

Baptism Covenants

When you are baptized, you make covenants, or promises, with Heavenly Father.
Here are some of those promises:



- Follow Jesus Christ (2 Nephi 31:13).
- Obey the commandments (Mosiah 5:8).
- Help and comfort others (Mosiah 18:8-9).

Some of the blessings Heavenly Father promises in return include:

- Forgive your sins (Acts 2:38).
- Bless you with the Holy Ghost (Doctrine and Covenants 20:77).
- Help you return to live with Him (Alma 7:15-16).

As you follow Jesus Christ, you will find wonderful blessings all along your path!

Keeping Promises

A time I helped someone ...

A time I followed Jesus's example ...

A time I chose the right ...