



# Hello from PERU!

Learn about Heavenly Father's children all over the world.



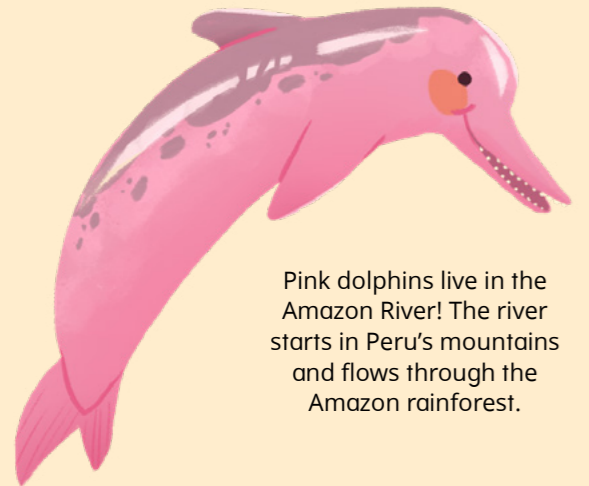
Peru is a country in South America. More than 33 million people live there!

## ANIMAL HERDING

In Peru, people raise sheep, llamas, and alpacas in the mountains. They use the animals' wool to make clothing, blankets, and rugs.



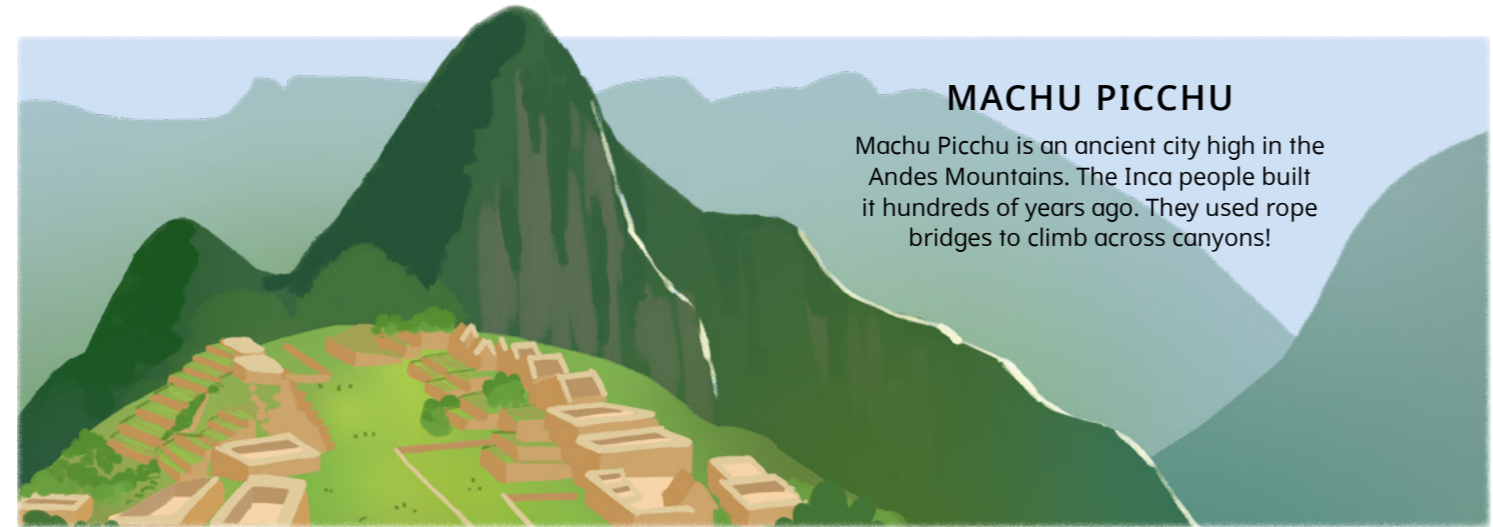
## PINK DOLPHINS



Pink dolphins live in the Amazon River! The river starts in Peru's mountains and flows through the Amazon rainforest.

## MACHU PICCHU

Machu Picchu is an ancient city high in the Andes Mountains. The Inca people built it hundreds of years ago. They used rope bridges to climb across canyons!



## SUNSHINE VITAMIN

Vitamin D keeps your bones healthy. You can get this vitamin from the sun. Try to play outside each day. Wear sunscreen to protect your skin!



## LANGUAGES

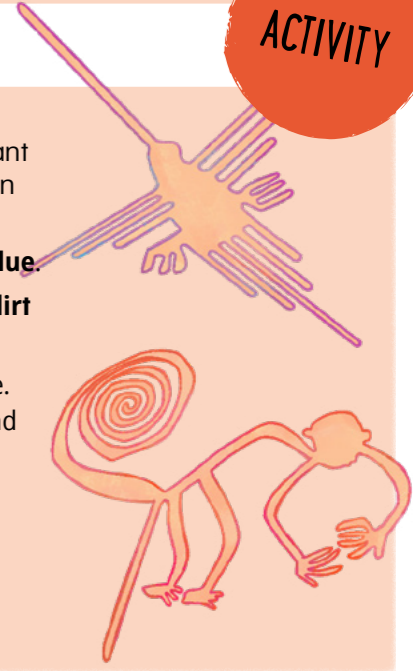
Peru has three official languages: Spanish, Quechua, and Aymara. Most people speak Spanish. Dozens of other languages are spoken in the Amazon rainforest!



## NAZCA LINES

An ancient people called the Nazca drew giant lines in the ground to make pictures. You can make your own mini Nazca lines at home!

1. Cover a **piece of paper** with a thin layer of **glue**.
2. Pour a grainy material like **sand, sugar, or dirt** onto the paper.
3. Use a stick to draw lines to make your picture. After it dries, carefully shake off the extra sand or sugar.



## TEMPLES

More than 600,000 Church members live in Peru. Peru has three temples, with three more on the way!

ILLUSTRATIONS BY KELLY SMITH

## PAPA A LA HUANCAÍNA

More than 4,000 kinds of potatoes grow in Peru! Here's a sauce you can eat them with.

Blend together **1-3 chile peppers with seeds removed (or 1 teaspoon chili powder)**, **1 tablespoon vegetable oil**, **1/2 cup queso fresco (or cottage cheese)**, **4 soda crackers**, **1/2 cup evaporated milk**, and a little bit of **salt**. Serve sauce over boiled potatoes with sliced hard-boiled eggs and olives.

Be sure to get an adult's help!

