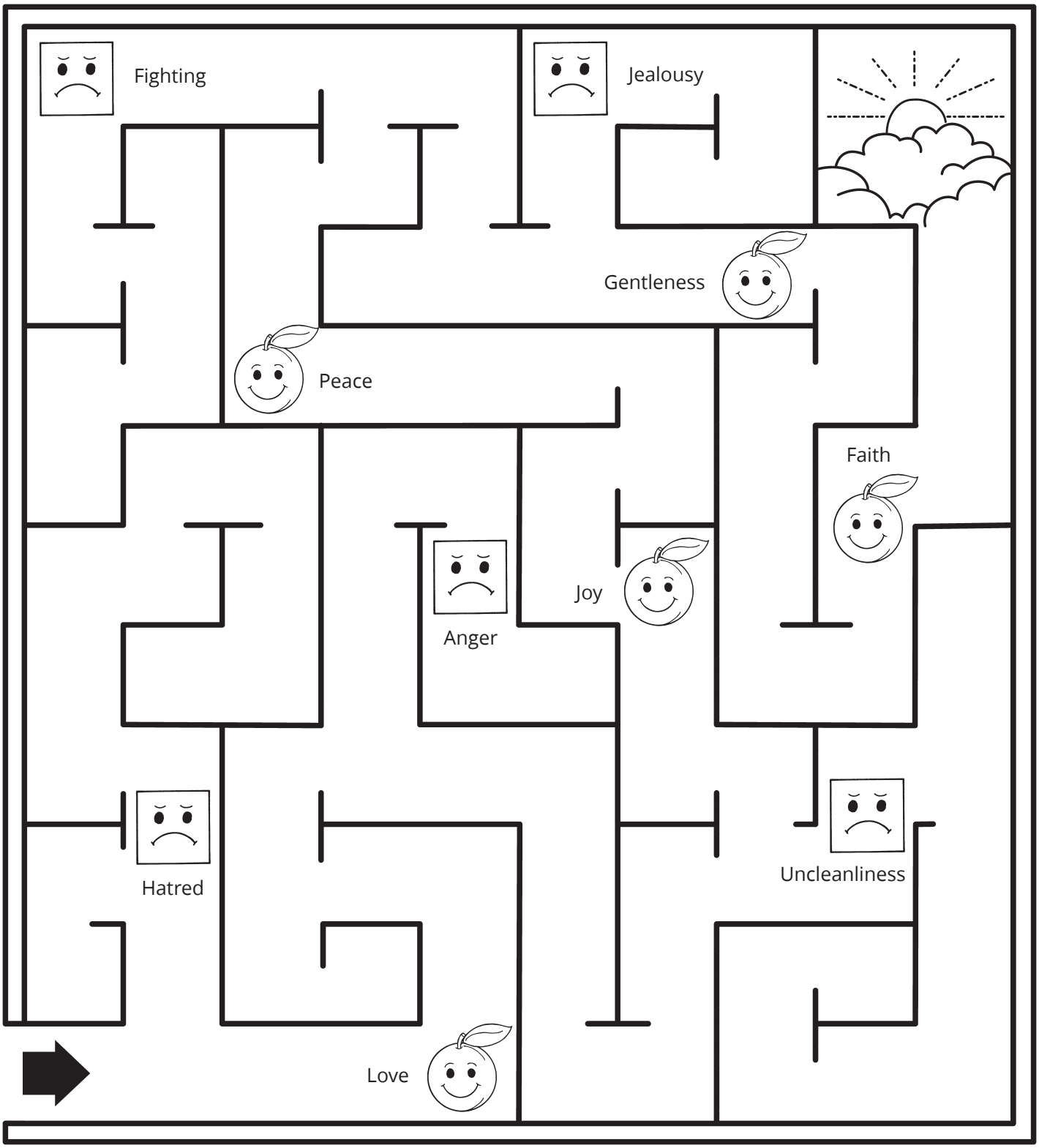
**The Holy Ghost helps me feel love, joy, and peace (Galatians 5:22–23).**

Find your way through the path by following the fruits of the Spirit, not the works of the flesh.