

CONNECTING WITH THOSE WITH ADHD AT CHURCH



"I say unto you, **BE ONE**; and if ye are not one ye are not mine."

Doctrine and Covenants 38:27



ASK
"WHAT WOULD BE HELPFUL TO KNOW ABOUT YOU THAT WOULD HELP YOU HAVE A GOOD EXPERIENCE?"

GIVE OPTIONS TO HAVE A PHYSICAL OUTLET



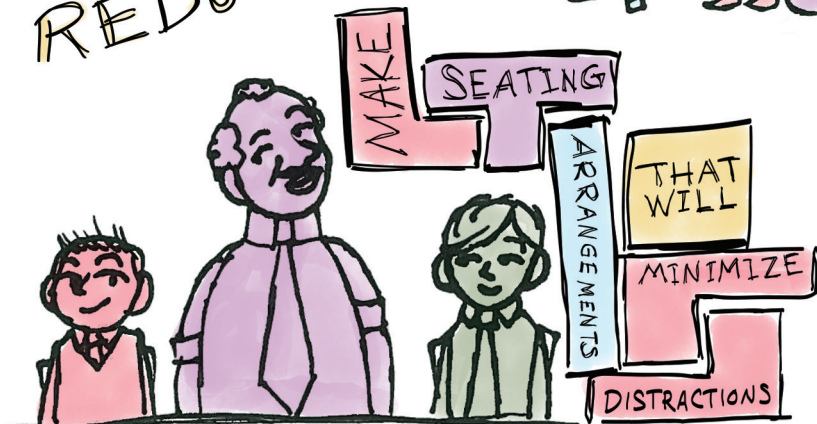
(SUCH AS A WOBBLE CHAIR, FIDGET ITEMS, AND SO ON).




A SCHEDULE CAN HELP THE INDIVIDUAL KNOW WHAT TO EXPECT AND REDUCE SURPRISES.



COMMUNICATE WITH PARENTS TO TRY TO MAKE THE BEST EXPERIENCE POSSIBLE.



ASK THEM



"WHAT WOULD YOU LIKE ME TO KNOW ABOUT YOU?"