

Introduction to Your Book of Mormon Study

The Book of Mormon: Another Testament of Jesus Christ is exactly that—another witness of the divine mission of the Savior, and a record of His dealings with the people who lived in ancient America. As a companion to the Bible, the Book of Mormon contains the word of God, as well as practical life advice. To get the most out of the Book of Mormon, follow these tips as you begin your study.

Start anywhere.

The Book of Mormon is 531 pages long, but you can choose where to start. Want to learn about Jesus? Start with 3 Nephi and the amazing story of His visit to ancient America.

Begin your study with prayer.

Ask God for understanding and wisdom, and specific guidance as you read. Open your heart and tell God specifically what you need help with in your life right now.

Write down what you learn.

Don't forget the things the Book of Mormon has to teach you. Use a journal or notebook to keep track of the insights, feelings, and other things you learn as you study.

Be consistent.

Even if you feel intimidated at first, keep going! It gets easier, especially when you get into the groove of regular Book of Mormon study. Be patient, and the rewards will come.

Is there life after death?

SCRIPTURE PASSAGE

Alma 11:41 — All shall rise from the dead

OTHER SCRIPTURES

2 Nephi 9:12
Jacob 4:11
Mosiah 16:8
Alma 11:45
Alma 40:11–14
Mormon 9:13
Moroni 10:34

WHAT'S NEXT?



Watch: What Happens After We Die?



Read: The Plan of Salvation

What is the purpose of life?

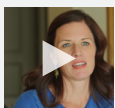
SCRIPTURE PASSAGE

Alma 12:24–34 — This life is a time to prepare to meet God

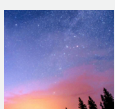
OTHER SCRIPTURES

1 Nephi 10:18
2 Nephi 2:27
Mosiah 18:13
Alma 38:5
3 Nephi 11:32–33

WHAT'S NEXT?



Watch: A mom talks about her autistic son and what she's learned about the purpose of life.



Read: What is the Meaning of Life?

Overcoming Bad Habits

SCRIPTURE PASSAGE

Ether 12:27 — Weak things can become strong through faith in Jesus Christ

OTHER SCRIPTURES

1 Nephi 15:24 Alma 7:11
2 Nephi 4:18–20 Helaman 5:12
2 Nephi 7:9 Mormon 9:28
2 Nephi 32:8–9
Omni 1:26
Mosiah 3:19
Mosiah 27:25–26

WHAT'S NEXT?



Set a Goal

Choose a bad habit you'd really like to break and set a measurable goal to help you overcome it.



Watch: Following God

How can I feel closer to God and Jesus Christ?

SCRIPTURE PASSAGE

Alma 18–19 — King Lamoni comes closer to God through faith and repentance

OTHER SCRIPTURES

Enos 1:3–8 3 Nephi 14:7
Mosiah 4:2–3 Ether 4:18–19
Mosiah 18:8–10 Moroni 7:19
Alma 5:33–34
Alma 13:27–29
Alma 36:18–21
3 Nephi 9:14

WHAT'S NEXT?



Set a Goal

Read each Book of Mormon verse listed above and pray to know if God loves you.



Read: God's Love

How can I deal with grief?

SCRIPTURE PASSAGE

2 Nephi 8:3 — The Lord offers comfort

OTHER SCRIPTURES

2 Nephi 4:20–24, 33–35

Mosiah 14:3–5

Mosiah 18:9

Alma 7:12

Alma 30:2

3 Nephi 12:4

3 Nephi 17:7

WHAT'S NEXT?



Watch: A young man finds hope after the death of his father.



Read and Watch: Your Journey Through Grief

How can I strengthen my family?

SCRIPTURE PASSAGE

Mosiah 4:13–15 — Living the gospel of Jesus Christ fosters family unity

OTHER SCRIPTURES

1 Nephi 8:37

Alma 35:16

2 Nephi 25:26

Alma 43:47

Enos 1:1

3 Nephi 18:21

Mosiah 2:5–6

4 Nephi 1:11–14

Mosiah 23:15

Mosiah 26:31

WHAT'S NEXT?



Pray together as a family every day this week.



Read and Watch: What is the Purpose of Family?

How can I become a better person?

SCRIPTURE PASSAGE

3 Nephi 12–14 — Jesus teaches the Nephites the Sermon on the Mount

OTHER SCRIPTURES

Jacob 2:18–19

3 Nephi 9:22

Mosiah 2:19–24

3 Nephi 13:33

Mosiah 5:2

Mosiah 3:19

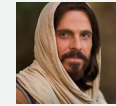
Alma 22:15–16

Alma 26:21–22

WHAT'S NEXT?



If you've been holding grudges against someone, choose to forgive and let those bad feelings go



Read: Become More Like Jesus

Get More Out of Your Study

As you study the Book of Mormon with a true desire to learn, you will come to know God better. You will receive strength to deal with life's daily struggles and challenges. God has many more blessings that he wants to give you, and the additional resources below can help bring those into your life.

CHAT WITH MISSIONARIES

We'll do our best to answer your spiritual questions and help you come closer to Jesus Christ. Request a visit at comeuntochrist.org/requests/missionary-visit.

JOIN US AT A CHURCH SERVICE

Everyone is welcome to come worship with us and learn more. Find a meetinghouse and church service times near you at comeuntochrist.org/worship-with-us.

THE CHURCH OF
JESUS CHRIST
OF LATTER-DAY SAINTS

THE BIBLE & THE BOOK OF MORMON

These two books of scripture testify of Jesus Christ. Together, they clarify many of His essential teachings and doctrine. Order a free copy today at comeuntochrist.org/requests/free-holy-bible.

ADDITIONAL RESOURCES

Need more daily inspiration? Read articles, watch videos, and find more study topics at comeuntochrist.org.

ComeuntoChrist.org

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