

Come, Follow Me Activities

For home evening or scripture study—
or just for fun!

September 30–October 6

Treasure Box

FOR 3 NEPHI 12–16

Jesus Christ said, “For where your treasure is, there will your heart be also” (3 Nephi 13:21). Decorate a box with hearts and pictures of the Savior. Then write or draw things that you can do to be like Him and put them in your new treasure box. You can look through your box each Sunday to remind you to follow Jesus that week!

For younger children: Help your child find their heartbeat or your heartbeat. Talk about how we can’t see our hearts but we can feel them. Similarly, we can’t see God but we can feel His love.



October 7–13

Remembering Jesus Christ

FOR 3 NEPHI 17–19

Jesus Christ gave the sacrament to the Nephites. He taught them to take it so they could always have His Spirit with them (see 3 Nephi 18:7). Go to page 19 to make a door-hanger craft to help you remember Jesus during the week.

For younger children: Read the scripture 3 Nephi 18:7 out loud to your little ones. Tell them to point to their head every time you hear the word “remember.” Talk about how you can remember Jesus Christ.

October 14–20

Keeping a Record

FOR 3 NEPHI 20–26

The Savior told the Nephites to keep a record of what He taught them and the things that happened to them (see 3 Nephi 23:4, 7–13). Draw or write about something good that happened to you this week. How has Heavenly Father blessed you?

For younger children: Sing the song “Families Can Be Together Forever” (*Children’s Songbook*, 188). Invite your little ones to share one thing they love about their family.



October 21–27

Jesus Brings Joy

FOR 3 NEPHI 27–4 NEPHI

In 4 Nephi, the Nephites were joyful because they followed Jesus Christ (see 4 Nephi 1:15–16). Take turns silently acting out things you do to follow the Savior that bring you joy. Have everyone else guess what the person is acting.

For younger children: Show your little ones pictures of people smiling. Invite them to practice their happy faces! Talk about how the Nephites were happy when they followed Jesus Christ.



ILLUSTRATIONS BY KATY DOCKRILL