

WOULD I WANT TO BE FRIENDS WITH ME?

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Have you ever wished a friend would do something a little differently? Like reach out to you more, not tease you so much, or support you in something? It's important to have good friends. But first, it might help to *be* a good friend.

Time for some self-reflection: Are you the kind of friend you'd want to be friends with? Do you follow Jesus Christ's example in your friendships?

Let's take a look in the mirror—literally. When you come to backwards text in this article, hold this page up to a mirror to read it.

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"I urge you to choose companions well and cherish those friends who lift you and make you better in their presence. And be such friends to one another."

President Russell M. Nelson, "Reflection and Resolution" (Brigham Young University devotional, Jan. 7, 1990), 6, speeches.byu.edu.

1. What do your friends do that you appreciate?

Reflect: Give them back some of their own goodness. Write down what you and your friends do for them.

2. What do you wish your friends would start doing?

Reflect: Instead of waiting for them, what can you start doing? Help them just help.

3. What do you wish your friends would *stop* doing?

Reflect: STOP. Before you focus on their faults, what of those things do you need to stop yourself?

4. What would your friends say they like about you?

Reflect: Play to your strengths! How can you do those things more often?

5. What would your friends say you could work on to be a better friend?

Reflect: What is one thing you are going to do differently to be the best friend you can be?

Hopefully you had some fun taking a look in the mirror. Just one more question—the most important one:

How can you be more like the Savior, Jesus Christ, in your friendships?