: *Premortal Life*, *Mortal Life*, and *Life after Death*. Invite the youth to review the scripture

passages under “Supporting Resources” to learn how the Savior’s mission during His premortal life, during His mortal life, and after His Resurrection makes the Father’s plan possible. They could summarize what they learn under the headings on the board. Give members of your class or quorum an opportunity to share their feelings about what the Savior has done for them.

- To help the youth you teach better understand what Jesus Christ did to make Heavenly Father’s plan possible, draw a path on the board representing our journey back to our Father in Heaven. Draw obstacles in the path labeled *physical death* and *spiritual death*. (If needed, the youth could read the definitions under “Death, Physical” and “Death, Spiritual” in the Guide to the Scriptures [scriptures.ChurchofJesusChrist.org]). How has the Savior made it possible for us to overcome these obstacles? (see 2 Nephi 9:7–10). The youth could review Elder Ulisses Soares’s message “Jesus Christ: The Caregiver of Our Soul” and write sentences from the message next to the path that show how Jesus helps us return to God.
- When other people ask us questions about our beliefs and the choices we make, we can take the opportunity to share why Jesus Christ is important to us. One way to prepare the youth for such opportunities is to invite them to review Elder Dieter F. Uchtdorf’s message “Behold the Man!” (*Ensign* or *Liahona*, May 2018, 107–10) looking for truths to share about Jesus Christ. You might list some of these truths on the board. You could then give the youth time to practice explaining to each other why we need Jesus Christ and how their lives have been blessed because they know the Savior.



The Crucifixion of Christ, by Louise Parker

Act in Faith

Encourage class or quorum members to ponder and record what they will do to act on the impressions they received today. If they would like, they could share their ideas. Invite them to think about how acting on their impressions will strengthen their relationships with Heavenly Father and Jesus Christ.

Supporting Resources

- John 1:1–3, 10; Ether 3:14; Moses 4:1–2 (The Savior’s mission in the premortal life)
- Mosiah 3:5–11; Alma 7:11–13; Doctrine and Covenants 19:16–19 (The Savior’s mission during His mortal life)
- John 14:2–3; 2 Nephi 9:15–17; Doctrine and Covenants 45:3–5; 138:28–31 (The Savior’s mission after His death and Resurrection)

Teaching in the Savior’s Way

Each individual in your class is a rich source of testimony, insights, and experiences with living the gospel. Invite them to share with and lift each other.



Delivered by Jenedy Paige

DECEMBER 24

How Does Jesus Christ Show His Love for Me?

CHRISTMAS



Counsel Together

Led by a member of the class or quorum presidency; 10–20 minutes

At the beginning of the meeting, repeat together the Young Women Theme or the Aaronic Priesthood Quorum Theme. Then lead a discussion about the work of salvation and exaltation using one or more of the questions below or questions of your own (see *General Handbook*, 10.2, 11.2). Plan ways to act on what you discuss.

- *Live the gospel.* How are we finding joy in following Jesus Christ?
- *Care for those in need.* Who in our ward or community needs our help? How can we help them?
- *Invite all to receive the gospel.* How can we help each other prepare for missionary service?

- *Unite families for eternity.* How can we contribute to our ward's efforts to do family history and temple work?

At the end of the lesson, as appropriate, do the following:

- Testify of the principles taught.
- Remind class or quorum members about the plans and invitations made during the meeting.



Teach the Doctrine

Led by an adult leader or youth; 25–35 minutes

Prepare Yourself Spiritually

Before He was born, Jesus Christ was known as the great Jehovah. He was the Father's "Beloved and Chosen from the beginning" (Moses 4:2), full of glory, grace, and truth (see John 17:5; Doctrine and Covenants 93:11). And yet when He was born,

Mary “laid him in a manger; because there was no room for them in the inn” (Luke 2:7). Why was Jesus Christ willing to accept His role as Savior even though it meant coming to earth in the lowliest of circumstances? The simple answer is that He loves us. When Nephi saw the Savior’s birth in vision, he testified of “the love of God, which sheddeth itself abroad in the hearts of the children of men; wherefore, it is the most desirable above all things” (1 Nephi 11:22).

Christmas is a special time to ponder how the Savior’s birth and His atoning sacrifice demonstrate His love for you. As you prepare to help the youth you teach feel the Savior’s love, consider reviewing Luke 4:16–21; John 3:16–17; 3 Nephi 27:13–16; and Elder D. Todd Christofferson’s message “The Love of God” (*Liahona*, Nov. 2021, 16–19).

Learn Together

As your class or quorum approaches the end of your New Testament study this year, you might ask the youth to share some favorite New Testament stories in which the Savior showed His love for those around Him. You could even read some of these stories together. What do these stories teach us about the Savior’s love for us? To help you further discuss the Savior’s love, use activities like the following.

- Invite the members of your class or quorum to think of the love Heavenly Father and Jesus Christ have for us as a beautiful bouquet of flowers (see Russell M. Nelson, “Divine Love,” *Ensign*, Feb. 2003, 24). Consider giving each person a flower cut out of paper and asking them each to read one of the scripture passages in “Supporting Resources.” Ask them to write on their flowers what they learn about the love Heavenly Father and Jesus have for us. As they share what they learned, they could put their flowers together to create a bouquet. How can we better recognize the ways Heavenly Father and Jesus show Their love for us?

- Several hymns describe ways that the Savior shows His love for us (see, for example, “I Know That My Redeemer Lives,” *Hymns*, no. 136). Class or quorum members could select a hymn and share experiences when they have felt the Savior’s love in ways that are similar to those described in the hymn. What are some other ways the Savior has shown His love for us? As followers of Christ, how can we help others feel His love?
- There are many false ideas in the world about God’s love for us. For instance, some might think that when people are wealthy or prosperous, it means that God loves them more than others. Some might feel that if God truly loved us, He would accept us as we are and not ask us to change. What false messages about God’s love have we heard? To help counter these false messages, you might ask the youth to review Elder D. Todd Christofferson’s message “The Love of God” or President Dallin H. Oaks’s message “Love and Law” (*Ensign* or *Liahona*, Nov. 2009, 26–29). What truths do we find in these messages that help us understand God’s love for us?



The love of Heavenly Father and Jesus Christ can be compared to a beautiful bouquet of flowers.

Act in Faith

Encourage class or quorum members to ponder and record what they will do to act on the impressions they received today. If they would like, they could share their ideas. Invite them to think about how acting on their impressions will strengthen their relationships with Heavenly Father and Jesus Christ.

Supporting Resources

- John 3:16–17; 15:9–13; Romans 8:35–39; Hebrews 12:5–6, 9–11; 1 Nephi 11:21–23; Alma 7:11–12; 3 Nephi 11:13–17; Moroni 7:45–48
- Michael John U. Teh, “Our Personal Savior,” *Liahona*, May 2021, 99–101
- Taniela B. Wakolo, “God Loves His Children,” *Liahona*, May 2021, 94–96

Teaching in the Savior’s Way

Everything the Savior did throughout His earthly ministry was motivated by love—His love for His Father and His love for all of us. With Christlike love in our hearts, we will seek every possible way to help others learn of Christ and come unto Him. Love will be the reason and motivation for our teaching.



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