

# COME, FOLLOW ME ACTIVITES

For home evening or scripture study—or just for fun!

## Armor of God Matching Game

**STORY:** Paul taught us to put on "the whole armour of God" (Ephesians 6:13–17). When we follow Jesus Christ, we are spiritually protected! Read the scripture story on page 46 to learn more.

**SONG:** "Scripture Power" ("Music for Children," ChurchofJesusChrist.org)

**ACTIVITY:** Turn to page 8 to do a matching activity. How does living the gospel help keep you safe?





# Peace from the Savior FOR PHILIPPIANS; COLOSSIANS

**STORY:** When things are hard, we can pray for help. Because of the Savior, we can feel comfort and peace. (See Philippians 4:4–7.)

**SONG:** "I Feel My Savior's Love" (*Children's Songbook*, 74–75)

**ACTIVITY:** On page 10, read a story about a girl who felt Jesus Christ's love. Then think about a time you felt peaceful because of Him. Write about it or draw a picture. Then send it to us at the *Friend*! Go to the back cover to see how.



## Gratitude Pictures

**STORY:** Paul taught, "In every thing give thanks" (1 Thessalonians 5:18). We can show our gratitude by thanking others for their help. We can also thank Heavenly Father when we pray.

**SONG:** "Thanks to Our Father" (*Children's Songbook*, 20)

**ACTIVITY:** What are some of your blessings? Draw or cut out pictures from a magazine of what you're grateful for. Then give your art to someone you want to thank.

#### Tap the Rhythm

FOR 1 AND 2 TIMOTHY; TITUS; PHILEMON

**STORY:** You can do great things, no matter how young you are! Timothy was a young Church leader, and Paul taught him to be a good example (see 1 Timothy 4:12–16). How can you be a leader and help those around you?

**SONG:** "Jesus Wants Me for a Sunbeam" (*Children's Songbook*, 60–61)

**ACTIVITY:** Sit in a circle. Use your hands or sticks to tap out rhythms on the ground. One person taps a short rhythm, and all the others copy. Take turns being the leader. After your turn, tell about a time when you were a good example to others.



