Changes to the Sunday Class Meeting Schedule

First Presidency | March 30, 2026

To: Area Seventies; Stake, Mission, and District Presidencies; Bishoprics and Branch Presidencies; Members of Stake and Ward Councils and Their Presidencies

Copies: General Authorities; General Officers; All Members

(To be read in sacrament meeting.)

Dear Brothers and Sisters:

For your information, beginning the first week of September 2026, the class schedule during Sunday worship will change.

In the new schedule, sacrament meeting will continue to be no longer than 60 minutes. After a 5-minute transition, youth and adults will attend a 25-minute Sunday School class each week. Following another 5-minute transition, they will attend a 25-minute priesthood quorum, Relief Society, or Young Women meeting. Primary will continue to meet weekly and will now last 55 minutes.

Sunday School and Primary classes will study the scriptures using *Come, Follow Me—For Home and Church*. Elders quorums and Relief Societies will continue to study messages from the most recent general conference. Youth will use a new and expanded edition of *For the Strength of Youth: A Guide for Making Choices*, supported by material available in Church magazines. Quorums and classes will no longer counsel together about a specific topic prior to these lessons.

Additional information is included below and in select languages at ChurchofJesusChrist.org. We are confident that members will be blessed by these changes.

Sincerely yours,

The First Presidency
Dallin H. Oaks
Henry B. Eyring
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Sunday Schedule Beginning September 2026

- **60 minutes:** Sacrament meeting
- **5 minutes:** Transition to Sunday School classes and Primary
- Adults and Youth
    - **25 minutes:** Sunday School
    - **5 minutes:** Transition to quorum and class meetings
    - **25 minutes:** Priesthood quorums, Relief Society, and Young Women
- Children
    - **55 minutes:** Primary

If needed, leaders may adjust this schedule as described in *General Handbook: Serving in The Church of Jesus Christ of Latter-day Saints*, 29.2.8.

Are there any changes to the sacrament meeting schedule?

No, sacrament meeting will continue to be 60 minutes or fewer. During this meeting, Church members remember Jesus Christ by partaking of the sacrament. Sacrament meeting is an opportunity to reflect on God's plan for His children and participate in teaching, music, and sharing testimonies about Jesus Christ and His gospel.

Leaders should strive to organize meetings that are uplifting and inspiring. Members and leaders should work together to ensure that everyone has a positive and fulfilling worship experience. (See *General Handbook*, 29.2.1.)

What is the format for elders quorum and Relief Society meetings?

Meetings begin and end with prayer. With the reduced class period, there will no longer be time for a specific counseling topic prior to the lesson. Rather, presidencies should carefully select general conference messages that can be reviewed and discussed in their respective quorums or classes.

What is the format for Aaronic Priesthood and Young Women meetings?

Meetings begin and end with prayer and are conducted by a member of the quorum or class presidency. Gospel instruction is provided by an adult leader, a youth, or a youth

assisted by an adult leader.

Starting in September 2026, lessons will focus on truths in the updated *For the Strength of Youth: A Guide for Making Choices*, which is available digitally now and will be available soon in print. The updated edition contains 12 chapters, with one chapter designated for study each month.

The *For the Strength of Youth* magazine will offer additional resources to support each monthly theme. Given the reduced class period, lessons must begin promptly.

What is the format for Primary meetings?

- **5 minutes:** Prayer, scripture or article of faith, talk or testimony
- **20 minutes:** Singing time
- **5 minutes:** Transition to classes
- **25 minutes:** Classes with lesson from Come, Follow Me

In wards with many children, Primary leaders may divide children into two groups. One group is in classes while the other group is in singing time. Then the two groups change places.

Beginning in January 2027, class lessons each fast Sunday will be based on new materials found in the 2027 edition of *Come, Follow Me—For Home and Church*. Until the end of 2026, lessons from Appendix B in *Come, Follow Me* will continue to be taught on fifth Sundays. (See *General Handbook*, 12.1.4.)

What is the format for Sunday School classes?

Sunday School classes can strengthen gospel learning at home. Classes open and close with prayer, and teachers lead discussions focused on the scriptures and *Come, Follow Me—For Home and Church*. These conversations encourage personal and family scripture study while giving members opportunities to share insights, testimonies, and experiences that build faith in Heavenly Father and Jesus Christ. Given the reduced class period, Sunday School lessons, including those for youth, must begin promptly.

When do we hold teacher council meetings?

Teacher council meetings are held monthly during one of the 25-minute class times on Sunday.

- Relief Society, Young Women, and priesthood quorum teachers and leaders can meet while Sunday School is being held.
- Sunday School teachers can meet while Relief Society, Young Women, and quorum meetings are being held.
- Information about teacher council meetings for Primary teachers can be found in *General Handbook*, 17.4.

The ward council may organize teacher council meetings for parents to help them improve gospel teaching in the home. Like other teacher council meetings, these are held during one of the 25-minute class times on Sunday. (See *General Handbook*, 13.5, 17.5.)