


CONNECTING WITH THOSE WITH AUTISM AT CHURCH



"I say unto you, **BE ONE**; and if ye are not one ye are not mine."

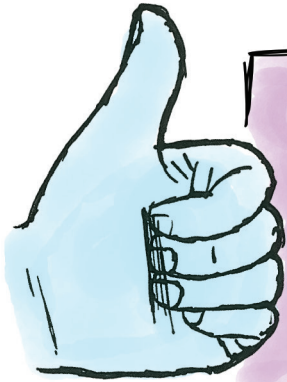
Doctrine and Covenants 38:27

AUTISM IS A SPECTRUM DISORDER.

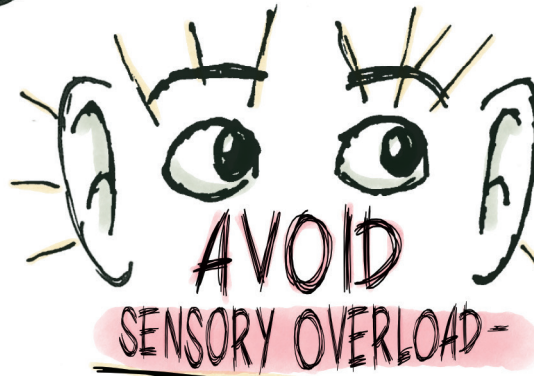
WHEN YOU HAVE MET ONE PERSON WITH AUTISM, YOU HAVE MET ONE PERSON WITH AUTISM.



WHEN **SPEAKING**, TRY TO BE LITERAL AND CONCISE WHILE AVOIDING **SARCASM** OR SLANG

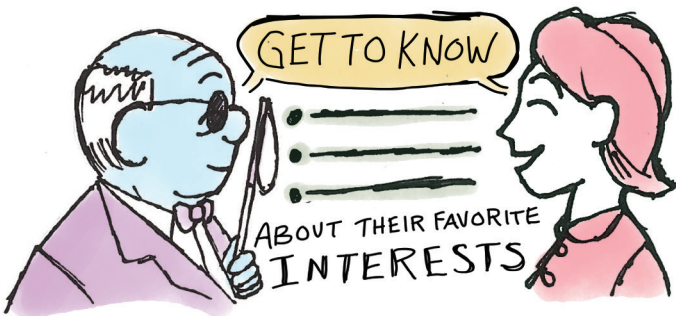


SEEK TO SUPPORT THEM, NOT CONTROL THEIR ACTIONS.

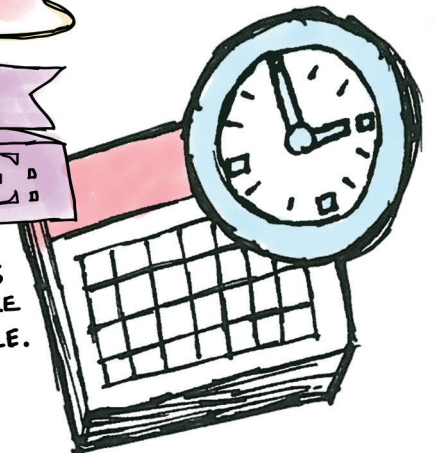


AVOID SENSORY OVERLOAD-


PREPARE THE ENVIRONMENT, ASK ABOUT COMFORT, AND ALLOW FOR SENSORY ACCOMMODATIONS.



WHEN **POSSIBLE:** GIVE ADVANCE NOTICE FOR CHANGES AND KEEP THINGS PREDICTABLE WITH A WRITTEN SCHEDULE.



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ASK
"WHAT WOULD BE HELPFUL TO KNOW ABOUT YOU THAT WOULD HELP YOU HAVE A GOOD EXPERIENCE?"

GIVE OPTIONS TO HAVE A PHYSICAL OUTLET



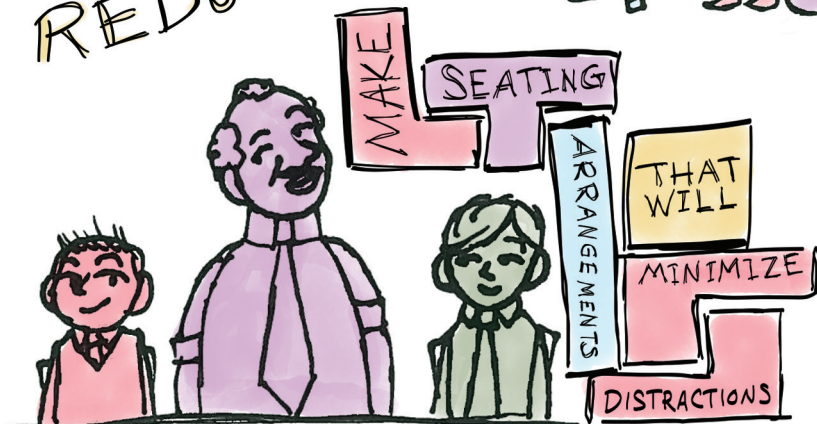
(SUCH AS A WOBBLE CHAIR, FIDGET ITEMS, AND SO ON).




A SCHEDULE CAN HELP THE INDIVIDUAL KNOW WHAT TO EXPECT AND REDUCE SURPRISES.



COMMUNICATE WITH PARENTS TO TRY TO MAKE THE BEST EXPERIENCE POSSIBLE.



ASK THEM



"WHAT WOULD YOU LIKE ME TO KNOW ABOUT YOU?"

CONNECTING WITH THOSE WITH ANXIETY AT CHURCH



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Doctrine and Covenants 38:27

