

Learn about Heavenly Father's children all over the world.

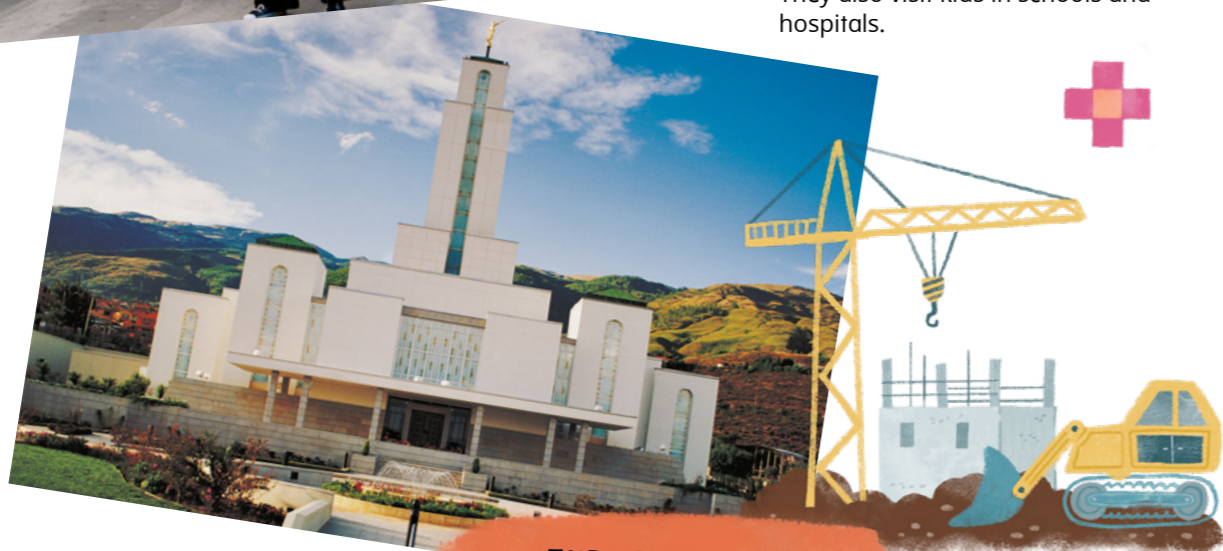
# Hello from BOLIVIA!

Bolivia is a country in South America. More than 12 million people live there!



## ZEBRA HELPERS

Young workers in the city of La Paz dress up as zebras and help people cross the road safely. They also visit kids in schools and hospitals.



## THREE TEMPLES

Bolivia's first temple was dedicated in 2000 in Cochabamba. Two more temples are on the way, in La Paz and Santa Cruz!



## RAINFOREST ANIMALS

Part of the Amazon rainforest is in Bolivia. It is home to many animals, including macaws, sloths, and giant otters.



## LANGUAGE

Bolivia has more than 30 official languages! Most people speak Spanish. Other common languages are Quechua, Aymara, and Guarani.

¡Jallalla!

That means "Hello, everyone!" in Quechua and Aymara.



ACTIVITY

## Salt Sculptures

Bolivia has the world's largest salt flat. Mix **1 cup salt**, **2 cups flour**, and **¾ cup warm water** until it forms a dough. Then shape the dough into your own salt sculpture!



RECIPE

## P'esque de Quinoa

Some Bolivians eat quinoa porridge for breakfast. Here is a version you can try!

1. Rinse **1 cup white quinoa (or rice)**. Add to a pot with **4 cups water**. Bring to a boil and simmer for 15 minutes.
2. Drain water. Mash quinoa against side of pot with a spoon.
3. Return to low heat. Mix in **2 cups milk**, **1 tablespoon butter**, and **1/3 cup grated cheese** until melted together. Season with **salt** and **cumin**.

Be sure to get an adult's help!