REFLECT AND REVIEW



JOURNALING

Spend a few minutes reflecting on your spiritual promptings from today, and prepare to share something with your group.
What did you feel?
What did you learn?
What changes do you feel you should make in your life?
What questions have come to mind that you want to find answers to?

TAKING IT HOME—AN INVITATION TO ACT

Write down your goals and your plans to achieve them. What will you do to act on the spiritual promptings you received today? Goals: Plans:

