

Conference Notes



We Believe in Christ

President Oaks said that we believe in Jesus Christ. He read many scriptures about what Jesus said during His life and when He visited the Nephites. We should study Jesus's words to guide us in our lives.

This teaches me:



With Jesus Again

Elder Stevenson told about two girls whose aunt had died. Elder Stevenson's wife, Lesa, asked them how they were doing. They were sad, but they shared their testimony with her. They knew their aunt was happy and could be with Jesus. Faith in Jesus Christ and eternal life comforts us.

This teaches me:



Testimony on a Bus

Elder Corbitt spoke about a woman he talked to on a bus ride. She asked why he believed in Jesus Christ. He wasn't sure what to say. Then he decided to focus on what mattered most. He told her that we need Jesus to help us return to Heavenly Father. We can share our testimonies too.

This teaches me:



Carrying Rocks

Sister Johnson shared how hard things in life are like carrying a backpack filled with rocks. We carry rocks because of our sins, the unkindness of others, and life challenges. Jesus Christ helps unload our backpacks if we turn to Him. We can also help lighten others' backpacks by caring for them as Jesus would.

This teaches me:

